



# THE *PORTUGAL* News

Portugal's *National* Newspaper in English

11 page  
weekly  
**PROPERTY**  
supplement  
inside

4 Aug 2007 • Edition Nº 919 • €1.50 inc. IVA • Publisher: Paul Allen-Luckman • Editor: Brendan de Beer • www.the-news.net

## Cascais Mayor exclusive interview

One of the country's most settled mayors tells The Portugal News of the major projects he has lined up for one of the "most beautiful cities in the world". (See Pages 2 and 3)

## Portugal 2nd for teen pregnancies

Despite marked improvements in this area, Portugal remains second among the EU-15 states for teenage pregnancies. (See P.4)

## Mother throws baby from second floor apartment

Last weekend an 18-month old infant was flung from a second floor balcony by its mother in Lisbon and miraculously survived despite spending the following days in hospital fighting for its life. (See Page 5)

## Thieves steal secret service car - again

It emerged this week that the Portugal's secret services (SIS) have 'lost' a car packed with surveillance equipment. The car was stolen three months ago from under the nose of one of the country's top agents, while patrolling a Quinta do Lago villa belonging to Congo opposition leader, Jean Pierre Bemba. (See Page 7)

## Hot days to increase five-fold

A study, published on the day most of Portugal was forced to brave temperatures in the region of 40 degrees, has forecast that the number of extremely hot days (+35°) will rise by between 200 and 500 percent in Mediterranean countries during the course of this century. (See Page 9)

## Weekend weather

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**As aggressive tax collectors see debts plummet, government now looks to end bank secrecy**

# TAX DEBTS LOWEST IN 6 YEARS

In January, the Treasury called on its tax inspectors to collect 14 billion euros in outstanding debts in 2007. But a number of coercive measures along with incentives offered to tax departments has seen almost 15 billion euros raised by reinvigorated tax collectors in the space of only six months.

**Tax, see p. 2**

## Serial Killer gets maximum sentence



Locals who gathered outside the Figueira da Foz court where a former GNR corporal was sentenced to a jail term of 25 years 'threaten' to perform their own form of justice as the man known as the Santa Comba Dão Serial Killer is escorted to a correctional facility. (Photo: Lusa/Paulo Cunha)



# Cascais Mayor unveils major new projects



Cascais Mayor António Capucho at his desk during an interview granted to The Portugal News at the Cascais Town Hall.



Cascais Mayor António d'Orey Capucho speaking exclusively to **The Portugal News** from the Town Hall that is possibly the best located in the country given its stunning views over the Bay of Cascais, has shed light on a number of projects residents and visitors can look forward to in one of Portugal's most beautiful cities. In an extensive interview, he reveals that he cannot resist the temptation of standing for another term in office, confident of re-election, that he has happily broken an electoral promise and will allow El Corte Inglés to build a shopping centre in the city and that he needs to spend ten million euros because Cascais has been careful in spending cash at its disposal.

Now in the middle of his second term in office, Mayor Capucho admitted last Friday to **The Portugal News** that he will probably stand for a third term, despite suggesting in 2005 he would not seek another mandate.

And mostly because of the city's new hospital, which he says is an "Absolute necessity and priority".

The hospital is now certain to be ready at the beginning of 2009, a few months after the next round of municipal elections, and Mr Capucho freely admits that he wants to be the person who has the honour of inaugurating the long-awaited facility.

"The hospital's task will be somewhat alleviated by the building of three new health centres in Alcabideche, São Domingos de Rana and São João de Estoril", explains the mayor. Another inauguration the Mayor is looking forward to is the opening of Paula Rego Museum,

which will be "complete in two years".

Questioned over the six years he has spent in charge of one of the country's largest cities, he said: "It has been a new challenge and a very stimulating experience, which is largely due to the fact that it allows the resolution of concrete problems".

that the city has healthy financial accounts, and that it currently boasts a surplus of ten million euros, which he says is due to a cut in staff and careful financial management.

"While the government allows itself the luxury of a budget deficit, councils can no longer be in debt. Therefore, we make sure

that we have around three or four million euros at our disposal for unforeseen expenses", explains the mayor, adding, "With increased revenue and careful spending, we managed to generate a surplus

of ten million euros", which the council spent on the recent World Sailing championships and social causes.

A major source of revenue for Cascais has been the Estoril Casino, though "The new casino in Lisbon has seen us lose around 15 percent" of the receipts received annually from one of Cascais' landmark venues.

Concerning the election of new

**The hospital is now certain to be ready at the beginning of 2009, a few months after the next round of municipal elections, and Mr Capucho freely admits that he wants to be the person who has the honour of inaugurating the long-awaited facility.**

On a negative front, the Cascais Mayor laments the amount of red tape even he has been forced to deal with, saying: "I was shocked to find the bureaucracy I was faced with and still am".

But he freely admits to enjoying the day-to-day challenges his job presents, but Mr Capucho, now 62, says: "I have never worked this hard in my life".

Mayor Capucho also revealed

## THE PORTUGAL News

Represented in Portugal by:



ANGLOPRESS  
Edições e  
Publicidade, Lda

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Postal address: Apt 13 8401-901 Lagoa

Courier address: Rua Município de S. Domingos • Urb. Lagoa Sol • Lote 3 r/c • 8400-415 Lagoa

Gen.Tel: 707 500 655 Editorial Tel: 282 380 313

Sales Tel: 707 500 677 Classified Tel: 707 500 646

Gen.Fax: 282 341 201 Sales Fax: 282 352 053

Emails: info@the-news.net sales@the-news.net

Web: www.the-news.net

Distributed nationally by VASP

Member of



The Portugal News is owned and published by:  
The News Group of Newspapers Inc. Depósito Legal N° 80258/94  
Printed by: MIRANDELA Gráfica, Lisbon  
Print Run (Tiragem): 24,230

Publisher: Paul Luckman publisher@the-news.net

Editor: Brendan de Beer newsdesk@the-news.net

Production Drctr: Madeline Luckman copy@the-news.net

Algarve News: Carrie-Marie Bratley

Events: Raquel Salbany

Preview: Nikki Hall

Travel: Sherry Hughes

Columnists: Patricia Westheimer

Correspondents: Gwynne Dyer

Photos: LUSA, Press Association

Accounts: Gaby Rodrigues

Classifieds: Beverley Gonçalves

Subscriptions: Maria Taylor

Sales Manager: Bella Talhadas 914 393 736

Area Managers:

Bella Talhadas 914 393 736 (Lisbon, Estoril, Cascais, Sintra)

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## Tax, from p.1.

In the meantime, the Constitutional Court is currently debating the legality of a law which, should it be approved, would allow inspectors automatic access to taxpayers' bank accounts the moment they dispute a payment request from the Treasury. It also emerged this week that the number of taxpayers who are named and shamed on the

internet for owing 25,000 euros or more, has this week reached more than 4,000 names.

After climbing to more than 17 billion euros at the beginning of last year, the Treasury confirmed that the amount owed to the state by companies and individuals has now dropped to a six-year low of 12.7 billion euros.

Since the start of 2007, a total of 300,000 orders to seize property or monetary funds have been issued by tax departments across the country, which along with the public naming of tax debtors, explained the Treasury, has served to substantially reduce the amount it is owed in taxes.

Increased fiscal revenue has also assisted the government in maintaining its budgetary targets for the current year, it adds.

Despite an increase in public spending of 3.9 percent (as opposed to the three percent forecast by the government at the beginning of the year), the finance ministry has expressed confidence that no enforced alterations will be made to this year's budget.

The taxman has also collected 96 million euros in fines alone between January and June, which is up eight million euros in relation to the same period last year. The government has admitted it plans to collect 200 million euros until the end of the year.

In a related story, and marking the first anniversary of the move by the Finance Ministry to publicly name tax debtors, it was revealed this week that the list now contains the names of 4,254 individuals and companies. According to the Treasury the naming of debtors between July 31, 2006 and July 26, 2007 has

allowed it to recover 157 million euros in debts, removing 570 names in the process.

Recently, the state secretary for tax affairs had admitted that while tax evasion was once considered a "national sport", the taxman has enforced a change in attitude among taxpayers.

"People's opinions are changing, and no longer do people boast of having evaded taxes", said João Amaral Tomás.

Greater cooperation with police forces was also highlighted by the state secretary, who praised the efforts of the *Polícia Judiciária* in collecting involuntary payments.

Mr Tomás also pointed to the list published on the Internet naming and shaming tax debtors, to being decisive in changing people's mentalities.

Meanwhile, the government has this week defended legislation allowing the taxman to access bank accounts, the moment a debt is contested by a taxpayer.

According to a government spokesperson Vitalino Canas, the law "is balanced and respects the fundamental rights of taxpayers and citizens in general".

But President Cavaco Silva has his doubts and has requested the law's approval by the Constitutional Court, before its promulgation which will effectively end bank secrecy in Portugal.

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# and says he will stand for a third term

Lisbon Mayor, António Costa, Mr Capucho wished him the best, but remained pessimistic that his counterpart will have any great successes.

In Lisbon, only six of the 17 councillors hail from the same party as Mr Costa.

"He only has two years ahead in order to deal with numerous problems, but at least he will have the support of the government", adds Mr Capucho.

He further believes that internal opposition will not permit Mr Costa to achieve much for the remainder of his mandate.

To illustrate his point, he explains how council meetings are conducted in the Cascais Town Hall.

"I will probably run through my agenda of 82 points on Monday morning by 11am", explains the mayor, almost boastfully, this despite being compelled to have councillors vote on any number of items, including "When someone donates a vase to the local museum".

But with a majority of nine councillors against two, minor issues are seldom debated to any great extent as, "We don't have any political show-offs in Cascais and journalists hardly ever attend our weekly meetings", which is not the case in Lisbon.

However, the Cascais Mayor intends working closely with his Lisbon counterpart in order to stop people working in Lisbon

from moving to Cascais.

"If you work in Lisbon, don't come live here, only visit us on the weekends", he says bluntly, hoping that Lisbon will be able to renovate its city centre and stop the drain of residents to surrounding cities such as Cascais, Oeiras, Amadora, Sintra and Loures.

Regarding the Estoril Open, he says the tournament should stay at Jamor, despite the intentions of top sports promoter João Lagos, who is calling for a new venue.

Mr Capucho says: "With minor renovations Jamor could become a fabulous sports complex that will cost only a fraction of the cost of a new development".

He also proudly refers to a massive drop in licensing for urban development, which has fallen from a figure of 3,837 issued to a figure of 1,217 in 2006, and which the mayor says will have fallen in number again this year.

"Build where we can build, preserve where we need to preserve. We favour renovation as opposed to building", states the mayor when asked why his council has waged a war on further real estate development, which marked Cascais during the late 1990s.

But a lot of building will be going on in the coming years, though it will be more focussed

on hotels and shopping centres.

"Cascais Marina presented us with a proposal as they are suffering financial losses", he says. "They are preparing a second project which foresees the building of a shopping centre, and the building of apartments, such as is the case with marinas in the Algarve", and which Mr Capucho explains will probably receive approval unlike their first application.

Almost a dozen hotels are also lined up from Guincho to Carcavelos.

Construction of a new hotel and "other infrastructures" is set to take place on the grounds in front and adjacent to St Julian's School in Carcavelos, which will be from the makeshift car park at the beachfront up to the station, explains the mayor.

The long-standing venture to "bury" the Jumbo shopping centre along the marginal "Will go ahead one way or another", he says.

Plans are to build a subterranean shopping centre and a hotel on the surface.

A major stumbling block has been the need to move the station by 75 metres, but Mr Capucho says he will proceed with the project "with or without the support of Refer (Rail Authority)".

After an initial refusal, the Mayor told **The Portugal News** last week that El Corte Inglés were to learn this week, that they

will be allowed to build a 45,000 square metre shopping centre in Carcavelos.

The design will be similar to the store in Lisbon and will create at least two thousand jobs. It will be located south of the Carcavelos toll booths and adjacent to the A5 motorway. The site will also boast a four-star hotel.

**"We don't have any political show-offs in Cascais"**

Concerning road works, Mr Capucho says work

was necessary on the A5 motorway between Linda-a-Velha and the National Stadium, and August was the best time to carry them out, despite the congestion it has been causing in recent weeks.

Meanwhile, and to add to the city's 110 traffic circles, two more will be built on the Marginal.

The first will be at the Hotel Atlântico, which will permit drivers to change direction without travelling down to the casino, and a second will be built just after the new Jardins da Pareda traffic circle to avoid drivers having to cross the rail-road crossing.

In terms of safety and security, there has been a slight drop in crime according to police records, though a number of small crimes are not reported, explains the mayor, while stressing: "We don't have a problem with crime in Cascais".

And finally, why should people choose to live, invest or retire

## EXCLUSIVE INTERVIEW WITH CASCAIS MAYOR ANTÓNIO CAPUCHO

in Cascais?

"It is a safe place in comparison with other European cities, only 30 minutes away from the international airport, which allows Europeans residing here the possibility to travel to and from their homelands, to visit their

grandchildren or a hospital of their preference. We have a unique, moderate climate. This is one of most beautiful places in the world, and is an excellent place to invest, especially in the area of tourism", concludes Mayor António Capucho.



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# Scouts injured in motorway accident



Firemen and Inem doctors take care of one of the victims from an accident involving a minibus carrying scouts on the A23 near Mouriscas. The accident caused eight injuries, one of them serious. (Photo: Lusa / Paulo Cunha)

Seven scouts and the driver of their minibus sustained injuries of varying degrees from a crash on the A23 motorway between Torres Novas and Castelo Branco. Two months ago, another accident involving scouts, this time in the Algarve, resulted

in four injuries.

According to eye-witness reports, the accident was caused by a car that nudged the back of the minibus, causing its driver to lose control. The most serious of the injuries was to a girl who suffered a perforated lung after she was

projected out of her seat on to the road. She remains in a stable, but critical condition.

In May, three scouts and an adult were seriously injured after their minibus crashed near the Cimporcement factory, in Loulé, on the A22 motorway.

## Three child abuse accusations daily



Police confirmed this week they receive an average of three complaints a day regarding the abuse of children. However, police say that around 30 percent of these accusations turn out to be false leads.

According to the study, 'Sex crimes against children and youths - 2006' conducted by the DCICP police agency, the number of complaints last year

rose to 1,376 from figures of 1,062 in 2005 and 904 the year before. These cases refer to children aged 14 and under, with three quarters involving girls.

The rape of minors aged 16 and under has also risen dramatically with complaints last year totalling 105, four times higher than the 28 recorded in 2004.

# Portugal second for teen pregnancies



Despite marked improvements in this area, Portugal remains second among the EU-15 states for teenage pregnancies, the Association for Family Planning (APF) confirmed at a press conference staged in Lisbon this week.

Latest figures show that the number of teenage mothers in Portugal has dropped from 6.24 in every hundred births, to 5.04 percent of the total in 2005.

The APF adds that the dimension of this problem cannot be fully understood or investigated, due to the number of teenagers who resort to illegal abortions.

On a global scale, Japan has the lowest teenage pregnancy rate with 3.9 cases in every thousand. At the other extreme is Russia,

with 100 in a thousand.

Worldwide, one in every ten children are born to teenage mothers.

Research shows that children of teenage mothers are 1.5 times more likely to die during their first year of life, whereas the likelihood of a teenage mother dying during childbirth is also higher (double when compared with mothers in their 20s).

In 2005, a total of 4,500 teenagers gave birth in Portugal. This figure was 7,600 in 2000, which at the time was the highest in Europe.

Currently, 17 percent of all child births are to mothers aged between 17 and 19.

Figures on teenage pregnancy in the European Union (EU) show that only the UK

overtakes Portugal in the number of under 16 year old girls who fall pregnant every year.

The London based Office of National Statistics and Social Trends (ONS) found that in 2000, more than 8,000 under 16-year olds became pregnant. A figure that was 40 per cent higher than second placed Portugal.

The increase in teenage pregnancy rates across Europe is also being matched by an explosion in sexually transmitted diseases. In particular chlamydia, a disease that affects fertility, is becoming more prevalent. The number of known cases in the UK has doubled since 1995 to 70,000.

In the enlarged European Union, Portugal comes in fourth, behind Britain, Slovakia and Hungary.

In terms of HIV infections, Portugal recorded an average of almost seven new cases per day during the first half of 2005, giving the country the highest infection rate in Western Europe.



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# Serial killer gets maximum sentence

A Figueira da Foz court has this week sentenced a 58-year-old retired GNR officer to an accumulated jail term of 64 years for a number of crimes, including three murders. But new legislation could him see spending only 12 years behind bars for his crimes.

António Costa, found guilty of murdering three young women, was this week handed sentences accumulating to a total of 64 years, but limited to 25 years which is the maximum term permitted by the country's constitution.

However, a law decree, which President Cavaco Silva has until September 15 to either promulgate or veto, allows convicts of serious offences to have their sentences halved.

Speaking to António Costa during sentencing, Judge Jorge Loureiro said: "You will not serve 25 years with the system we have, but use whatever time you have to at least one day say why you did what you did for us to understand your actions".

The defendant, who is the first person to go on trial in Portugal for serial killings, nodded his head in denial as the judge read out his ruling, which was often punctuated by people in the court shout-

ing out "Murderer".

Outside, locals staged a vigil with many indicating that if justice was not done, they would take the law into their hands.

The former GNR corporal was found guilty of nine of the ten charges brought by the prosecution.

The court accepted evidence that he was guilty of murdering three young women (Isabel Cristina, Mariana Lourenço and Joana Oliveira), who all resided in close proximity to the defendant.

He was found not guilty of concealing the body of Isabel, as the court said she was thrown into the sea by the defendant while she was still alive.

António Costa was also ordered to pay 370,000 euros in damages to family members of the three girls.

The defence's legal team has since said it would appeal the ruling as it believes that not all



Prison officers accompany António Costa, known as the "Serial killer" of Santa Comba Dão, as he leaves the Figueira da Foz court house on Tuesday. (Photo: Lusa / Paulo Cunha)

charges brought against their client were proven beyond a reasonable doubt.

## Mother throws baby from second floor apartment

Last weekend an 18-month-old infant was flung from a second floor balcony by his mother in the Quinta de Santo António neighbourhood, Linda-a-Velha, and miraculously survived despite spending the following days in hospital fighting for his life.

A neighbour may be responsible for saving the child's life, after witnessing the bizarre event and rushing to his assistance.

Fernando Boaventura Santos, who lives in a neighbouring block of flats, watched as the toddler's mother dangled him by an arm from their second floor balcony, before letting him drop.

Yelling to his wife to call an ambulance, the neighbour carefully scooped the infant from the floor and cradled him until the ambulance arrived.

"Fortunately he landed on his nappy and not on his head or on the metal flower poles,

though he did bang his head", the neighbour explained.

"There was no blood or crying, but the boy smelt very bad as he had a dirty nappy; he just stared at me with big, sad eyes".

After being rushed to hospital by ambulance, the boy's condition appeared to deteriorate and he spent the night in Lisbon's Santa Maria hospital, where his situation was reportedly 'touch and go'.

Over the next days he gradually improved, eventually being transferred to the São Francisco Xavier hospital, in his area of residence.

Whilst neighbours recall often seeing the boy's father pushing

his pram, recollections of his mother are scarcer. According to neighbours the father had recently been spending "long periods of time working away from home".

Dr<sup>a</sup> Miroslava Gonçalves, head of Santa Maria's Paediatric service, confirmed the family was known to social services and had been under professional observation due to the mother's mental issues.

After dropping her son from the balcony, 35-year-old Angélica ran herself a bath, which flooded into neighbours' apartments, and only opened the door when police arrived at the scene.

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# Madeira launches habitual summer Lisbon attack



The regional government of Madeira has once again lashed out at the central Portuguese government, accusing it of dividing the country and putting national cohesion at risk.



President of Madeira, Alberto João Jardim, makes a speech during the annual PSD celebrations in Chão da Lagoa, Madeira on Sunday. (Photo: Lusa / Gregório Cunha)

Hated by Lisbon, loved by most of Madeira, the island region's governor, Alberto João Jardim has once more done his utmost to strain already weak ties with central government.

Alberto João Jardim has this past weekend called on President Cavaco Silva to save the country from "fascist laws".

Speaking at the annual Chão da Lagoa festivities, which attracted around 40,000 supporters/party-goers over the weekend, the Madeira governor warned against the widening gap between Portugal and the island region.

"Never has separatism had such a big ally", said Alberto João Jardim, while calling on the president to be wary of the Prime Minister: "Be careful of what this man is doing to national cohesion, be careful of what is a sick obsession with Madeira".

The Madeira chief further charged that "Portugal is a police state and riddled with lies", while also calling Prime Minister Sócrates a liar for having failed to deliver electoral promises.

A staunch opponent of abortions, who has so far managed to deny women the opportunity to choose abortions in Madeira, Alberto João Jardim regularly attacks what he believes to be the "immoral values" Lisbon wants to impose on the island

region.

Last year, he explained: "The government is using the economy to distract the country, and before you know it, our values will have been destroyed, and what's worse, we will be witness to marriages between homosexuals".

"While they (residents in continental Portugal) are anti-fascist - without ever having taken up arms - the people who fought for 29 days against Salazar (in 1934) were the Madeirans and not these gays", he said.

As for the residents of Madeira who do not support him, Alberto João Jardim said: "They do not have trousers on and they have their backsides up in the air, pointing in the direction of Lisbon".

The past 12 months has seen relations between Lisbon and Funchal fail dramatically.

Earlier this year, Alberto João Jardim forced early elections as a form of opposing a cut in funds by the central government.

Not only did he win the election by a greater margin than the previous ballot, but a court ruling forced the Portuguese government to transfer cash in the region of 25 million euros over to the Madeiran regional government, which Lisbon had said it would not hand over due to Madeira incurring excessive loans.

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## Portugal OKs extension of Afghan force



Portugal's Superior Council of National Defence (CSDN) has reviewed the Portuguese EU presidency's priorities for the sector and given its blessing to an extension until the middle of next year of the deployment of Portuguese forces with NATO in Afghanistan.

A spokesman for the CSDN, which brings together key ministers and top military brass, said last Thursday that the council had approved a deployment extension until August, 2008, for the 150-strong Air Force contingent serving with the alliance in Kabul.

Gen. Goulão de Melo also said Lisbon would dispatch an additional 15 officers early next year to help train Afghan military forces.

He said the council had analyzed Lisbon's defence priorities for its six-month EU presi-

dency, including ongoing European defence and security operations, the beefing up of military capacities, and the development of strategic partnerships.

Portugal has said it will seek to strengthen ties to NATO and United Nations' peacekeeping and humanitarian missions and

try to build a defence partnership with the African Union, with whom Lisbon plans to host a two-bloc summit in December.

Lisbon has also invited the five North African Maghreb countries to participate in an informal council of EU defence ministers in September. TPN/Lusa

## Portugal drops on defence budget table

Portugal has been placed 48<sup>th</sup> on the list in terms of defence budgets, the Center for Arms Control and Non-Proliferation revealed this week.

While Portugal has maintained its budget of 2.4 billion US dollars from 2006 for this current year, it has fallen a place on the Center's list, having been overtaken by the Czech Republic.

The organisation explains that Portugal has been cutting back on its defence budget since the early 1990s, despite its greater involvement in peace missions the past ten to 15 years.





# 30<sup>th</sup> Anniversary celebrated with full colour on every page



This month marks a very special event for the publishers of this newspaper - 30 years of publishing in Portugal. To celebrate this, The Portugal News is now full colour on every page. This has been made possible by using a new 39 million euro printing press, the largest and most sophisticated in Europe which the publication's printers, Mirandela, have installed in Lisbon. This high tech press was commissioned a few weeks ago and now that testing is complete, The Portugal News is making the switch to full colour on every page.

Over the last 30 years, what started out as a small 16 page monthly paper for holidaymakers in the Algarve, has grown into a national 64 page (or more) weekly paper with over 60,000 readers every week. As the longest established and most experienced English language publishing company in Portugal, we remain determined to giving our readers and advertisers the best newspaper in Portugal, which is dedicated to their needs. Our editorial team will continue to bring readers the most informed and unbiased information about the country in which they live. Full colour on every page gives us the opportunity to introduce new features like colour classified pages and a full colour TV guide. For advertisers, the opportunity to add colour to their advert, wherever it is located in the pa-

per, helps to make their message even more effective and appealing to the reader.

Thirty years have made a big difference. A dedicated eight station customer service centre now handles the vast volume of incoming calls from readers, answering calls asking everything from where furniture can be bought to placing a classified advert. Our ePaper is unique, presenting the entire contents of the paper, exactly as in print with every article, photo and advert available to readers throughout the world on the day of publication. Our exclusive arrangement with Faro airport, makes *The Portugal News* available to people arriving and leaving the airport, through stands with electronic displays in the arrivals hall, and after check in.

All of this would have been

impossible without the support of our readers and advertisers, so on this 30<sup>th</sup> anniversary, all the team at *The Portugal News* would like to say a big thank you to you all. Our celebration anniversary issue will be published in November. Readers are invited to submit relevant stories, memories and photographs, and advertisers will be offered special rates to appear in this commemorative issue.



The second edition of The Algarve News and the first edition of Two Weeks in the Algarve, both published in August 1977. The publishers of Two Weeks in the Algarve later acquired The Algarve News which gave birth to The Portugal News, Portugal's national newspaper in English. In the background is an award from the Algarve Tourist Board - a replica chimney and medal dated 1983.

## Thieves steal secret service car - again



It emerged this week that the Portugal's secret services (SIS) have lost a car packed with surveillance equipment. The car was stolen three months ago from under the nose of one of the country's top agents, while patrolling a Quinta do Lago villa belonging to Congo opposition leader, Jean Pierre Bemba.

The vehicle, a silver Fiat Stilo, was filled with all the SIS's latest surveillance equipment.

Among the items said to have been inside the car when it was stolen, were three fake licence plates (regularly used by undercover agents) a camcorder, a number of digital cameras and mobile phones.

According to a report published by the *Jornal de Notícias*, Portugal's secret services were forced to file an insurance claim after an agent went walkabout after answering his mobile phone.

He made the mistake of leaving the car keys in the ignition, which allowed unknown assailants to steal the vehicle with the minimum amount of fuss.

Portugal's secret services duly reported their misfortune

to the GNR branch in Vilamoura, who have so far failed to come up with any leads.

But this case is not without precedents.

In 2004, an agent lost his SIS car after also leaving the keys in the ignition. The car has not yet been recovered.

Meanwhile, Congolese opposition leader Jean-Pierre Bemba, plans to stay in Portugal rather than return to the Congo as planned, but will not seek political asylum, according to his press officer.

Mawise Musanganga told Lusa that the Democratic Republic of Congo politician, elected as a Kinshasa senator after losing landmark presidential polls in 2006, was not going home as there are "no security guarantees" for his safe return.

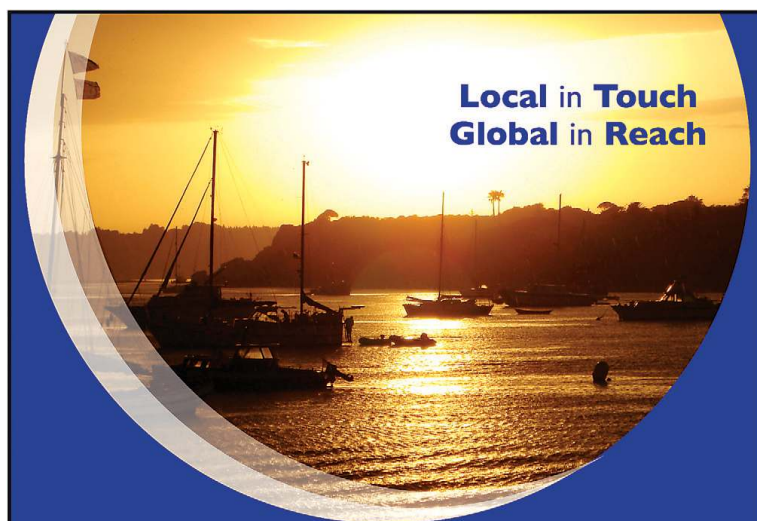
Mr Bemba, granted a two-month leave of absence by the

Senate to seek medical treatment in Portugal, is in "good health", added Mr Musanganga.

The Congolese opposition leader will not seek asylum in Portugal because "he has nothing to do in Europe but much to do in Congo", his press secretary said.

Mr Bemba left the Congo on April 11 after being holed up for nearly three weeks in South Africa's embassy in Kinshasa after his bodyguards clashed with army troops in March.

The Congolese oppositionist, considered to be one of his country's richest men with a fortune estimated at hundreds of millions of dollars, has a home in the Algarve. He arrived in Portugal with his wife and five children in his private jetliner.



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# Portugal, France to have sea summit

Portugal and France will hold a bilateral summit next year to discuss joint prevention and combat of illegal maritime activities, Portuguese Prime Minister José Sócrates has said.

After a meeting in Lisbon with his French counterpart, François Fillon, Portugal's leader said: "France has been a pioneer in the orientation and definition of shipping lanes, and we want to emphasize our cooperation in these areas that relate to transport, maritime surveillance and security and also the combating of pollution."

The Lisbon-Paris summit will take place in the first half of 2008.

Prime Minister Sócrates described political ties between Lisbon and Paris as having "a convergence of points of view", thanking the French authorities for "all the support given to Portugal's large, long-time emigrant

community in France."

Portugal's government chief also praised the French government's "inestimable" support to Lisbon's European Union leadership's efforts to ratify a reform treaty for the bloc before the end of the year.

"This cooperation is absolutely necessary. The treaty is the first priority for the Portuguese presidency and the contribution and support France has given are inestimable" to the Portuguese presidency's objective of reaching agreement on the EU's new rulebook at an informal summit in Lisbon in October, said Mr Sócrates.

TPN/Lusa



A rainbow suggesting promise, not compromise, at Victoria Falls, Zimbabwe

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## Portugal looking for London-Harare compromise



Britain is the only European partner objecting to the possible presence of Zimbabwean President Robert Mugabe at the planned Europe-Africa summit in Lisbon and the Portuguese EU presidency is working to find a "comfortable" solution for the controversy, says a senior Portuguese diplomat.

"The United Kingdom has raised the issue in one way or another and we are trying to find a solution that can satisfy the parties involved and overcome this question", Lisbon's state secretary for foreign affairs, Manuel Lobo Antunes, said last week, after talks in London with his British counterpart, Jim Murphy.

"We are making every effort, taking every diplomatic action possible, to answer the concerns that are involved with this issue", Lobo Antunes told Lusa, adding that as far as he knew London was the only EU capital objecting to Mugabe's eventual participation in the two-continent summit planned for December in the Portuguese capital.

The African Union's official stance has been that the EU can not determine Africa's participation at the event.

Lobo Antunes said the Lisbon EU presidency maintained a "very frequent and constructive dialogue" over the matter that threatens to overshadow "such and important and ambitious" initiative.

Britain's refusal to lift EU travel sanctions against Mugabe temporarily in 2003 aborted Portugal's last attempt to host an EU-African Union summit.

As EU president in 2000, Portugal sponsored the first such summit in Cairo in 2000.

Earlier, Lobo Antunes referred

to the summit controversy involving the Harare regime in a speech at London's Chatham House international relations think-tank.

Arguing that Europe needed regular, institutionalized relations with Africa, as it has with Latin America, he said the EU lacked a global strategy for ties to Africa, one that would involve a "global agenda", including cooperation on pandemics, security, terrorism, immigration, energy, climate change and agriculture.

Lamenting the fact seven years had passed since a follow-up Europe-Africa summit, Lobo Antunes appealed for "creative diplomacy" to resolve obstacles

over Zimbabwe's participation with a view to finding a "comfortable solution for all".

The recently-renewed years-old EU sanctions against the Mugabe regime were imposed in reaction to Harare's deteriorating record on human and political rights.

In a related story, it has been revealed that the editor of the internet news agency ZimOnline, Abel Mutsakani, is in a serious condition after being shot execution-style outside his house in Johannesburg.

The 41-year old Zimbabwean journalist was director of the Daily News, which was banned in 2003 by President Mugabe.

## CPLP approves 3-year, €1m aid programme

The eight-nation CPLP Lusophone bloc has approved a one million euros cooperation programme for the next three years, at the close of a two-day meeting in Lisbon.

Officials said the programme for 2007-2009 will centre on projects in the health, education and agriculture sectors.

"The results of these two days of meetings were very positive", the executive director of the Lisbon-headquartered Community of Portuguese Language Countries (CPLP), Cape Verdean

diplomat Luís Fonseca, told journalists.

Beyond the eight Lusophone states from Africa, Asia, Europe and South America, the meeting was also attended by representatives from Equatorial Guinea and Mauritius, two countries which obtained CPLP observer status last year, officials said.

TPN/Lusa



# Hot days to increase 500 percent, study finds



A study, published on the day most of Portugal was forced to brave temperatures in the region of 40 degrees, has forecast that the number of extremely hot days (+35°) will rise by between 200 and 500 percent in Mediterranean countries during the course of this century.

Research by the American University of Purdue and the International Centre of Theoretical Physics in Italy has concluded that at current rates, temperatures of 35 degrees or more will increase five-fold during the 21<sup>st</sup> century.

However, researchers stress that should European countries manage to reduce emissions, extremely hot days will only rise by 50 percent in the Mediterranean.

It explains that while France will be the hardest hit by rising temperatures (up to eight degrees above current averages), it predicts the number of extreme weather days will be the highest along the North African coast and in Spain.

The study is entitled 'Heat stress intensification in the Mediterranean climate change hotspot' and is published in the magazine 'Geophysical Research Letters'.

In Portugal, the Met Office is predicting a return to temperatures close to 40 degrees this

weekend.

UV ratings have consistently been at a maximum of 11+ in the Algarve and the Alentejo (10 in Lisbon) the past week, and are expected to remain at these levels in the coming days.

The Met Office suggests that when UV ratings exceed 10, all citizens irrespective of their age, should remain indoors to avoid extreme sunburn or permanent skin damage.

Last summer, a total of five heat waves were recorded between May and September last year, and directly resulted in the deaths of 1,259 people in Portugal.

The National Health Authority (DGS) says the majority of the fatalities were people aged 75 and over, in what turned out to be the fifth hottest summer on record in Portugal.

The hottest summer ever was 2005.

It was also found that there was an increase of 12.5 percent in people seeking the help of hos-

pitals during last year's heat waves.

While the five heat waves experienced are not uncommon, meteorologists say their frequency is definitely on the rise.

The Met Office (IM) classes a heat wave as being when temperatures are five degrees above the average for a period of six consecutive days.

Heat waves can therefore literally be recorded in winter, though they are more prominent in Portugal during the months of June and August.

A number of extraordinary weather patterns were also recorded in 2006, such as the 11-day heat wave in July (Alentejo) that was deemed the longest of its kind since the beginning of World War II.

Another exceptional occurrence was reported in July, when average temperatures fell to lows not seen for decades along with unseasonal heavy rainfall and localised flooding, followed by thermometers shooting up to



A passer-by drinks water from a fountain in the Republic Square in Elvas, Alentejo which was deserted on Monday afternoon as temperatures exceeded 40 degrees. (Photo: Lusa / Nuno Veiga)

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levels that have made August 2006 one of the hottest 15 months on record.

Figures released at the end of March by the US government meanwhile showed that this past winter was the hottest in the northern hemisphere since records were first taken in 1880.

According to the National Oceanic and Atmospheric Association (NOAA) combined temperatures in the northern hemisphere between December and February were 0.72 degrees Celsius warmer than the average for the past 127 years.

The record temperatures, NOAA added, were also assisted by the seasonal phenomenon known as El Niño, which has been given part of the blame for helping make January the warmest on record.



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Tempting all who pass by: the Da Terra stand at May's International Algarve Fair (Photo: João Paulo Carrondo)

## Lagoa leaps on to the 2007 International Algarve Fair bandwagon



It's official - everyone wants to be in on the fair this year including, for the first time ever, Lagoa City Hall, which has offered sponsorship in what can be perceived as a significant gesture to bring two not-so-distinct communities even closer together.

Lagoa City Hall has never made a secret of the interest it has in and the importance it attributes to its ever-growing foreign community.

With areas like Carvoeiro and Ferragudo, which are among the Algarve's most popular ex-pat hotspots, Lagoa is home to thriving and diverse foreign communities. All of which are represented and come together at the 2007 International Algarve Fair, which will take place for the second time this year on September 22nd and 23rd.

In the past municipal dignitaries have voiced the significance they attribute to foreigners in the Lagoa region, but nothing had said it quite so loudly as this recent endorsement of the International Algarve Fair.

Jointly, the sponsorship and newly-enhanced organisation is expected to take the event to new heights, as well as reinforcing ties

between the two communities just that little bit more.

In a past interview, Lagoa Mayor José Inácio told **The Portugal News** how he saw a "fundamental need to create a better service within the city hall" to specifically cater for foreigners' requirements. Despite opinions regarding advances on this matter being rather varied, the city hall's recent interest in promoting foreigner-related events is now cemented with their sponsorship of the 2007 International Algarve Fair.

And rightly so!

With so many new events and attractions offering something for everyone, the 2007 International Algarve Fair promises to be the best and most exciting to date - for everyone involved.

More good news is that the Motor Show - one of the many new introductions - is already a sell out, with the restaurant area rapidly taking the same direction.

Other new introductions will

include a useful Property show, with workshops and live conferences for anyone considering buying or selling up; Puff Park will delight children of all ages, and a Garden Awards show will be a highlight for any green-fingered enthusiast.

Much attention has been poured into feedback from the previous Algarve International Fair, held in May this year, from both visitors and exhibitors.

Organisers and sponsors believe that they have now found the winning formula for September's Fair, catering for family members of all ages with a wide range of interesting exhibitors and stall-holders, entertainment for all tastes, and a food court that will satisfy even the most adventurous or discerning palate. For more information on how to book your stand now, call International Algarve Fair manager, Sónia Seixas, on: (+351) 282 380 317. Places are now limited. Or see website: [www.algarvefair.com](http://www.algarvefair.com)

## Portugal near top of EU jobless league

According to figures released this week, Portugal is listed as the country with the sixth highest unemployment rate of the 27 European Union member states.

With a jobless rate of 7.9 percent, only Spain, Greece, France, Poland and Slovakia have a higher number of people without work, Eurostat, the statistical office of the EU reported this week.

The average EU27 unemployment rate was 6.9 percent in June 2007, compared with 7.0 percent in May. It was 7.9 percent in June 2006.

In June 2007, the lowest rates were registered in the Netherlands (3.3 percent), Denmark (3.5 percent), Cyprus (3.9 percent) and Ireland (4.0 percent). Unemployment rates were highest in Slovakia (10.7 percent) and Poland (10.2 percent).

Eurostat estimates that 16.1 million men and women in the EU, of which 10.4 million were in the euro area, were unemployed in June 2007. In June 2006, 18.5 million men and women in the EU27, of which 11.7 million were in the euro area, were unemployed.

The US unemployment rate was 4.5 percent in June 2007, and the Japanese rate was 3.8 percent in May 2007.

## Sonae to dominate retail market after Carrefour buy

After their surprise buy-out of Carrefour in Portugal, Sonae is set to control almost two-thirds of the national hypermarket sector.

Carrefour, the world's second-largest retailer behind Wal-Mart, confirmed last Friday, that it would sell all its stores in Portugal to Sonae Distribuição for 662 million euros.

The deal covers 12 hypermarkets and eight fuel stations that operate under the French retailer's flag.

Carrefour will hold on to its

Minipreço hard discount network in Portugal.

Carrefour had last month said it would purchase 250 hard discount stores in Spain, but it is rumoured that the company will use proceeds from this deal to invest in the Turkish market.

Meanwhile, Sonae, which owns Continente and Modelo, now has 62 percent of the market when it comes to hypermarkets with 2,000 square metres or more. Sonae will now have 55 such stores operational in Portugal.

## Lisbon and Rabat agree on civil service, pensions, tax reforms

Portugal and Morocco have signed an accord to cooperate in the areas of public administration reform and restructuring of tax and pensions systems, officials said.

The two-way accord was signed in Lisbon after a meeting between Portuguese Finance Minister, Fernando Teixeira dos Santos and his Moroccan counterpart, Fathallah Oualalou.

Teixeira dos Santos said the accord would strengthen the "good relations that have existed for years between the two states and will tighten our economic re-

lations."

Oualalou, in reply, congratulated Portugal on its current EU leadership, adding that Lisbon's plans to approve a reform treaty during its stewardship of the bloc were "important for Europe and the Mediterranean," noting that around three million Moroccans live in Europe.

TPN/Lusa

# WEB

Web (INTERNET) noun [S]

the system of connected documents on the Internet, which often contain colour pictures, video and sound, and which can be searched for information about a particular subject:

(From *Cambridge Advanced Learner's Dictionary*)

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# A captivated audience!



There will be so much to do at the International Algarve Fair at Fatacil Fair Ground in Lagoa on 22nd & 23rd September that visitors will want to stay all day. New features include Motor Show, Property Show, Arts & Crafts market, Puff Park (children's adventure area); Seminars and all day entertainment. Add to this over 120 stands with everything for the home, garden and lifestyle, eleven international restaurants and new opening hours 11:00 to 20:00 each day and you have a recipe for a very happy crowd. Some stands are still available in the main exhibition, the Property Show, the Arts and Crafts market and only two stands in the Motor Show. If you have not yet booked a stand, call the Exhibition Hotline on 282 380 317 or go to [algarvefair.com](http://algarvefair.com).



## Stands

There will be over 120 stands with everything for home, garden and lifestyle. Stands will be offering advice on travel, home improvements and living in the Algarve. There will be lots to buy including fashions, books, art, decor, specialist foods, pets products and you can enjoy beauty treatments and health advice.

## Food Arena

There will be eleven international restaurants in the Arena: Pizzas from Italy, Tandoori from India, Pastries and Bifanas from Portugal, Hotdogs and Hamburgers, Shell fish from Portugal, Surinam specialities, Braai from South Africa, Indonesian Cuisine and Cakes, Pies and Sandwiches from the UK

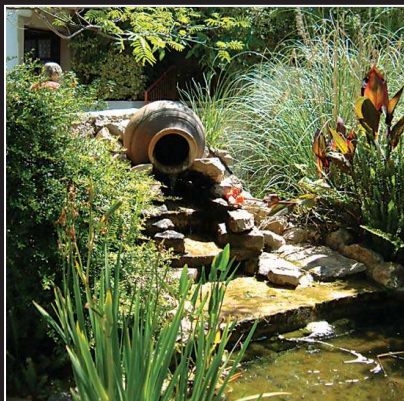


## Puff Park

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# Oil: \$100 a barrel - or \$200?

Nine of the last ten serious downturns in the world economy followed a spike in the price of oil, and we are heading for another spike, with oil back up near the peak of \$78.40 a gallon that it reached almost exactly a year ago. A record number of options contracts are now being sold that entitle customers to buy oil in the future at \$100 a barrel. That tells you where the inside players think the price of oil is heading, since those options will only be of value if the price were actually above \$100 a barrel.

That is the price that Goldman Sachs, the world's biggest brokerage house, predicted oil would reach by 2009. However, one big negative headline — further disruption of supplies from Nigeria or Iraq, say — and oil could be trading at over \$100 a barrel by next month. But the concern is not really about oil prices. It's about what more expensive oil will do to the world economy, and the professional optimists are still optimistic.

The spike at \$78.40 in July, 2006 didn't cause a recession,

so why should this one? Indeed, why would even \$100 a barrel cause a global economic crisis, given that one hundred US dollars today is only worth about the same in most other currencies as \$78.40 was a year ago?

Oil sales are almost all denominated in US dollars, which are worth almost a third less in euros, pounds or yen than they were two years ago, so the countries of the Organisation of Petroleum Exporting Countries (OPEC), are not rolling in sudden wealth. The oil exporters spend most of their income in



Oil sales are almost all denominated in US dollars, which are worth almost a third less in euros, pounds or yen than they were two years ago, so the countries of the Organisation of Petroleum Exporting Countries (OPEC), are not rolling in sudden wealth. Photo shows SK Energy's oil platform 'BMC-8'. SK Energy Co., South Korea's biggest oil refiner, said it had now acquired offshore oil production rights in Brazil. (PHOTO: LUSA/EPA/sk energy)

other currencies, so from their point of view the recent surge in the oil price only restores the purchasing power that they lost over the past two years due to the US dollar's slide.

More importantly, most of the big importers of oil in the

industrialised world are not really paying much more for oil than they were two years ago. The rising dollar price has been largely cancelled out by the fall in the value of the dollar, so it's not really busting their budgets.

American consumers are

feeling victimised, but they get little sympathy in the Middle Eastern countries that dominate OPEC, as most of these governments believe that President Bush's invasion of Iraq has made their neighbourhood a far more dangerous place. OPEC is not going to pump more oil out of gratitude for Mr Bush's policies.

As for the steep fall in the value of the US dollar, that's what happens to your currency when you try to fight an expensive foreign war without raising taxes at home (as Richard Nixon found out over Vietnam in 1971.) Seventy-six dollars a barrel will not cause world economic growth to stall — and even \$100 a barrel might not do so. But will it stop there?

What is really significant about the current surge in the price of oil is that it has NOT been driven by some apparently apocalyptic crisis like the Arab-Israeli war of 1973 or the Iranian revolution. (Neither event was actually all that apocalyptic, in retrospect, but the markets don't do long-term perspective.) We have got three-quarters of the way to \$100 a barrel without a crisis, driven simply by stagnant production and soaring demand in the big Asian economies. We could get the rest of the way on a rumour, and the price rise would not necessarily stop there.

The truly significant change in the situation is the stagnation of supply, not the rise in demand. New oil-fields are much smaller than discoveries in the previous generation (the last really big oil domain to be developed was the North Sea in the 1970s), and they tend to be in much more remote places.

The number of new deep-sea

drilling rigs now under construction is almost equal to the total number that currently exist in the world (seventy). When you have to look for new oil at depths of over 1,500 metres (5,000 ft.) under the sea, or coax it out of the tar-sands of northern Alberta by equally expensive techniques, the era of plentiful cheap oil is definitely over.

OPEC is squeezing supply a bit to keep the price high, but its members are pumping close to capacity and only Saudi Arabia is putting in major new production capability. Non-OPEC oil output is predicted to stay flat for the next five years. It may not really be "peak oil" yet, but at the least we are seeing a lot of phenomena that mimic that time.

If the American mortgage crisis does not tumble the global economy into a recession, Asian demand will go on growing until the oil price does it. At \$100 a barrel if we're lucky — or via a detour through \$200 a barrel if Dick Cheney decides to attack Iran.

Gwynne Dyer is a London-based independent journalist whose articles are published in 45 countries.



Gwynne Dyer

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THE PORTUGAL  
**News**



# Four-legged passengers taught how to travel



Nine dogs and their respective owners embarked on a subway trip earlier this week to demonstrate how animals can travel on public transport, safely and calmly, as long as basic safety rules are followed.

Instructor Mário Bouçadas led the initiative, which was devised by the Cinostaf animal obedience school, by showing how animals do not pose a threat to the general public whilst travelling on the subway as long as the dogs

have a collar, a lead, and a muzzle. Keeping dogs calm by offering rewards, talking to or patting them were other useful tips.

"An animal should never go near seats because the train could stop suddenly and people will fall over the dogs. As tranquil as the dog may be, there is always a possibility, in that situation, that the dog would feel threatened."

Subway rides for dogs and their owners are an obligatory event for Cinostaf 'pupils'. The 'trip' is the last step of the training course, and an opportunity to put newly-acquired skills and good behaviour to use.

For years Lisbon metro has supported and encouraged the initiative.



One of the Lisbon subway users demonstrates how to travel with an animal on public transport. (Photo: Anres Kusters / Lusa)

## Pick-pockets caught red-handed

Lisbon police have confirmed the detention of no less than ten pick-pockets who were caught red-handed last weekend as they carried out group-organised thefts on unsuspecting tourists.

Eight men and two women were detained after police foiled their Modus Operandi, which mainly targeted tourists travelling on the number 15 or 28 Carris trams.

Their detentions came as part of an ongoing police intervention to fight crime on public transport, and which involved undercover police officers travelling on buses, trams, the subway and trains.

Twenty-five undercover officers and three police vehicles were involved in the operation.

## Fines delayed by saturated bureaucratic services

The thousands of fines that have been issued on a daily basis since the 21 new radars became fully operational around Lisbon city centre last month, may take anything up to two years to reach their destination, due to a recent change in the bureaucratic system.

Instead of being issued by the now extinct Road Traffic Authority (DGV), fines will be sent out by the recently-formed

ANSR – National Authority for Road Safety – which officially replaced the DGV.

According to lawyer Rafael Madeira da Silva, a specialist who dedicated his career to resolving traffic-related cases and co-author of the book, 'Infracções ao Código da Estrada' (Infractions to the Road Code), these new fines will only serve to weigh down even more an already saturated service.

"There will be even more processes to file, and the culprits won't be punished", he says. "If previously many of the fines were waived because they weren't issued within the deadlines stipulated by law, now even more will be dismissed due to the new radars".

Current law states that the fining process must be complete within two years from the date the offence is committed. In ex-

ceptional cases, this deadline can be extended to three and a half years, maximum.

It is thought that the cross over will further hinder the situation, due to the necessity to reorganize infrastructures; it predicts that local and regional branches of the DGV will also close down, meaning all matters will have to be dealt with in and from Lisbon.

"This will complicate things

even more because any cases that were previously dealt with in other parts of the country will now be redirected to Lisbon".

Despite the mammoth number of fines being issued, there are exceptions.

Police vehicles, ambulances, fire engines, governmental vehicles and other 'priority' vehicles are exempt from being fined.

## American school promotes teaching English to Portuguese public school students

This is the second summer that Novabase and the Carlucci American International School of Lisbon (CAISL), have joined in a partnership providing an official summer school programme, with the intent to teach English and technology to students in Grades 3 and 4, who attend public schools in the Sintra area.

Novabase, founded in 1989, and the leader of technology in Portugal, announced the 2007

summer school programme in June, and with the support of the Ministry of Education, took place between July 2 and July 20<sup>th</sup> at the Carlucci American International School of Lisbon, with sixty students between eight and ten years old.

"This initiative of Novabase and CAISL is a contribution to find innovative ways to teach technology and English to our young people," stated Rogério

Carapuça, President of Novabase.

With Novabase funding, sixty students from the Sintra Concelho, were able to attend a three-week summer school held on the CAISL campus and taught by CAISL teachers. Coordinators of the programme were Ms. Vera Antunes (Computer teacher) and Ms. Miranda Mesquita (English teacher). During the three-week full-day programme, the students began to learn English using a variety of lessons and hands-on activities created by teachers and coordinators. Other CAISL teachers included Mr. Dulcinio Vasconcelos (Computers), Ms. Ana Reis (English), Ms. Sandra Costa (Computers), and Ms. Dawn McKillop (Art). Ms. Marta Carvalho, CAISL alumna, taught Drama and assistants Luiza Zanchi da Silva, Inês Vaz Pinto, Mariana Aparicio, Filipe Aparicio, and Marta Calvino.

The students were provided with transportation daily to CAISL where they participated in classes from 9:00 a.m.-3:00 p.m. The enthusiastic children

worked with computers every day, learning basics and terminology, typing skills, Microsoft Word, Power Point, and Photoshop. Additionally, they had English as a Second Language classes (ESL) which introduced basic vocabulary and grammar. Students continually reinforced their English vocabulary with classes in Art and Drama, where they improved their skills and vocabulary using puppets, clay, and with painting.

An official ceremony for the Novabase-CAISL summer school programme was held on June 19 in the school atrium when the students, parents, and teachers were invited for an overview of the academic programme and tours of the school.

The success of the programme was clearly seen through the eyes of the children as they progressed daily! With new friends, new skills, and a new language, they grew socially and academically.

(Introduction by Cynthia Ferrell, Director of Admissions and Marketing, CAISL)

## Police negotiators diffuse bridge suicide

Late Sunday night GNR police negotiators spent nearly four hours before successfully dissuading a man from ending his life by jumping off Lisbon's *Ponte 25 de Abril*.

Due to the heavy influx of traffic, returning en-masse to the city after a weekend away or the end of summer holidays, the commotion caused tail-backs of nearly ten kilometres.

Out of concern, the GNR took the 34-year-old man to

Almada hospital.

Reportedly, the incident occurred at around 23h55 when the man had driven his car to the end of the bridge, direction south-north, before pulling over, crossing the bridge's protective railings, and threatening to jump.



Portuguese students learning English.

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# 'Hurricane' Nelly hits Albufeira



Nelly Furtado performed her most popular hits from her three hugely successful albums, as well as playing guitar.



Last Friday night Albufeira was hit by the invigorating charisma of Luso-Canadian singer Nelly Furtado, whose high-kicking performance to a packed stadium generated enough energy to keep the crowds running on high all night.

Albufeira's municipal stadium was buzzing, bursting at the seams as more than 12,000 people excitedly filled it up in the anticipation of an unforgettable evening.

And disappointed they were not.

For one hour and 45 minutes, Nelly Furtado performed her most popular hits from her three hugely successful albums, as well as playing guitar, singing a song from acclaimed Brazilian vocalist Caetano Veloso, and wowing the audience with a surprise duet sang alongside popular Portuguese artist Pedro Abrunhosa.

Throughout the night, dancers, back-up singers and live musicians contributed to keeping the

crowd in a frenzied, near-bursting point, who in turn never tired of clapping, cheering, and enthusiastically applauding the show.

Spectators sang along to some of Nelly's most famous hits, including like Say It Right', 'Turn Off The Light', 'Powerless', 'Do It' 'I'm Like A Bird', 'Glow', and 'Promiscuous', before closing with the Euro 2004 anthem, 'Força'.

With her parents and four-year-old daughter in the audience, Nelly voiced her pride in her Portuguese roots by repeatedly shouting out "Algarve" and "Azores", leaving her fans with the promise of a return and of a new album, that will be "nothing at all like I have done so far".

## Archaeological tomb raids unearth Faro's roman history

Three sepulchres discovered in the city centre's Largo das Mouras Velhas were extracted from a Roman necropolis during archaeological excavations preceding the construction of a subterranean car park.

Local authorities believe the crypts date back to the third and fourth centuries and are part of a vast necropolis that belonged to the city of Ossonoba, a Roman name given to Faro.

More than 100 similar sepulchres have already been unearthed from beneath the city's streets. In 1878, archaeologist Estácio da Veiga found 38 tombs in the same spot, followed by Abel Viana, who excavated another seven from Rua D. João de Castro some 60 years later.

These latest finds occurred during archaeological excavations

that aimed to reduce any impact implied by the construction of a 224-place underground carpark.

Once photographed and catalogued, the tombs will be put on display in Faro's Municipal Museum.

Along with excavations that took place three years ago on Faro's Largo 25 de Abril and Rua João Lúcio, more than 90 other sepulchres were brought to light, allowing specialists to gain a more defined, precise insight to the boundaries of what is now known as Ossonoba's largest Roman graveyard.

## Algarve Tourism continues to grow



According to the Algarve Hotel and Tourist Resort Association AHETA, this year, during the first semester, regional tourism intake has risen by 9,1 per cent in relation to the same period of 2006.

At the same time, passenger movement in Faro airport (boardings and arrivals) has also grown by 8,7 per cent, verified by official figures from ANA - Airports of Portugal.

During the first six months of this year the number of beds occupied by foreign tourists in the region also went up four per cent, in comparison to 2006, whilst figures for Portuguese visitors went up by 5 per cent, according

to the Portuguese Tourism Institute.

Main markets coming to Portugal continue to be from the UK, Germany and Spain, the UK market increasing by 10,5 per cent, and the Spanish by 17,5 per cent.

Last year the Algarve hosted more than 14 million bed occupancies, 11 million of which were foreign tourists, which corresponds to 38 per cent of all Portuguese tourism.

## Portimão car crash kills driver

The driver of a vehicle involved in a serious accident on one of the main roads that connects Portimão to Praia da Rocha was killed after colliding with another vehicle in the

early hours of Tuesday morning.

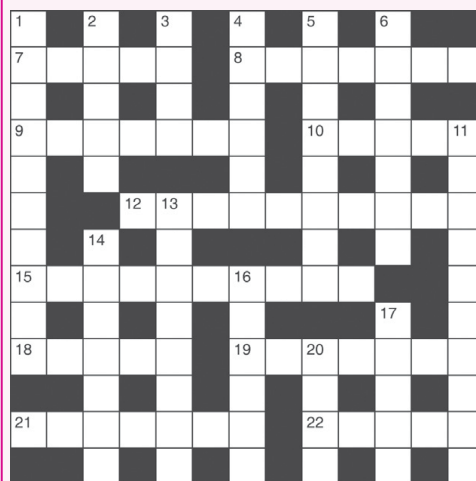
According to PSP police, the causes of the accident are still unknown, the accident led traffic to be cut off completely on

both sides of the V6 Avenue, which connects Portimão to Praia da Rocha.

After the crash the victim was left trapped in his vehicle, having to be freed by fire fighters.

Despite being alive when rescued, the man eventually succumbed to his injuries and died in the ambulance en-route to Portimão Barlavento Hospital.

## The Portugal News Crossword No. 153



### ACROSS

7. Once more (5)
8. Worship (7)
9. Ignore (7)
10. Spiky plants (5)
12. Argued (10)
15. Failed to notice (10)
18. Relation by marriage (2-3)
19. Platform (7)
21. OBEs, knighthoods, etc. (7)
22. Punctuation mark (5)

### DOWN

1. Pasta dish (10)
2. Canal boat (5)
3. Leg joint (4)
4. Beer (6)
5. Building material (8)
6. Musical instrument (7)
11. Formal accusation (10)
13. Illegal (8)
14. Lie back (7)
16. Female monster (6)
17. Russian mountains (5)
20. Ill (4)

### QUICK CROSSWORD SOLUTIONS No. 152

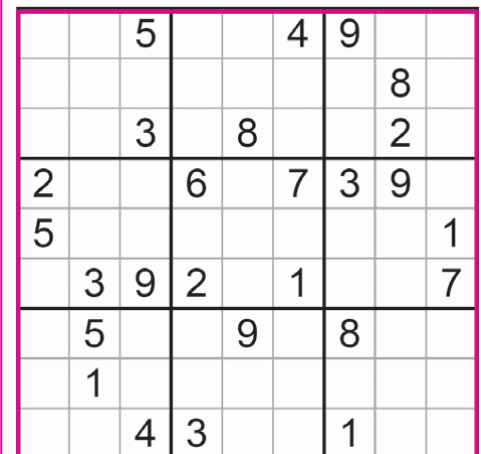
Across: 7 Choice; 8 Quaint; 10 Minster; 11 Thorn; 12 Ewer; 13 Anvil; 17 Tepid; 18 Earn; 22 Dwell; 23 Avarice; 24 Assent; 25 Rivals.

Down: 1 Scamper; 2 Pointer; 3 Acute; 4 Sustain; 5 Divot; 6 Stone; 9 Principal; 14 Feeling; 15 Capital; 16 Intense; 19 Ideas; 20 Feast; 21 Tacit.

## su | do | ku

Fill in the grid so that every row, every column, and every 3x3 box contains the digits 1 through 9. That's all there is to it.

There's no maths involved. The grid has numbers, but nothing has to add up to anything else. You solve the puzzle with reasoning and logic. It's fun. It's challenging. It's addictive! Solving time is typically from 10 to 30 minutes, depending on your skill and experience.



### Last weeks solution:

1	9	8	3	6	4	2	5	7
5	2	6	8	1	7	9	4	3
4	7	3	9	2	5	8	1	6
8	3	4	1	7	6	5	9	2
7	5	1	4	9	2	3	6	8
2	6	9	5	8	3	1	7	4
6	1	2	7	3	9	4	8	5
3	8	5	6	4	1	7	2	9
9	4	7	2	5	8	6	3	1

For tips on how to solve Sudoku puzzles, browse the **forums**, go to [www.sudoku.com](http://www.sudoku.com)



# PM unveils major hotel projects for the Algarve

Prime Minister José Sócrates joined Economy Minister Manuel Pinho over the past weekend in the presentation of ten new hotels for the Algarve, that globally represent an investment of 1.5 billion euros.

Amongst the new units, eight of which are five-star hotels, is the luxury Real Marina Hotel & SPA, Olhão, which alone represents an investment of 20 million euros and is hoped to be open by 2009.

Together, the 10 hotels will create more than 6,000 new jobs and increase the present accommodation capacity by 5,400 beds.

State Secretary Bernardo Trindade was also present at the grand unveiling, entitled, 'Algarve with a Future - Ten new projects of excellence', which took place in Lagos and integrates the Government's plan to double the number of five-star hotels in the region by 2010.

Another project presented last weekend was the 92-hectare, five-star Terras de Verdelago (Praia Verde), Castro

Marim, which should be completed in the next two years and is said to cost investors around 250 million euros.

Two 'superior' five-star hotels are expected to be built in the Meia Praia region, Lagos, and will represent a 396,3 million euro financial injection to upgrade the area.

One of the two is the Palmares Resort project, which will cover 200-hectares and will include a golf course.

Another project that was officially unveiled last weekend was Portimão's Algarve Motor Park, which will occupy 290 hectares of the Mexilhoeira Grande region.

Also set to inaugurate in the next two years is Albufeira's Herdade dos Salgados, comprising two hotels and a five-star apart-hotel, and is the first unit of the Conrad group, which belongs to the Hilton chain, to open in the Algarve.

The five-star Tivoli Victoria is set to open next year, whilst the Hilton Vilamoura (the first Hilton to open in Portugal) will be up and running this summer.

Meanwhile the rest of the country also looks to be on the

brink of a promising tourism explosion.

A rumoured minimum 5.7 billion euros will be spent on new units to be built throughout the rest of the country before 2011 and whose projects are considered a 'priority' to the evolution of Portugal's tourism.

Fifty-seven new projects were confirmed, for Oporto, the Douro, Serra da Estrela, Lisbon, Alqueva and litoral Alentejo, as well as Madeira and the Azores.

The group of new projects were devised and compiled in a report by real estate consultants Cushman & Wakefield, who stressed the need for these projects to be 'innovative' in order to succeed.

One of the main projects intended for the country is that to be built by the Sonae group in Troia, which will lead to the destruction of the Torralta towers.

'Troiaeresort' will be the fruit of a 350 million euro investment and will comprise 7,430 beds.

However, it is in the Azores that the largest investment will take shape.

Azore Golf Islands will be a five-star resort, developed in co-operation with the Siram Consortium and Oceânico Developments, and whose overall budget is said to be of 700 million euros.

It will be situated in proximity with the Furnas and Batalha golf courses, on the Island of São Miguel.

# Lionel Richie rocks the Sheraton All Night Long



On Wednesday evening, one of this summer's most anticipated events took place on the manicured lawns of the Sheraton Pine Cliffs brand new Residence complex. Despite a late start, Lionel Richie wowed the crowds with energetic renditions of songs from a career that spans over three decades.

Even though his private jet landed in the Algarve one and a half hours after schedule, having arrived from Spain following his concert there on Tuesday, Lionel Richie was described by

insiders as being in a 'good mood' and ready to put on an unforgettable show.

In his opening speech, Sheraton Pine Cliffs General Manager Flavio Bucciarelli summed up the past 12 months, since the Sheraton's 2006 Summer Gala, by saying "Well, what a fantastic year it has been, so much has happened since we were here last year". He thanked his team for putting on yet another successful Summer Gala, which appears to have been a sell out, and wished everyone an "exceptional evening with an excep-

tional artist." Following dinner on the open-air lawns, an area in front of the stage was cleared to serve as an impromptu dance floor, which before the artist had even stepped on the stage was already buzzing and packed.

Shouting "Portugal" whilst making his grand entrance, the crowd hyped up, singing and dancing along with his performances, that included classic hits from his Commodore days, right through to brand new songs from his recently-released 'Coming Home' album.

## Dunas Beach brings glamour to Western Algarve

It was a niche to be filled and the Tivoli group spotted it – the Western Algarve's very own exclusive summer hotspot. Inaugurated just last week with an invite-only Pommery Champagne Party, under the theme 'Orange', Dunas Beach is the latest venue to comprise a growing number of 'in' haunts that presently make up must-visit locations for international trendsetters.

Dunas Beach follows hot in the footsteps of haunts like Portimão's Sasha Beach, the über-chic Nikki Beach clubs, in Praia da Rocha and Vilamoura, and other fashionable hangouts such as Albufeira's Le Club.

It joins a privileged group of establishments to see and be seen in, though Dunas Beach has a 'vibe' that is distinctly unique.

Located on Lagos' Meia Praia beach, the venue comprises a trendy restaurant as well as an open-air bar area, complete with

a swimming pool and Lagos city as a stunning backdrop, particularly at night.

The interior décor is a blend of ethnic meets rustic, creating a youthful, fresh feel, complemented with wooden decking and contemporary furniture, bold, bright colors, chill-out music and an invigorating sea-breeze.

Created by chef Jerónimo Abreu, the restaurant's menu is equally as trendy and youthful, presenting delicious, inventive dishes intended to make your visit an even more unforgettable one.

Dunas Beach, open seven days a week, is run by Club Manager Rui Valdir, along with Hotel Tivoli Lagos' 'Food and Beverage' director, Mário Rui Custódio.

For more information, contact the Lagos Tivoli on: (+351) 282 790 315, Fax: (+351) 282 790 345, or see website: [www.tivolilagos.com](http://www.tivolilagos.com).



From left to right: Hotel Tivoli Lagos' 'Food and Beverage' director, Mário Rui Custódio, Dunas Beach Restaurant chef, Jerónimo Abreu, and Club Manager Rui Valdir.

## New Faro hospital ready by 2012



It has been revealed that construction of the new Faro hospital will commence in 2009 and is hoped to be ready and running by 2012. The Minister of Health also confirmed that whilst the unit will have 'around' the same number of beds as the current hospital, 549, its range of services and specialist areas will be "wider-spread and with better conditions".

Seven new specialist services will be introduced, services that are, as yet, non-existent in the region.

Angeology and vascular surgery, paediatric surgery, endocrinology and nutrition, gastroenterology, genetic medicine, neuro-radiology and radiotherapy will comprise the list of treatments that will, for the first

time ever, be available in the Algarve.

According to Health Minister Correia de Campos, the unit will have "better access, with a bigger proportion for initial specialist consultations and a huge investment to improve ambulance services, as well as reinforcing the articulation of the present service."

The new hospital, which is

said to cost something in the region of two billion euros, will also integrate 15 beds for palliative care, ten operating theatres, 46 external consultation rooms, 10 delivery and two dilation rooms, 43 in-patient rooms, four psy-

chiatrist wards, radiotherapy and 26 haemodialysis monitors.

Once open, the existing Faro Hospital, which was recently reclassified as a 'central' hospital, will revert to its former 'district' status.

## Swimming the distance

This Sunday, seven swimmers will take up a 'sink or swim' challenge by attempting to complete 16,5 kilometres between the Lagos and Portimão marinas as part of training for their ultimate goal – to swim the English Channel.

Expected to take over five hours to complete, the crossing will commence at the Lagos Marina at 13h00 on Sunday afternoon, and will conclude at the Portimão Marina.

Miguel Arrobas, 32, and Nuno Vicente, 28, hope to swim the English Channel next summer, with the intention of following in the footsteps of

the only Portuguese to complete the 34-kilometre crossing between Southern Great Britain and Northern France, Baptista Pereira, who successfully completed the feat twice, in 1954 and 1958.

Accompanied by five friends and a number of support vessels, this coming weekend the duo hope to complete their mission by swimming in stages – the first of 45 minutes, and then in 30 minute stints.

Keeping close to the coastline, along the way they will be given energetic drinks and high-calorie gels to ingest.

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The Breitling Med Cup – Portuguese trophy TP52 coming soon.

## Cool

This year regional tourism authorities have surpassed themselves and have put together the most fantastic entertainment program to date. Packed with the best of national and international stars, this August promises to be one to remember and offers a repertoire of exciting events to suit all tastes.

### August 3<sup>rd</sup> – 18<sup>th</sup>

Kicking off the month's events is a series of concerts named 'Algarve Edition', organised by the Regional Tourist Board (RTA), partially subsidised by the government. To be held in some of the region's most emblematic spots, acts will include Lloyd Cole, Vaya con Dios, Vicente Amigo, Kátia Guerreiro (otherwise known as football player Ronaldo Cristiano's sister), Camané, and Carlos do Carmo with the Lisbon orchestra.

For more information, see website: [www.algarve.pt](http://www.algarve.pt).

### August 3<sup>rd</sup> – 12<sup>th</sup>

Portimão's famed sardines will make their annual appearance in the city's Sardine Festival. To experience a true taste of Portimão, make your way to the city's riverfront during these dates and get your fill of the flavoursome little fish, once Portimão's trademark. Portuguese singers Paulo Gonzo, Luis Represas and the 'Father of Portuguese' Rock Rui Veloso will be living up the event.

### August 7<sup>th</sup> – 10<sup>th</sup>

Tennis enthusiasts can't afford to miss the country's sole tournament that is integrated in the Delta ATP Senior Tour Championships, the Vale do Lobo Grand Champions, sponsored by bank Caixa Geral de Depósitos. Cameos from veteran tennis stars will include Thomas Muster, Goran Ivanisevic, Henri Leconte and Bjorn Borg.

### August 11<sup>th</sup>

Fado singer Teresa Salgueiro, famous star of the internationally acclaimed Portuguese 'Madredeus' group will be performing with the Lusitania Ensemble at the exclusive Lake Resort in Vilamoura.

### August 9<sup>th</sup> – 15<sup>th</sup>

Take a trip to Silves during these dates and you'll be forgiven for thinking you have travelled back in time as the city holds its time-honoured 'Medieval Fair'.

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# entertainment for the hottest August ever

It is one occasion when the whole city lets its hair down, including the Mayor. Medieval costumes are handed out free of charge so everyone can get in the swing of things. Traditional food and drink typical of the era that was centuries ago adds to the authentic feel, further enhanced by the beautiful, historic castle walls that encircle the city and add an extra mystical aura.

## August 10<sup>th</sup> – 15<sup>th</sup>

Don't miss Olhão's 'Festival do Marisco', the city's renowned seafood festival, one of the Algarve's most highly anticipated gastronomic events. This year it will feature musical acts Boney M and Melanie C, amongst others.

For more information contact: the RTA on Tel.: (+351) 289 800 423 / 498, or e-mail: comunicacao@rtalgarve.pt.

## August 14<sup>th</sup> & 17<sup>th</sup>

If dancing is your thing then be sure to make a beeline for Portimão's municipal auditorium on August 14<sup>th</sup>, where BAFOCHI, the Chilean Folklore Ballet group, will be wowing audiences with their fancy footwork.

On August 17<sup>th</sup> a breathtaking, foot-tapping ABBA spectacular will take place in the Portimão Arena. 'Dancing Queen'—ABBA

Greatest Hits' will give ABBA fans the opportunity to travel back in time and relive sounds that once shook the world's discos and left their mark in the history of 80's music forever.

Tickets can be purchased or reserved by calling: (+351) 808 207 695, or see website: www.cm-portimao.pt for more information on these, and other events taking place in the city.

## August 17<sup>th</sup> – 26<sup>th</sup>

It's FATACIL again! The yearly event, held in Lagoa, is a must for anyone wanting to know more about the traditions and time-honoured cultures that make up typical Portuguese commerce. Hundreds of stallholders flock from all over the country to fill the expansive open-air fairground and include a multitude of merchants and artisans. Products represent regions from North to South of the country, and comprise traditional foods, drinks, clothes and footwear, fashion and animal accessories, home furnishings and handcraft furniture, and much, much more. Visitors flock to Lagoa in their thousands to be at FATACIL, which is particularly pleasant at night. A large variety of restaurants make up the food arena, which also features a paddock where horsemen and



Fado singer Teresa Salgueiro, famous star of the internationally acclaimed Portuguese 'Madredeus' group will be performing with the Lusitânia Ensemble at the exclusive Lake Resort in Vilamoura.

women put on live demonstrations, a livestock 'petting zoo', and an open-air stage. Performers there this year will star fa-

mous Portuguese rap-band Da Weasel, pin-up singer André Sardet, and the ultimate Portuguese rock band Xutos & Pontapés. But be warned, once you have visited FATACIL, you'll want to return time and time again. It truly is fascinating and well worth making the trip to see.

## August 19<sup>th</sup> – 26<sup>th</sup>

Calling all sailors! Portimão Marina will host the 'Breitling Med Cup – Portuguese trophy TP52', a world-class sailing event that will bring to Portimão some of the world's most prominent vessels, as well as international royalty such as King Juan of Spain and King Harald V, of Norway.

## August 23<sup>rd</sup> – 26<sup>th</sup>

Visit Castro Marim, Eastern Algarve and go back in time as the region celebrates its 'Medieval Festival'. Be amazed as the entire town experiences a medieval makeover with en-masse participation.



Portimão Sardine Festival held from August 3rd until 12th.

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Nan bread stuffed with yellow lentils, chicken curry,

French beans, curried potatoes

**Roti with Lamb curry €9**

Nan bread stuffed with yellow lentils, lamb curry, French beans, curried potatoes

**Bami Goring with chicken €7,50**

Fried noodles with soya sauce, chicken in soya sauce baked in the oven

**Nasi Goring with Satay Chicken €8,50**

Fried rice with soya sauce, chicken satay with peanut butter sauce

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### Is it time to talk yet?

SIR, I had a feeling of 'at last' when I read the report in your publication dated 28th July 2007, regarding the 'attack' on the McCanns by an English Tabloid paper. I myself have been tempted to write you on this matter, but have left it this long due to the awful circumstances of the abduction. However, I actually laughed out loud when I read Mr. McCann's response to recent attacks printed last weekend.

Let me go through this reply. I do admit that some of what I am about to say is from memory and I may be wrong. Also, I am in Portugal and do not have access to my Inns of Court and therefore cannot be 100% accurate, or perhaps more correctly, unable to give past case details to illustrate my points.

Mr. McCann stated that they are convinced that they acted responsibly. Really? Leaving two 18 month old babies (they may be slightly older; this is from memory) and a 3 year old in an apartment, unsupervised, despite child minding facilities being available, at a reasonable rate, at the complex they were staying at. That does not sound responsible or reasonable to me.

Mr. McCann then goes on to state that he was only 50 yards away and checking on the children 'regularly'. Well, I feed my pigs regularly; twice a day. I think I remember the initial response given by the McCanns was that they were checking on the children every 15 minutes. Seems like this period of checking has now become a little more vague. In short, he was using speech that a Politician would be proud of.

He then goes on to state that they were performing their own 'baby listening service'. What does that mean?

But not to worry, because the McCanns have received legal counsel and have been told that their actions, or should I say omissions, were 'well within the bounds of responsible parenting' and have been assured that no action will be taken. OK, I am a Barrister, and for reasons I will give below, I think that this Counsel has given incorrect information. Furthermore, it is not for a Barrister to say if an action will be taken. He or she can simply give an opinion and, as we know, in any court case, there are two views put to the Tribunal.

It is up to the relevant authorities to correlate and collect the evidence, and then for the DPP to consider if there is a case to answer. If it is felt that there is a case to answer, it is then presented to a Magistrate who may try a lesser charge, or commit for trial at a crown court, or throw the case out for lack of evidence. And why was such information given by a Lawyer? I am sure it was not unsolicited.

I think that the McCanns are afraid of what will happen to them upon their return to the UK and sought legal advice. Why are they staying here? Why do they go to other European Countries together but not to the UK? I think it may be fear of prosecution and the thought that their remaining children's welfare would be under close scrutiny.

We also read that Mr. McCann was 'dining 50 yards away and we could see the apartment from

where we were'. Begs the question; 'how then, if you could see so clearly, and were so vigilant, did your daughter disappear'?

So that is my memory and view of the sad situation. Now let's consider how two Doctors (and thus aware of the existing Child Protection Laws we have in the UK) feel that they are without any blame, and what the law has to say in such matters.

There is no rule in law that specifies the age at which it is legal to leave your children alone. However, the Children and Young Persons Act (1933) states that parents can be prosecuted for wilful neglect if they leave a child unsupervised 'in a manner likely to cause unnecessary suffering or injury to health'.

The NSPCC advise (and this is noted in Court cases and indeed mirrored) that most children under 13 are not mature enough to cope in an emergency, and should not be left alone for more than a very short while. Furthermore you should never leave babies or young children alone in the home, whether they are asleep or awake, not even for a few minutes.

BUPA, on their website states that it is prudent to never leave a baby or toddler alone, even for a few minutes. There are many dangers in a house for an unsupervised child. Leaving a child who is asleep is not a good idea either - (s)he may wake up and try to come looking for you. (Also, as we know, people die of smoke / fume inhalation long before a fire may become visible from outside the dwelling.)

The Department of Social Services state that children under twelve be provided with appropriate supervision while their parents are away from home. There is good reason not to set a specific age at which children may be left at home alone. Specifically, no matter what age you pick there will be some children who are not sufficiently mature to look after them-

selves. It would not be good public policy to effectively grant parents immunity for the consequences of what they know to be poor parenting decisions, merely because a child has reached the age specified in a statute or regulation. Also, the nature and duration of the parents' absence can significantly affect the age at which the child should be left alone.

Where a parent leaves younger children home alone, the police or child protection services agencies are likely to respond to a tip, (which I will gladly provide myself in this case) or, in the McCann's matter, an abundance of publicity; and intervene. The lack of proper care and supervision of children, including preteens and teenagers, is a valid subject for child custody litigation. While courts are usually reluctant to put undue weight on a parent's need to use child care, the absence of any supervision is a more serious concern. Thus, when making a custody decision, a court may be inclined to consider a parent's ability and willingness to limit the amount of time the children will be left unsupervised.

MARTYN SMITH, LL.B, LL.M, Barrister at Law, Monchique

*An exception has been made with this letter to our normal rule of 300 words. Ed.*

### Another point of view

SIR, A few weeks ago I wrote to a friend in the UK about the way the McCann case was being covered there. Here is part of his not too serious reply:

"Ah, I think that you'll find that there are several reasons the Madeleine case is getting so much media interest in the UK. Ron. She was kidnapped on Johnny Foreigner's soil - so it's their fault for not looking after her properly.

The local Police are not revealing any information, which means that the press cannot feed the mind-

less millions their daily pointless gruel of speculation, innuendo and scandal. It also diminishes their ability to totally destroy a potentially innocent man's reputation. Of course this behaviour cannot be tolerated so instead they say that the Police are 'doing nothing' and are 'incompetent' or pick on anyone that happens to be talking to a Portuguese policeman. (Don't stop to ask one the time around Luz Ron!)

The girl was left in the apartment alone while her parents were eating and drinking elsewhere. This is great for the press because regardless of whether she is found or not the media can then destroy her parents' reputation after the sympathy has diminished."

The last comment is spot on. As the chance of finding Madeleine has faded, demands for their prosecution by the self-righteous, who never left their children unsupervised, are appearing in the UK press.

RON LAVERY, By e-mail

### Water, water everywhere?...er...No!

SIR, Concern and sympathy go to all the people in the UK who are suffering from the terrible weather and flooding. It sounds very flippant to say we hope things improve soon, when few of us here will have ever experienced anything like it, but having seen the misery a similar event caused a few years back in Lewes and Uckfield I think I know how desperate (although a whole lot worse) the situation is in the west midlands.

In the spring the 'authorities' here were quoted in the press as saying that there would be 'no problems' with water supply this summer as rainfall had been adequate in the winter. However, maybe someone can explain the situation that a lot of people in our area have been experiencing. We live between Silves and Algoz and for the past couple of months the water supply through the mains has fluctuated between just about adequate (very early morning), poor (during the day) and non-existent (in the evening). We have lived in this area for 6 years and have never had this problem before, even in the droughts of previous years when the Silves baragem was dangerously low.

As far as we are aware there has been no increase in the number of consumers in our area and enquiries at a local level have suggested that we are not the only ones affected, the problem being experienced in a large area, even as far as Algoz itself. We know that the farmers nearby and the developers at Amendeira are using water from their own boreholes so it is not they who are affecting the supply.

A call made by a local Portuguese property manager to Silves câmara resulted in some kind of explanation that water is not now actually distributed by them, but by another party, the name of which I do not know.

If this is so and 'they' have control of the water distribution, might I suggest that perhaps 'they' could well be diverting the water down to the coast where the population at this time of year is greatly increased especially in Armação de Pêra. If this

theory is correct then hopefully at the end of August we can look forward to returning to some kind of normality?

We are fortunate that we have a large 1000 litre tank which is filled by the mains and we can use that and at least 2 neighbours have boreholes, however, there are, apart from the occasional tourist, some Portuguese families close by who do not have that convenience and they are getting a bit fed up with the situation and quite rightly so.

Perhaps other readers in other places are experiencing the same problem and maybe someone can give us an answer to this?

JENNY COMPTON, By e-mail

### Cultural suicide

SIR, During my last stay in Portugal I followed in your newspaper the discussion about what has been happening in England (not in Scotland or Wales!) in the last decade. The arguments of all - sometimes very emotional - have, of course, to be respected.

I am a Portuguese/German citizen with a Jewish father and Roman-Catholic mother residing in Switzerland. With the exception of the fact that I have many English friends and I have been visiting England - until last year - periodically since the 60s, I do not depend on England or on English institutions in any way.

What I want to say is: I am not one of you, but one of the others who are looking at you. I think that the point of view of one of these others could bring new aspects into the discussion. Let me tell you what a friend of mine - a well-known Swiss political journalist - told me in a private conversation when we spoke about the cultural suicide the English people have been committing in the last decade and about the hundred thousands of disillusioned English citizens who are leaving their country forever. You probably know the Swiss are very cool and exact in their way of thinking and acting and that they see the problems in detail and are really specialists in analysing and evaluating long-term consequences.

Here is what my friend told me: "During history it always was one of the big strengths of England to be located on an island.

I think that in the not too distant future, Europe will be happy that England remains on that island. When I see what is happening in England nowadays and I think, for instance, of those millions of angry young men they have on their streets and in their industrial centres suddenly remembering one day that they are English, I am sure that they will be highly supported by those vast, silent numbers of the English population now being suppressed, intimidated and discriminated in their own country, who only want to remain what they were born as: English. In so far as I do not understand what happened to the political intelligence that this country has always demonstrated during its history."

Has anyone discussing the problem thought about this "small detail", or do they insist on sticking their heads in the sand and ignoring human nature? This is not a complicated political issue, it is only a technical question easy to understand: pressure produces counter-pressure - always!

Samuel Andrade, By e-mail

## Portuguese for all

Na lição de hoje vamos resolver um exercício de escolha múltipla para consolidação de conjunções e locuções. Até à próxima lição, Emília Rosendo.

**Exercise: Choose the linking word - a), b) or c) - which best completes each sentence below.**

1. \_\_\_\_\_ nós esperávamos a nossa vez na fila, uma senhora muito indelicada passou à nossa frente sem nos dizer nada.

a) Quando b) Enquanto c) Para que

2. O Miguel não sabe nadar, \_\_\_\_\_ quer aprender. Ele diz que tem muito medo.

a) nem b) contudo c) e

3. O meu carro está na oficina, \_\_\_\_\_ vou ter que andar a pé \_\_\_\_\_ de transportes públicos durante alguns dias.

a) porque...ou b) porque...e c) por isso...ou

4. Ele não foi para a cama tarde \_\_\_\_\_ estava cansado \_\_\_\_\_ tinha que se levantar muito cedo no dia seguinte.

a) mas...ou b) porque...e c) por isso...e

5. Ele era muito inteligente, \_\_\_\_\_ tinha péssimos resultados na escola.

a) por isso b) porque c) mas

6. Fechámos a porta \_\_\_\_\_ saímos.

a) e b) mas c) ou

7. Está muito calor, \_\_\_\_\_ não saio de casa.

a) porque b) e c) portanto

8. Vou-me embora agora, \_\_\_\_\_ precisem de mim.

a) a não ser que b) sempre que c) desde que

9. \_\_\_\_\_ os nossos tios e primos que viviam em Angola chegavam de férias, contavam-nos imensas histórias sobre África.

a) Quando b) Enquanto c) Até que

10. Os nossos vizinhos adquiriram um sofisticado sistema de vigilância \_\_\_\_\_ a casa deles não seja assaltada.

a) porque b) para que c) sem que

11. O concerto foi animado, \_\_\_\_\_ acabou demasiado tarde.

a) ou b) e c) contudo

12. O João fez ontem anos \_\_\_\_\_ a Maria também.

a) ou b) e c) mas



# Sericulture in Freixo de Espada à Cinta

Sericulture, silk production is an occupation that goes back to at least 3000BC with China the most likely country in which silk from the cocoon of the Silk Moth - *Bombyx mori* – was used, and many legends as to the origins are told. Japan is believed to have imported the eggs and mulberry trees from China in the third century BC.

Silkworms are believed to have arrived in Greece in about 550 having been carried there from China by Nestorian monks hidden in their walking sticks – staffs. Rome also received some by 565 and from these beginnings the silk production reached Turkey that became famous for its silk veils in particular. These three countries, Greece, Italy and Turkey were the first to begin this new culture in Europe, but rapidly sericulture spread throughout the continent, especially to France, Spain and Portugal.

Portugal has its only silk farm in a three storey building in the middle of the small town of Freixo de Espada à Cinta near the Douro river that borders Spain. Here nine ladies spend four months of the year looking after the livestock and the rest of the year working with the silk.

Beginning in late April or

May they transfer the previous years' silkworm eggs that have been kept in a clean, cool atmosphere, into incubators. These dark eggs the size of a pinhead are then kept under lights in a humidity of 85% with a temperature that does not exceed 25°C. In up to thirty days the two millimetre long caterpillars emerge. Within nine hours fresh, tender pieces of mulberry leaves are distributed very carefully into the incubator.

After a further eleven days they are moved on to large trays – approximately one metre by seventy-five centimetres – that are covered with white paper. Throughout their growing period numbers of the caterpillars are moved onto additional trays to reduce the risk of disease from overcrowding.

During the rapid growth period of the caterpillars it is estimated that they consume about 30,000 times their initial weight



During the rapid growth period of the silkworms, it is estimated that they consume about 30,000 times their initial weight in mulberry leaves and eventually weigh 10,000 times their emergence weight!

in mulberry leaves and eventually weigh 10,000 times their emergence weight! The Japanese black or white mulberry is the variety that is generally used and several can be seen within the town. The ladies collect eight, one metre high sacks of the leaves every other day and tip them out on

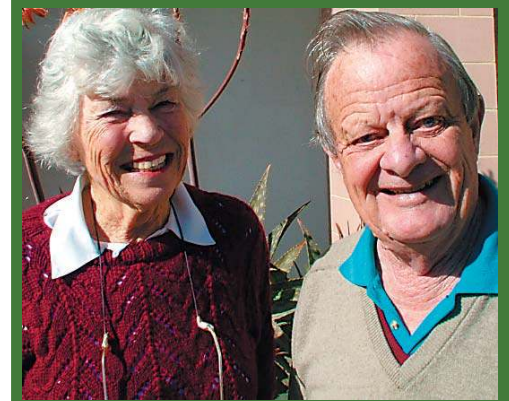
to a stone floor in a cool location to prevent them from heating. The caterpillars need to be fed three times a day and therefore they carefully remove them from the soiled leaves and put them on to fresh ones frequently. The trays are also cleaned regularly to remove the excreta that might otherwise damage the larvae as they are prone to disease.

During their lifetime of approximately thirty-five days they moult four times to permit

the body to expand, with the five stages between moults called an instar.

It is essential during this entire time that the temperature and humidity, the ventilation in the room and in particular the hygiene and food of these creatures is very carefully monitored so that they are not distressed in any way. During the fourth and fifth stages of their development the temperature must be kept between 22°C and 24°C with the humidity at 70% to 75% as the caterpillars become sensitive to the higher ones.

The fifth instar is when they eat voraciously for a time before ceasing to eat at all which indicates that this is the time when they are ready to pupate and the time to place dry branches of Rosemary or French Lavender



The Portugal News presents a fortnightly page entitled 'Luso File' with words and photography by Madge and John Measures.

The Measures have lived in Portugal since November 1968. During most of that time they have studied the natural history, handicrafts, traditions and many other aspects of the country in which they have made their home. For many years Madge and John have written about Portugal and for over twelve years lectured on all its facets. On a regular basis they will be sharing with our readers some of the fascinating and to many unknown, place and traditions they have researched.

on to the trays.

We held some of these beautiful insects at this stage. They are white with dark blackish bands and we were very surprised that they felt so very soft and silky, so unlike the feel of other species of caterpillars.

Initially the caterpillar rids its body of any impurities before enclosing itself within 800 to 1500 metres of silk that is produced from two glands in its head. This silk is forced out in liquid form through openings called spinnerets and solidifies

and the female lays between four and five hundred eggs that are kept until the following April when the cycle begins all over again.

To use the cocoons they are first placed in water and then brushed to find the end of the silk. The filaments are so fine that the ladies work in pairs as it is necessary to spin twenty-



The silk that is used in forming a cocoon is actually hardened silkworm saliva that has been secreted from a small spinneret on the silkworm's lip.

when it comes into contact with air. Within two or three days the caterpillar has completely enclosed itself in a very strong cocoon that retains a constant temperature.

After approximately a further fifteen days the caterpillar metamorphoses and changes into a moth. It then produces a fluid to dissolve the silk so that it can emerge from the cocoon. However this does damage the chrysalis causing the silk to be-

come much lower in quality, therefore only a proportion of the silkworms are allowed to live to become moths that will be used for reproduction. Cocoons that are not being used for the production of future stock are put in a high temperature in the sun to kill the insect, after which the cocoon is stored. Moths for reproduction are usually produced in July at the end of a very busy season rearing the caterpillars that has taken in the region of three months.

The resultant moth dies after a period of about three or four days during which time it does not eat. In its short life it mates

one strands together to form a single thread that is then formed into skeins that weigh ninety grams. On rustic looking looms the ladies make beautiful runners, the silk a shimmering golden hue.

Beginning in April the eggs have been hatched into caterpillars, these have been vigilantly

cared for over the next four months until they have pupated, then the emergence of the moth and the care of the eggs ready for the cycle to begin all over again the next year. The spinning of the silk and finally the weaving. As can be imagined after all the work that this ancient handicraft has taken to produce a wonderful, natural product the runners are sold in the region of €370 for one of about a metre in length and thirty centimetres wide.

Perhaps the translation of an Asian proverb sums up the responsibility and attention to detail that these nine ladies demonstrate throughout the year 'Patience and perseverance turn mulberry leaves into the silken robes of a Queen'!



Loom with skeins and weaving. Silk is stronger than other natural fibres and has long been used for the production of luxurious textiles of the finest quality.

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# Flying high on health



Anything that puts a dent in your vacation fun is best avoided, but it only takes some simple measures to wave plane-related health complaints goodbye.

From dry eyes and motion sickness to jet lag and deep vein thrombosis - our experts reveal how to cope with all those onboard health problems before you jet off on holiday.

Holidays are the last time you want to get sick, yet even the hardest of passengers can get off the plane at their destination feeling sniffly, bent out of shape, or worse.

Anything that puts a dent in your vacation fun is best avoided,

but it only takes some simple measures to wave plane-related health complaints goodbye.

So get the most out of your holiday with our jumbo tips for flying high and staying healthy.

## DVT

Deep Vein Thrombosis

(DVT) or 'economy class syndrome' is blood clotting caused by extended periods of immobility, like being crammed into a window seat on a long haul flight.

General symptoms include pain, swelling and discoloration in the legs, but clinical diagnosis can be tricky. Symptoms usually occur during the flight, but they may come on hours or even days later. In rare cases a pulmonary embolism can occur, if little bits of the clot make their way to the heart or lungs.

Any traveller can develop

DVT, but risk factors include age, recent surgery or disease, heart problems, pregnancy, smoking, obesity and varicose veins.

**BEAT IT:** Dehydration is a factor, so lay off the alcohol and make sure you keep your water intake up. Keep your legs moving - go for a brisk walk half an hour before the flight, and when you're in your seat, rotate your ankles, wiggle your toes, and point your feet every 30 minutes. Also make sure you get up to stretch your legs with a walk around the cabin or to the toilet. Special DVT socks and aspirin to thin the blood may also help.

## JETLAG

Jet lag is the temporary disruption of your body clock when crossing time zones - sleep patterns take time to adjust, normally about one day per time zone crossed. Jet lag sufferers may experience sleep disturbance, lack of appetite, nausea, constipation, tiredness and poor concentration.

**BEAT IT:** While there's a temptation to restrict sleep before departure to catch some zzzs on the plane, travelling when tired makes jet lag worse, so rest beforehand and aim to get maximum sleep on the plane. Stretch frequently, and cut down on the booze - hangovers can magnify jet lag symptoms.

Adopting the day/night schedules of your holiday spot as soon as possible (even on the plane) can help, as can arriving in daylight hours - sunlight naturally alerts the body and will help you stay awake, as will gentle exercise. And try to schedule a non-demanding first day at your destination. Even with precautions you may feel out of it after touching down.



Millions suffer from an anxiety about flying. It can come from one bad experience, such as a rough flight or from a news report about a plane crashes or terrorism.



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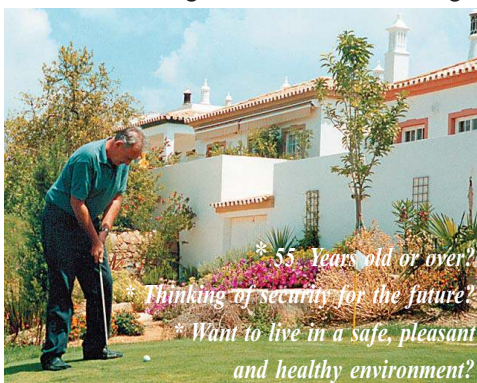


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## FEAR OF FLYING

About nine million Brits suffer an anxiety about flying. It can come from one bad experience, such as a rough flight or a news report about plane crashes or terrorism, or may be related to problems at home or work. Panic attacks are common (trembling, shortness of breath, heart palpitations, chest pain, sweating, hyperventilation), and may prevent people from flying altogether.

**BEAT IT:** Enrol in a course for fearful flyers. Most airlines run these, which typically explain how an aircraft functions and may include therapy sessions as well as a short test flight. Also talk to your GP about counselling or stress therapy options.

For nervy flyers already onboard, enrol the help of your travelling companion, who should reassure you about the safety of air travel - you're more likely to be injured on the roads than in the air. Try to distract yourself with in-flight entertainment, and tell the cabin crew before you take off. They may be able to help explain noises and sensations so you'll better understand what is going on.

## DRY EYES & SKIN

Aircraft cabins contain recirculated oxygen that's replenished from outside the plane, so at high altitudes there's very little

moisture in the air. On top of that, cabin crew sometimes turn up the heat on long haul flights so passengers fall asleep.

**BEAT IT:** Drink plenty of water. These days water bottles cannot be taken through airport security, so buy a bottle airside in the departure lounge and keep on sipping. Heavy duty moisturiser will keep skin from drying out. For a long haul flight, remove make-up after boarding and apply moisturiser to face, neck and hands every few hours. Eye drops may also help - apply whenever eyes begin to feel dry or itchy, especially if you're planning on reading or watching a film. Remember you can only take 100mls of any liquid onboard at the moment, unless you buy it once you've passed security.

## MOTION SICKNESS

Air sickness occurs when the body receives conflicting signals from the body (inner ear, eyes, muscles) affecting balance and equilibrium. Common symptoms include nausea, vomiting, vertigo, cold sweats, confusion, drowsiness, headache and fatigue.

**BEAT IT:** Ask to be seated in rows with the smoothest ride, usually over the wings. Sit facing forward while focusing on distant objects (clouds, buildings on the ground), rather than reading or looking at anything inside



Jet lag is the temporary disruption of your body clock when crossing time zones and sleep patterns take time to adjust.

the plane. Eating dry crackers or olives helps to dry out the mouth, lessening nausea - ginger is also an effective sickness remedy. Prescription and over-the-counter anti-motion sickness

medications are available and new natural products, like acupressure wristbands, may also help.

## MINOR MEDICAL PROBLEMS

### :: Coughs and colds

Air inside the cabin is recycled, which, together with everyone being crammed together in an enclosed space, can lead to cold and flu bugs spreading rapidly throughout the plane. Use antibacterial hand gel to help protect yourself from germs, and pack some cold and flu medication just in case.

### :: Air pressure

During take-off and landing, air pressure inside the body's cavities changes slightly, leading to that 'popping' sensation, which can cause earache or headache. Equalise pressure by pinching your nose shut and blowing gently down your nostrils. Yawning and chewing gum also help, and painkillers can help ease any earaches.

### :: Constipation

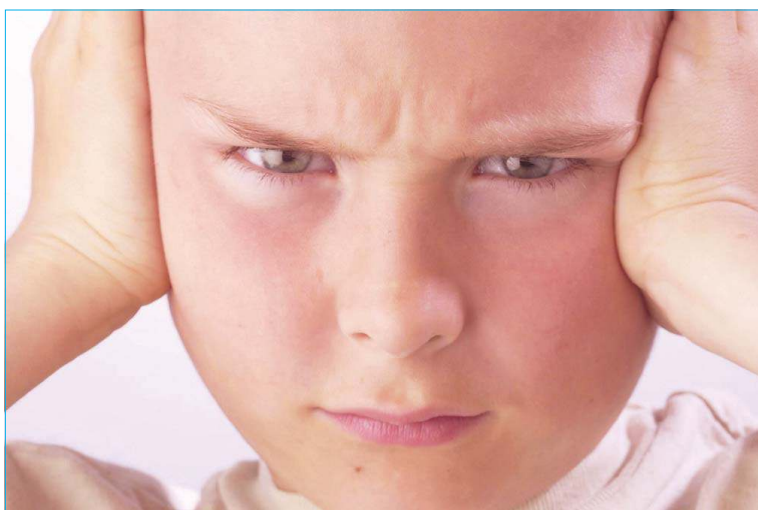
Airline food is notoriously stodgy, and combined with long periods of inactivity and the body clock confusion of jet lag, you



might not be keeping as regular as you'd like. Drink water and keep moving on the plane, and try to graze on salads and light meals rather than meat and carbs. Finally, a mild natural laxative taken when you arrive should ease symptoms.

Jo Walker

There are few things worse than having to look into an air sickness bag.



During take-off and landing, air pressure inside the body's cavities changes slightly, leading to that 'popping' sensation, which can cause earache or headache.

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# Amazing contrasts of The Cape

It was the perfect picnic: a groaning hamper of mouthwatering food, lashings of lovely wine, lively conversation and a view of lush vineyards and mountains shimmering in the sparkling sunshine. We were sitting at a long table in the dappled shade of majestic oak trees, drinking wine that had been produced from the vines surrounding us. Life does not get much better than this.

The Delaire Winery, owned by millionaire jeweller Laurence Graff, was a stop on the road taking us from the beautiful city of Cape Town to the pretty-as-a-picture town of Franschhoek, at the gateway to South Africa's winelands.

As we chilled out, sipping glasses of suitably cold unoaked chardonnay, we had a chance to reflect on a remarkable start to a holiday in one of the most beautiful places on earth.

The tour provided by operator Headwater had promised us

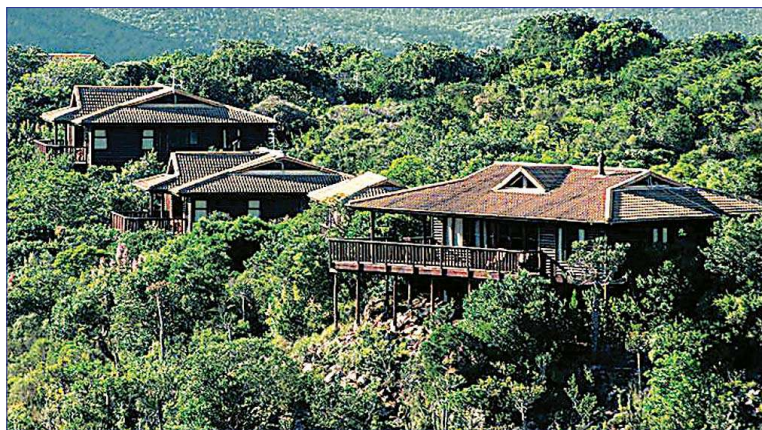
Contrasts of the Cape and it had not disappointed.

South Africa is a country of astonishing natural beauty, and awful man-made squalor. It is a place of hope and one of despair. It is a country where the First World is in collision with the Third World and where a new nation is trying to create a future for itself after the evils of apartheid.

If you are visiting such a fascinating country you need to be able to put everything you see in context. We were lucky - our tour

guide, Louis Willemse, was determined that we would do more than just sightseeing. He wanted us to understand the natural forces that have shaped his beautiful country and also to learn about the historical, political and social forces that helped form modern South Africa.

I am wary of conducted tours. I like to see places in my own time and in my own way. But this was a different kind of tour: without a guide our party of 16 would never have gained such a fascinating insight into the country.



endless fascination. The giant flat-topped mountain is visible across the city and changes its character at different times of the day.

One night we watched as a 'tablecloth' of cloud spilled over the slopes of the mountain: a spectacular waterfall of vapour, which evaporated once it reached the warmer lower levels. An unforgettable sight.

We travelled to the top of Table Mountain by the cable car, which rotates to provide a superb view. The tour itinerary promised gentle walking, so our party struck off, away from the crowds in the tourist area, to trek across the mountain, enjoying a little

solitude and some breathtaking views.

In one direction there was Robben Island, where Nelson Mandela was imprisoned during the evil days of the old regime; in the other the Cape of Good Hope, at the very tip of the continent.

We were to travel to the Cape, a beautiful place with rocky cliffs, soaring birds of prey and sparkling white beaches. Head south from here and the next land mass would be Antarctica; somewhere out to sea the Atlantic and Indian Oceans meet. A truly amazing place.

As we drove along one of the roads that cling to the coast we

passed an ostrich, strutting purposefully towards the Cape, and a family of baboons playing in the sunshine. Next stop was a colony of African penguins, who decided they would make one of the local beaches their home more than 20 years ago and now gorge themselves on the teeming shoals of fish in the ocean, oblivious to the delighted squeals of visiting tourists.

Cape Town is a place where your spending money goes a long way. Eating in a superb restaurant brings a bill less than half what you would expect to receive in a similar UK establishment. No wonder the country is a favourite for expatriate Britons looking



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We had all left behind a grim British winter and after an 11-hour night flight we landed at the height of the South African summer. The pleasant but not oppressive warmth - you can understand why Brits love this place - and the friendly welcome made up for a pretty uncomfortable flight.

The short journey into Cape Town provided the first of those promised contrasts. As we sped along a highway that would have seemed modern in the UK we spotted a verdant golf course on one side of the road. On the other - literally just a few yards away - was a sprawling shanty town, whose inhabitants had travelled to the big city in the hope of finding a better life for their families.

Our hotel was in the trendy redeveloped Victoria and Alfred docks, a great spot for tourists and, like all spots in Cape Town, dominated by Table Mountain - one of the great wonders of the natural world and a source of

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We left Cape Town behind and headed into the winelands, taking in that picnic on the way. Then to Franschhoek, a beautiful historic town now adjusting to life in the newly liberated South Africa.

Thanks to Louis we were able to descend on the family of a local farmer and eat a superb meal on a verandah offering an unbelievably beautiful view, while learning a little more about life in the new country.

Later, there was an opportunity to eat ostrich (rather chewy) and springbok (meltingly gorgeous) and to look at the constel-

lation of the Southern Cross in a velvety black night sky.

The tour went on for another week across the vast Cape to Port Elizabeth, taking in wildlife and more walking but for me the trip was coming to an end as I had to return to London early - with a very heavy heart.

Before I left, I visited a Belgian chocolate shop set up in the centre of Franschhoek by local black guys under an empowerment scheme. All anxious to take their first steps in running a business, they are looked on as role models for others in the community. It was beautiful chocolate and another little beacon of hope in a



Pictured above: The bay between Plettenburg & Keurboomsstrand, Western Cape, South Africa; and left: Knysna Head from one of the many caves along the Garden Route, Western Cape; A colony of Cape Penguins at Boulder Bay, Garden Route; below: Victoria & Alfred Waterfront, Western Cape; Opposite page - top: Cape Town at night, with Table Mountain taken from Milnerton Lagoon, Western Cape; middle: Kariaga Game Reserve; bottom: Rotair, Table Mountain, Western Cape. (All photos: Press Association)



very beautiful country.

#### TRAVEL FACTS

Jonathan Grun was a guest of Headwater Holidays, which offers 12-night Contrasts of the Cape guided tours from £2,449/£3,627, including 12 nights' B&B accommodation in four-star hotels, four lunches and eight evening meals, return flights with South African Airways (Heathrow-Cape Town and back from Port Elizabeth, via Johannesburg), and fully guided programme including two-day safari in the Kariaga Game Reserve.

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Jonathan Grun



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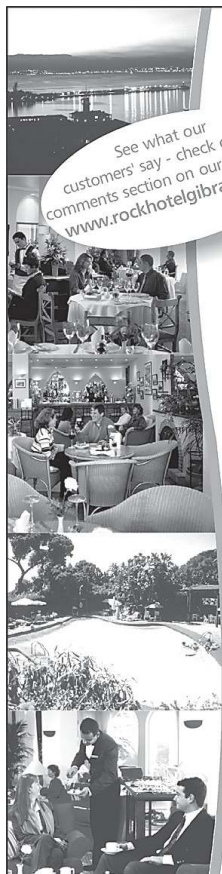
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# Dating in style



You have about 10 seconds to make a first impression, so what you wear on that first date is crucial to how you come across initially to your date. (Photo: Press Association)

Playing the dating game? Find out how to act, what to wear and magic make-up tricks. Celebrity experts reveal the best ways to ace your next date.

Most women deal with pre-dating rituals in two different ways. There are those who while away the hours preening and picking out hundreds of potential outfits, and others who get ready in a flash and wait for date-time by indulging in a Dutch courage or two to calm the nerves. The run-up to meeting your potential love match can be more nerve-wracking than the date itself. But tottering in super-high heels or swaggering from mild drunkenness is never going to make the best first impression.

Looking and feeling your best can make all the difference in whether you sink or swim on your date. Most of us are said to date between three and four people before we meet Mr Right, according to Lycos research, so there's

plenty of time to perfect our date preparation before we meet our match.

Luckily, dating SOS is on hand from Disaronno's Style Squad ([www.mysinglefriend.com/disaronno](http://www.mysinglefriend.com/disaronno)). Nicky Hambleton-Jones, Gary Cockerill and Nick Ede are three celebrity experts advising women on how to look their best ahead of a date. If you're in the dating game, they'll show you how to put your opposition to shame.

## Dress to impress

Dressing inappropriately can spell date disaster. He has it easy - a pair of trousers, snazzy shoes and a shirt and he's away - but women have so many more wardrobe options.

"What you wear can really affect how you feel about yourself on a date," says 10 Years Younger's Nicky Hambleton-Jones.

"If you're wearing an outfit that makes you feel dowdy, fat, awk-

ward or a bit too tarty, you're not going to be feeling your best.

"You have about 10 seconds to make a first impression, so what you wear on that first date is crucial to how you come across initially to your date. It's all about confidence. If you're feeling good in your clothes, you can relax and be yourself."

If you've met a man who makes you swoon, don't be tempted to go all-out and buy a brand new wardrobe especially for the big date. "The main thing is to be yourself on that first date," Nicky advises. "Don't make a huge departure from what you would normally wear, or go for things that you think he will like if it's not really you. If he likes tight clothes but you like boho chic, be yourself or he'll get the wrong impression of you."

And Nicky's top tip for a can't-go-wrong staple? Our denim favourites. "A pair of jeans is a great thing to wear," she says. "Do stylish jeans and you're never going to be underdressed or overdressed."

## Make-up matters

When it comes to make-up, steer clear of the 'trowel application' effect. If your look resembles anything like Jodie Marsh's, you've gone way overboard.

Gary Cockerill, celebrity make-up artist, says: "Women can often make the mistake of putting too much make-up on for a date. Cosmetics shouldn't be used as something to hide behind."

He has these make-up recommendations for a daytime or nighttime date:

## Day date

"You're going to be in daylight at some stage, so less is more - you don't want to scare that person off," Gary says. "To achieve the natural look is quite easy. When it's summer, all you need is a bit of tinted moisturiser, shimmer on the eyelids, mascara, rosy cream on the cheeks and some sexy gloss on the lips. Keep it quite nude, with maybe a hint of gold, which is very in this season."

## Evening glamour

"You can really go for it with a night-time look but never overdo it on the foundation front," Gary warns. "Wear a foundation with light-reflecting ingredients that gives you a nice sheen to the skin. Enhance that with some bronzer or blush on the cheeks. "Go for something sexy or dramatic on the eyes with brown, taupe or grey tones, or if you're feeling really experimental go for a dark plum or black for a really smoky eye."

But if you're trying out a brand new look, never make the mistake of practising a new make-up routine a few minutes before he's due to ring the doorbell. "If you're experimenting with a new look, try and have a practice run before," Gary says. "Men do notice the little details too. Make sure that your eyebrows are groomed and your nails are painted or manicured."

## Cool, calm and collected

So your ensemble is all sorted, but if you're a quivering bag of nerves, you're going to ruin your dating diva look. "People put a lot of pressure on themselves before a date - about the way they look and feel - because they want a date to work," says celebrity lifestyle guru, Nick Ede.

You can't do much about your date's behaviour, but you can ensure that you're feeling on top form to enjoy your romantic rendezvous. Nick says: "People should look at their best personality traits. Think about all your positive points and what's great about you. A date is like a CV or a job interview in a way and you need to impress and give off your best side."

And even those awkward silences can be a thing of the past with a little preparation. "Ensure you show an interest in the other person and ask them questions," Nick advises. "There's always those awkward pauses when you don't know somebody, so always have something generic to talk about, even if it's just the latest movie that's coming out."

Lisa Haynes

## Top dating tips

Nick has these top tips on how to win over your date:

### Before

- Always have a shower before your date. It calms you down, takes away the stress and strain of the day and clears your mind. Arriving straight from work can

leave you feeling a little flustered and unprepared.

- It's okay to have a drink or two with friends before a date - but don't drink too much or drink on your own.

### During

- Never talk about your ex-boyfriend or a dwell on a past date.
- Always look interested even

if you're not. There's a fine line between looking cool and looking disinterested and bored.

### After

- The old rule of waiting three days to call them is out of the window. If you've enjoyed your date, let them know and thank them for the date.
- If you want to see them again, send them a text, saying 'hope to

see you soon' and leave it open.

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## Ask the expert

**My husband and I work long hours, and try to make up for it by spending some of the money we earn on presents for the kids. Is there anything wrong with that?**

Cary Cooper, professor of organisational psychology and health at Lancaster University, says: "If parents don't spend enough time with their kids, the kids aren't getting the support they need - their parents haven't got time to listen to them and their problems. Instead, they throw money at them because they feel so guilty. If that's the case, the kids aren't going to

learn what's important in life.

"What they really need is more of their parents' quality time. Long hours can raise stress levels and make you tired, and parents are often not as able to be amenable to their kids as a result.

"The long hours culture can drive a parent further and further away from their child, and in some cases that can lead to children developing a new family

with their peer group, which can sometimes lead to different forms of anti-social behaviour.

"Because parents work such long hours, they give their kids everything they want, to assuage their guilt - a sort of psychological recompense.

"Parents need to adopt more flexible working hours. Work hard and smart, but have family time at the end of the day."

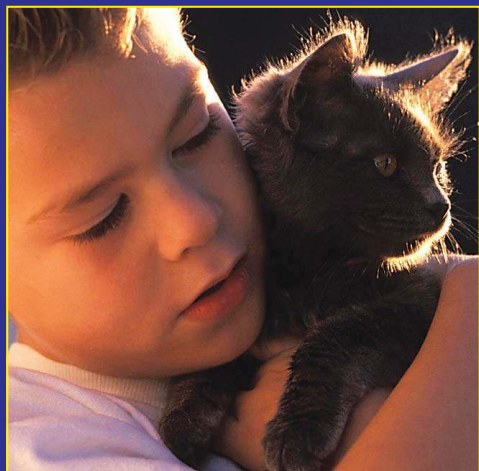


PHOTO: Press Association)

## Three ways to

... help a child deal with the death of a pet

1. Talk to the child about the animal's death honestly, that it won't wake up again.
2. Hold a ceremony for the pet, sing songs and talk about the animal.
3. Encourage your child to do some drawings of their pet, and write poems or stories about it.



When the family pet dies, it may be your child's first experience of death and bereavement. Remember, children respect straightforward, truthful answers and will eventually accept a pet's death if prepared properly. (PHOTO: Press Association)

## Harry's magic at school

New research shows that 85% of seven to 10-year-olds think JK Rowling's bespectacled boy wizard has 'made glasses cooler', with boys finding him more inspirational than girls.

Dr Susan Blakeney, optometric adviser to the college, says: "Our research confirms a change that's been quietly taking place for years - while in the past wearing glasses may have made you a source of amusement for playground bullies, with Harry Potter books at the forefront of popu-

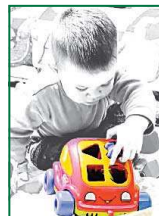
lar culture, children can now wear their glasses with pride."

Blakeney urges parents to take their children for regular eye examinations, especially if they have any concerns about their children's vision.

**Warning signs of potential eyesight problems may include:**

- A child's eye appearing to turn in or out (more noticeable when tired).
- Rubbing eyes often, or shutting one eye frequently.
- A child not progressing as expected at school.

### CHILD / BABY SITTER

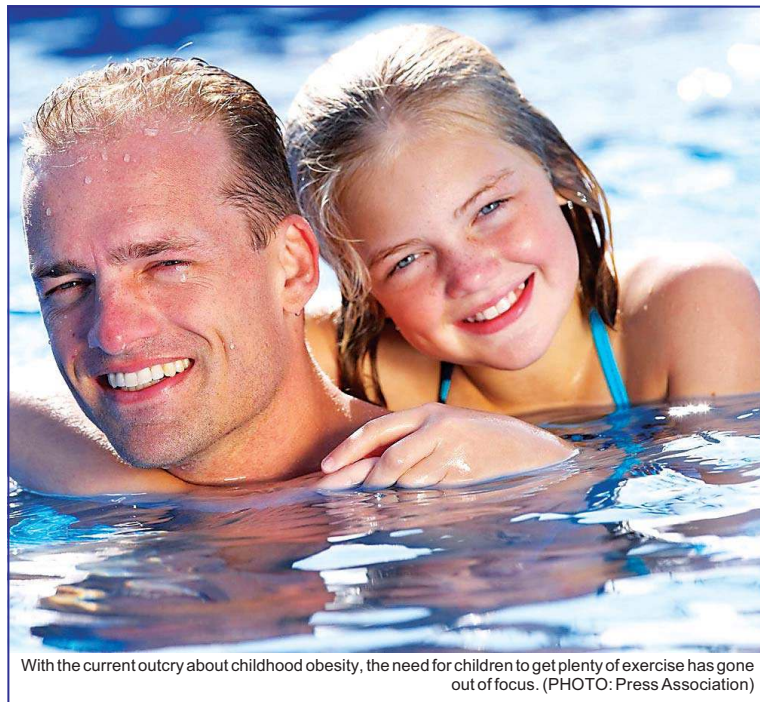


English Mummy with four year old available to look after your children for a well earned night out or after school. Your house or ours. **SAFE FUN GUARANTEED!** First Aider, References available, Portimão/Lagoa/Alvor.

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# Get your children fit

Dame Kelly Holmes, double Olympic gold medallist, has made it her mission to help children get fit, by encouraging parents to become more involved in their children's health and fitness.



With the current outcry about childhood obesity, the need for children to get plenty of exercise has gone out of focus. (PHOTO: Press Association)

The book, *Get Your Kids Fit*, is Holmes' attempt to show parents that it's their responsibility to get their kids fit - and there are fun ways to do it.

Holmes says: "I've seen that there's a gap between school and home life in terms of sport and fitness. PE in schools has got a lot better, but the gap is when a child goes home and the parent doesn't know how to encourage them to get fitter.

"Parents are their children's

role models, and it shouldn't just be the schools that get children fit. Parents have a responsibility to encourage their kids."

The book includes games that both parents and children can play, ranging from Cops and Robbers to Human Skittles, and discusses activities including swimming, a mini-assault course, and walking and cycling to school. The aim is that as well as getting fit, kids will have fun - instead of just sitting in front of a computer in their spare time.

"If your kids are more active and get involved in sport, outdoor activities or dance they'll have more fun - childhood shouldn't be all about sitting in front of a TV," Holmes says.

There's also advice in the book on what exercise children should be doing at each age between four and 11, activity sheets so parents and children can monitor progress, and nutritional advice.

Holmes says part of the motivation to write the book came from the fact that her parents supported her love for sport when she was very young, and took her to an athletics club after her PE teacher spotted her talent at the age of 12. "I've

grown up with sport being my life, starting at a very early age. I was given the opportunity to find something I really liked in sport, and create a dream of mine."

Holmes insists that there is a huge amount of young talent that needs nurturing now, and that participation in a wide variety of activities is the key to maximising the chances at future Olympics.

But she warns: "This isn't about creating the Olympic champion that I wanted to be. It's about giving kids confidence and self-esteem, learning about teamwork and making new friends, as well as things like improving strength and coordination. Sport can give you all these things."

She adds: "Having a balanced lifestyle is so important, and I'm trying to give parents the information they need to make that possible for their children. It's about being the best you can be, and sport can give you so many elements that you need to be the best."

*Get Your Kids Fit: The Parents' Guide To Healthy, Happy, Active Kids*, by Dame Kelly Holmes, is published by Virgin Books, priced £14 / €20.78.

Lisa Salmon

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## Hydro Concept Spas, relax the Kiwi way



No home in New Zealand is complete without a spa pool. New Zealanders believe that, due to the spa's numerous health benefits, everyone should be able to afford to buy and run a spa pool. And it is with this in mind that Hydro Concept Spas manufactures and retails its products, offering the very best in home relaxation pools, at the most affordable prices.

Compared to its American counter-parts, Hydro Concept's New Zealand spas are significantly more cost-efficient to run. This is mainly due to the intelligent positioning of the water jets, which are situated in key points to offer an incredible massage where it matters, at the same time reducing energy expenditure and running costs.

All of the spas are fitted in beautiful cedar cabinets with access panels for servicing.

It is recommended that, to prevent the cabinets from aging, the wood should be sanded and stained once a year.

Multi-coloured, energy-saving LED lights are fitted within the spa to create and stimulate moods, and all spas are available in three different colours, blue, black and green, in two different finishes, Marble or Quarite.

There are six models comprising the Hydro Concept Spa range, varying from a four to a seven-person tub. Any home can have a spa, all that is required is a flat, hard-standing concrete or paved area, a designated 16 or 20 amp electrical supply with an isolator, and a hosepipe.

Water is kept warm due to a layer of 50mm-thick foam insulation, and the running costs range between €0.45 and €1.50 per day,

depending on the model of spa and the amount of use.

Designed to suit the contours of the human body, the rounded seats are extremely comfortable and are not all of the same height, accommodating all shapes and sizes.

The health benefits and advantages of a relaxing spa are well documented, namely for relieving aches and pains and stimulating blood circulation.

Hot water dilates blood vessels, which increases the flow of oxygen-enriched blood to muscles and joints so aches and pains will fade and leave a feeling of thorough relaxation. Spas also help with arthritis, bursitis, rheumatism, back pain, herniated disk, muscle spasms, soft tissue injury, fibromyalgia, and many other

forms of injury.

A hardwearing UV-treated thermal cover made of 60mm-thick hard foam with a galvanised steel spine is included with all spas.

Hydro Concept Spas is a recent arrival on the Portuguese market, after years of successful business in the UK. It is one of few companies on the Iberian Peninsula to specialise in New Zealand spas.

For more information, contact Hydro Concept Spas on: (+351) 282 380 338, mobile: 914 622 543, UK numbers (+44) 116 251 6226, mobile: (+44) 0796 772 8381, or e-mail: hcspsas@hotmail.co.uk / info@hcspsas.co.uk.

Alternatively, make an appointment to visit HC Spas new warehouse outlet, in Odiáxere (nr. Lagos) next to AIM, where a vast range of stock can be seen.



## Hidden hazards of a swimming pool



Now summer is here most of us will use a swimming pool at some point in the near future, whether it is our own, a friend's, or at a hotel. But recent surveys have shown that despite their sparkling, crystalline appearance, a large percentage of pools are in fact health traps that could ruin what should be a carefree summer by causing serious illnesses.

So what are the options?

Pools are generally treated by one of three methods: chlorine, salt, or a more recent introduction, ionisation. Whilst chlorine remains the most commonplace and cost-effective way to treat a pool, is it the wisest choice?

According to those in the know, the answer is no.

A recent report in the Daily Mail revealed how poorly treated pools might contain up to 30 different types of bugs and bacteria, most of which could prove seriously harmful. Based on a survey by 'Which?' magazine that tested water in 80 pools in Majorca and Corfu, the results showed how just two pools achieved the highest standards of cleanliness, and only 13 were considered 'satisfactory'.

So what is the best option?

Experts guarantee the safest way of treating water is through ionisation, either liquid or mechanical.

Ionisation is a 100 per cent natural, environmentally friendly way to sanitise pools, dispensing the need for chemicals. Based on ionic copper, silver, zinc, aluminium and gold components, the microscopic action of natural mineral ions on algae and bacteria are twofold.

Firstly, the algae and bacteria in the water are destroyed through a change in enzyme processes as the ions break down their DNA structures and

cell walls. Secondly, all of the charged particles flock together so they can be trapped via a filter system and removed in their entirety from water.

Significantly lower in toxicity than conventionally treated water, if ionised water is swallowed it is not harmful; it will not sting eyes, irritate skin, cause infections or bleach hair. It is odourless and chlorine-free, though its effects last up to three times longer than chlorine, as well as preventing the scaling of pipes, and overall produces physically softer water.

Municipal pools and other public or private swimming areas increasingly favour ionisation due to its many benefits and advantages.

Rumoured law changes regarding public health and safety are believed to be bringing the end of chlorine water treatments, as well as the use of chlorine derivatives for sanitation, which will eventually be banned in the likes of restaurants and hotels.

Another change favoured for the near future that is hoped to further endorse safe swimming is the creation of a central registry for pool maintenance companies, which will act as a watchdog to ensure all pool professionals are fully qualified and up to date with health and safety rules. In return they will gain welcome backing as clients gain extra peace of mind.

The transition from chlorine or salt treatment to ionisation is a simple and effortless one, and is one that ensures you continue to enjoy your pool to the max, swimming in pure, chemical-free water.

Even so only a small number of companies have adhered to ionisation.

Earlier this year leading Algarve-based property-care company HOME introduced a revolutionary new product – Poolsan – a liquid-form of ionisation exclusively available through the company on the Portuguese market.

Pool specialists Pools & Things also fully endorse ionisation, and were amongst the first to introduce ionisation pool equipment, which curiously was originally developed by NASA to treat drinking water on spacecraft.

Contact either of these companies for more information on ionisation, or to be re-directed to an agent or specialist near you. Contact HOME on: (+351) 282 353 022, 282 353 403, fax: 282 353 934, e-mail: comerial@home-pt.com, or visit website www.home-pt.com. Alternatively, visit their warehouse outside Lagoa opposite Mestre Maco, or for more information on Poolsan, see website: www.poolsanuk.com.

Contact eastern-Algarve based 'Pools & Things' (formerly known as Dunn & Rance) on: (+351) 289 798 016, 965 688 018, 965 308 404, or see website: www.poolsandthings.eu.

## The laws of rigour, persistence and availability



In this day and age it is evermore evident that a good lawyer is a useful thing to have at hand, particularly when living in a foreign country. Dr. Oliveira Trindade, who has been practicing law for over ten years, has built his well-respected career on three simple principles: rigour, persistence and availability.

His Lagoa office shelves are laden with hundreds of books that he has purchased over the years, having read each one from cover to cover. More books constantly arrive; Dr. Oliveira's way of making sure he is always abreast of any law changes.

It may come as a surprise to many to learn that laws change every day, so it is vital that any practising lawyer keeps ahead of the game.

Youthful and approachable, Dr. Oliveira strives to keep clients informed of all developments in their cases, using simple, layman terms to ensure they are fully aware and understand all procedures involved.

His services cover all aspects of legal intervention, from establishing new businesses and taking up residency, to all phases of purchasing and selling property, commercial and civil cases, workers and social rights, and advice regarding any legal matters.

He particularly enjoys offering fiscal-related advice, working out investment and re-investment plans with clients to make the most of their money, as well as advising foreign investment projects and encouraging new products.

However, it is in the courtroom that he really comes into his own.

"If I was in the USA I would be what they call a 'litigator'", he explains. "Not one to back down in the face of a challenge or be phased by a complex situation, Dr. Oliveira is relentless when searching for less obvious alternatives."

"There is always a way to resolve a situation", he says, "even when it seems like there isn't. I am not happy and won't give up until I have found an answer or an alternative."

Dr. Oliveira Trindade was

born and raised in the Algarve. In the 1990's he moved to Portugal's vibrant capital, Lisbon, where he worked with a number of large, national corporations. He became a fully qualified lawyer in 1997, joining the bar in 1998.

Following this Dr. Oliveira moved back to the Algarve, becoming a partner in one of the region's leading law firms for nearly a decade, before taking up the challenge of going solo.

"It allows me to offer a more personalised approach", he says, "It is like going 'back to basics'. I can give clients quality time and the attention they need".

When he is not working, you will probably find Dr. Oliveira on his mountain bike or around

animals, both of which he loves, almost as much as "making sure justice is done".

"If I have to work weekends or nights or holidays I will" he says, "The most important thing is to obtain justice".

Working tirelessly to find a solution that best suits the client's needs is another principal that underlines his services, as well as sustaining them with solid arguments and documented theories, the results of his experience, and a career carved from zeal and rigourousness.

For more information contact Dr. Oliveira Trindade's office on: (+351) 282 353 011, based in Lagoa, on Rua da Liberdade, no. 59, or e-mail: oliveira.trindade@adv.ao.pt.



Dr. Oliveira Trindade.

## Coelho Correia Sociedade Real Estate



Located in Lagoa is Coelho Correia Sociedade Real Estate, a small, family-run real estate business that offers a vast portfolio of properties in and around Lagoa, including popular property hotspot Carvoeiro, historic Silves, and others from Messines to Monchique.

Real estate on offer includes plots (with or without approved projects), ruins for renovation, farmhouses, villas, new builds, and apartments.

Established by José Coelho and Irene Correia, both of whom have considerable experience in real estate, the company also works in collaboration with a network of local professionals of other areas, such as lawyers, architects and contractors.

This allows Coelho Correia to offer a personalised, customer-orientated service, backed-up by the expertise of complementing professionals, to ensure the entire process is as straightforward and as stress-free as possible.

Legal advice and orientation is available, and each transaction

will be closely followed from day one.

José Coelho particularly enjoys getting to know the client by having informal chats, to discuss what exactly it is that the client is looking for, to fully understand what would best suit the client's needs.

"We are not just selling a product", he says, "We are helping client's to achieve their dreams. It is essential that the client is completely satisfied".

Founded in 1999, Coelho Correia Sociedade Real Estate is solidly established in a versatile market that is ever changing and ever more aggressive.

Aware of the complexities that buying and selling properties can entail, Coelho Correia make sure that each transaction

is as clear and concise as possible, always keeping clients up to date and well informed. This has resulted in an excellent feedback from clients, both past and present, many of whom have become firm friends.

Fully registered with APEMIP and IMOPPI, their portfolio offers properties to suit all budgets, and they are always on the look out for new properties. To find out more, contact Coelho Correia Sociedade Real Estate on: (+351) 282 343 326, 964 426 340, 964 097 611, or e-mail: jose.coelho@coelho-correia.com / irene.correia@coelho-correia.com.

Also see their website: www.coelho-correia.com, and see this week's 'property of the week', on page 27.



# PROPERTY

An 11 page weekly guide to the latest and the best properties on the market in Portugal • The Portugal News • 4 Aug 2007

## PROPERTY OF THE WEEK

### A luxury villa in a sought-after location



Carveiro's Presa da Moura is one of the region's newest and most sought-after neighbourhoods. Situated in the Sésarias area, it is within walking distance of the Pestana golf course, a handful of local bars and restaurants, and is a few minutes drive to Carveiro or Lagoa. Portimão and Ferragudo, and a number of popular beaches are also within a 10 – 15 minute drive.

Comprising four en-suite bedrooms, this recently-built villa also has large living areas, manicured, low-maintenance gardens, and a first-class kitchen. It is situated within an attractive residential neighbourhood that is well kept and peaceful.

Through automatic gates a wide cobblestone drive provides parking for at least half a dozen vehicles. A double set of solid wood doors flanked by a pair of columns makes for a grand main entrance, beyond which is a large entrance hall that has an elegant polished-stone floor with contrasting inlaid detail.

Straight ahead from the entrance hall is a large lounge area. It has a semi-hexagonal front with

three sets of patio doors that let in plenty of light, and overlook the pool and garden, there is also a modern, electric flame-imitation fire.

Through from the lounge is a spacious dining room and open plan kitchen, the two areas being divided by a large, freestanding cooking island. Slate-imitation floor tiles complement the modern kitchen, which is equipped with grey-fronted cupboards, fully integrated top-of-the-range appliances, and solid, black granite worktops for an overall streamline affect.

A back door from the kitchen opens onto a pergola-covered side patio, which could be used as a carport should covered parking be

required. The kitchen further comprises a separate laundry and storage room.

From the kitchen a hall leads back to the main entrance, as well as to a guest WC and a fitted linen closet.

Left from the main entrance are two of the four bedrooms, both en-suite and of good sizes, both having fitted wardrobes, one having a set of patio doors, the other having a window.

To the right of the main entrance is a solid stone staircase that climbs to the first floor.

On the first floor are the remaining two bedrooms, one of which is the master suite.

Both bedrooms share an expansive terrace that boasts stunning, front-line sea views.

The master bedroom com-



prises a spacious sleeping area, a roomy walk-in closet, and a chic en-suite bathroom with two basins and a double size, glass-fronted walk-in shower.

Making up the beautiful gardens are various, miniature lawned areas, fabulous flowerbeds, a good size heated pool and a waterfall and pond feature that is surrounded by exotic shrubs, giving a tropical feel.

Automatic irrigation makes the gardens low-maintenance and easy to tend.

Throughout the property there is central heating, air-conditioning, underfloor heating in the bathrooms, and double glazing, with mosquito nets on all windows.

The plot size is of 1,260 square metres, and the price is €975,000.00. To be sold unfur-

nished.

For more information, contact Coelho Correia Sociedade Real Estate on: (+351) 282 343 326, 964 426 340, 964 097 611, or e-mail: jose.coelho@coelho-correia.com/irene.correia@coelho-correia.com. Alternatively, see website: www.coelho-correia.com, or see this week's 'Trading Places' on page 26.



### Need extra living space? - A wooden home from Danecasa is the complete answer



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- Golf Rights
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€1,400,000



#### Parque da Floresta

- 2 Bedroom, 2 Bathroom
- Open Living/Dining Room
- Roof Terrace
- Golf Course Views
- Golf Rights
- Communal Swimming Pool

€415,000



#### Parque da Floresta

- Fractional Freehold
- 3 Bedroom, 2 Bathroom
- Open Living/Dining Room
- Superb Views
- Golf Rights
- Communal Swimming Pool

€132,000 Quarter Share



#### Parque da Floresta

- Fractional Freehold
- 3 Bedroom, 2 Bathroom
- Air Conditioning
- Beautiful Views
- Golf Rights
- Communal Swimming Pool

€152,250 Quarter Share

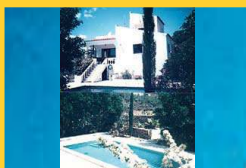


#### Parque da Floresta

- Fractional Freehold
- 3 Bedroom, 2 Bathroom
- Open Living/Dining Room
- Games Room
- Golf Rights
- Garden and Heated Pool

€105,500 Twelfth Share

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#### Neighb. Estorninhos/Tavira

Lovely 4 bedroom, 3 bathroom villa in need of little upgrading, w/ beautiful, sheltered sw. pool & attractive terrace areas, on plot of land of 960m² w/ nice views of the sea & countryside, 8 kms north from beach & golf-course, 15 mins drive to Tavira.

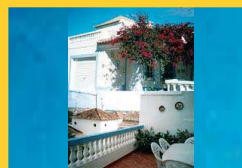
Ref:EA011VEST Price:€279.000



#### Conceição de Tavira

Spacious 2 bedroom apartment built in 1996 situated on the top (2<sup>nd</sup>) floor, in the centre of Conceição a few metres from commerce, restaurants, public transport and Benamor golf-course. 1.5 kms to Cabanas with its lovely lagoon and beach.

Ref:EA012ACON Price:€109.000



#### Townhouse - Tavira

Very nicely situated in a residential area, within walking distance to the charming town of Tavira this 2 bedroom, 2 bathroom townhouse with garage was built in 1999 and has a total area of 104.00 m2 with 2 large terraces.

Ref:EA013TTAV Price:€170.000



#### Neighbourhood S.Brás Alportel

3 bedroom villa built 1989 w/ garage & sw.pool w/ spacious surrounding terrace & lovely countryside views on plot of 810m² w/ lovely lawn & palm trees within charming urbanization, 5 mins drive to S.Brás Alportel & 20mins from Tavira, beaches & various golf courses.

Ref:EA014VSB Price: €298.000



#### Duplex - Cabanas / Tavira

2 bedroom, 2 bathroom Duplex w/ stunning views of lagoon & beach, part of attractive holiday complex w/ access to 2 outdoor & 1 indoor sw.pool, walking distance to Cabanas lagoon/beach. Duplex w possibility of being 2 1-bed apts.

Ref:EA015DCAB Price:€275.000

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#### Pinheiros de Marim (Olhão)

New house situated in a calm urbanization. Composed of R/C with hall, common room with fireplace, bathroom, kitchen, BBQ and garage; and in 1<sup>st</sup> floor: 3 bedrooms, bathroom and storeroom.

Ref: 1698 Price: € 239.000



#### Fuseta (Olhão)

Apartment in a calm building. Excellent conditions: elevator and sight for the sea and saws. Composed for living room with balcony, 2 bedrooms, store-room and kitchen.

Ref: 1686 Price: € 135.000



#### Bias do Sul (Olhão)

Magnificent Quinta w/ high tourist potential. Surrounded by 12.000m2 land & 549 m2 building area. Offers lakes, horse stables, 2 pools & gardens. Consists of 4 apartments and a main house. Close to nature park Ria Formosa, golf course and beaches.

Ref: 1688 Price: € 1.200.000



#### Fuseta (Olhão)

New house situated in a calm zone. Ground floor: large kitchen, living room with fireplace and AC, bathroom and spacious garage. 1<sup>st</sup> floor: 3 bedrooms, bathroom, terrace with Sight Sea. 2<sup>nd</sup> floor: office and terrace with Sight Sea and mountain range.

Ref: 1687 Price: € 270.000



#### Desbarato (S.Brás Alportel)

Old country cottage possible to renovate with nice country views; the house has approximately 140m2 and 900 m2 land. The land offers Mediterranean trees and plants. Electricity and water are at the estate.

Ref: 1679 Price: € 160.000

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#### Vilamoura

One bedroom apartment composed of bathroom, lounge and dining area, kitchen and 2 terraces. Furnished and equipped. Communal swimming pool and garden area. Construction area - 37 sq.m.

Ref: A1192 Price: € 99.000



#### Vilamoura

Situated near all facilities, one bedroom apartment composed of bathroom, lounge, kitchen, storage and terrace. Furnished and equipped. Communal swimming pool and garden area. Construction area - 74 sq.m.

Ref: A1188 Price: € 140.000



#### Vale Navio

Villa situated in a quiet location composed of 4 bedrooms, 3 bathrooms, lounge w/ fireplace, kitchen and laundry room. 3 terraces, double garage, roof terrace and swimming pool. Furnished and equipped. Plot area - 1.000 sq.m.

Ref: V12500 Price: € 580.000



#### S. Faustino

With beautiful sea view, 4 bedroom villa composed of 4 bedrooms, lounge w/ fireplace, dining room, kitchen, laundry room and various terraces. Double garage, swimming pool and garden. Plot area - 1.500 sq.m.

Ref: V12504 Price: € 900.000



#### S. Brás de Alportel

Plot of land situated in the historical centre of the city, with a project to be approved for the constructions of a luxurious hotel. Plot area - 6.100 sq.m. Construction area - 4.100 sq.m.

Ref: L44822 Price: € 1.000.000

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#### Near Vilamoura - Boliqueime

Various spacious T2 & T4 Townhouses under construction, completion 2nd half 2007. Nicely landscaped condo w/ pools, high quality finishing's, incl. fully fitted & equipped kitchen. Very good value for money!

Ref: FVB Prices from € 294.000



#### Vila Sol - Vilamoura

Recently built & fully furnished T2 Apartment, 2 bathrooms, large lounge, fully equipped kitchen, sth/west facing terrace, A/C, Alarm, CCTV, Elevator, Storage room, 118 m2, several Pools, Bar, Restaurant, Golf, Spa, must be seen.

Ref: MAC Price: € 340.000

**WANTED**  
**Good quality properties**  
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Ref: QNN Price: € 375.000



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Ref: NWT Price: € 1.065.000





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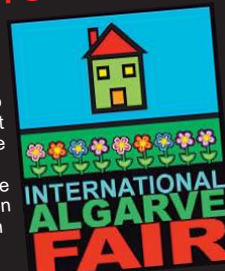
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### Tavira

Great opportunity!! 320 sqm plot in quiet urbanization, for construction of a Villa...near all amenities and close to the beach...Excellent Price!!  
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Call: 917 787 582



### Tavira

Great opportunity!! Aprox. 1400 sqm plot near Tavira for construction of a Villa... Great sea views!! Price includes borehole & fencing!!! (w/o fencing & borehole price drops to € 80.000,00)  
**Price: € 100.000,00**  
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### Vale Formoso / Almancil

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Price: € 360,000 / £ 248,000 (Based on Ex Rate 1.45)



### Vilamoura / Vila Sol

Luxury 4/5 Bedroom / 4 Bathroom villa currently under construction overlooking Vila Sol Golf course. This stunning villa is located on a private cul-de-sac with fantastic panoramic golf views.

Price: € 1,900,000 / £ 1,310,000



### Vilamoura

4 Bedroom / 4 Bathroom "Fully Furnished" villa overlooking the "Old Course" golf course with air-conditioning, central heating, private swimming pool, surrounded by landscaped gardens with panoramic golf views.

Price: € 1,490,000 / £ 1,027,000



### Vilamoura

3 Bedroom / 2 Bathroom semi-detached villa currently under construction due for completion in Autumn 2007. This new villa offers pre-installation of air-conditioning, alarm, heating and private garden.

Price: € 450,000 / £ 310,000



### Vilamoura / Vila Sol

Beautiful 4 Bedroom / 4 Bathroom Luxury villa overlooking Vila Sol golf course and lake with air-conditioning, under-floor heating, private swimming pool surrounded by landscaped gardens.

Price: € 1,575,000 / £ 1,086,000



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### São Brás de Alportel

- Attractive villa built 1991
- Quiet area, lovely views
- 3 bedrooms, 3 bathrooms
- Separate guest apartment
- Pool & barbecue terrace
- Villa 170m², plot 1700m²

Ref. V931  
Price: € 385.000



### São Brás de Alportel

- Attractive spacious villa
- Quiet area, lovely views
- 4 bedrooms, 4 bathrooms
- Large pool & terrace
- Beautiful gardens
- Villa 200m², plot 4900m²

Ref. V941  
Price: € 525.000



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### Tavira

- Attractive villa built 1991
- Quiet area, not isolated
- 2 bedrooms, 2 bathrooms
- Large conservatory 38m²
- Lovely views to the coast
- Villa 198m², plot 10500m²

Ref. C932  
Price: € 325.000



### Espinal, Coimbra

- Unique spacious property
- 3 rustic cottages restored
- 4 bedrooms, 3 bathrooms
- Beautiful surroundings
- Spectacular views
- Villa 253m², plot 500m²

Ref. V708  
Price: € 495.000

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tioned four room master bedroom suite also with satellite TV, several other bedrooms, a library, sewing room, laundry room, study, workshop, garden room, storeroom etc. In total nearly 600 square metres of covered area. The office suite is air conditioned and fully wired with separate telephone, fax and ADSL broadband all networked to the adjoining office reception area. The holiday cottage offers a lounge/diner/kitchen and a double bedroom with en suite shower and toilet, a sun terrace and pool located outside the cottage door. The garden contains numerous fruit trees including oranges, lemons, grapefruit, apricots, figs, olives, almonds and carobs with an

irrigation system covering most of the grounds. This is a very comfortable property ready to move into, but still with enough scope left to put your own mark on it and all for only €895,000. For a more detailed colour brochure or to arrange to view please contact either Trevor on 917 010189 or Frances on 916 859898



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### VILAMOURA

Ref# A71861

2 bedroom apartment in a closed complex w/ reception, large green areas & 3 sw. pools. Between Pinhal & Old Course. Approx. 15/20 min. walk to Marina & beach. 120 sq.m. constr. area. Furnished & equipped. A/c. Private garden w/ direct access to pool area. Private parking, storage.

Price: € 295.000

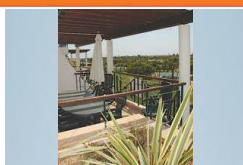


### VILAMOURA

Ref# A71862

Beautiful 1 bedroom apartment, w/ 2 balconies, in quiet area between Pinhal & Old Course. Enclosed condominium w/ reception, large green areas & sw. pool. 80 sqm constr. area. Furnished & equipped. A/c. BBQ area in balcony. Private parking for 1 car & 1 storage. Excellent letting potential.

Price: € 210.000



### VILA SOL

Ref# V71850

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Price: € 445.000



### VILAMOURA

Ref# V71844

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**Albufeira/Pátio:** Semi detached villa in quiet location with shared pool, 2 bedrooms, 2 bathrooms, equipped kitchen, dining and living room with a fireplace, 10 min. walk from town centre. ID-No.: 1112083. € 230.000. AMI 7090

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## A midsummer night's dream



A summer bedroom should feel cool and relaxing, so consider taking down heavy curtains and removing rugs to make the room appear cooler.

The mere word 'summer' immediately brings to mind images of powder white beaches, weathered driftwood and shimmering blue seas, and there's no better way to evoke the very spirit of summer than by turning your sleeping quarters into a haven of island chic.

Dress the bed with fresh Egyptian cotton white linens and replace any heavy winter bedcovers with something

lighter, like a luxurious cashmere throw or lighter silk bedspread in a pale colour, soft, silky and sumptuous.

Scattering a few well-chosen cushions over crisp white sheets and duvets will give your summer bedroom a hint of subtle colour as well as bringing out any other accents within the room.

Finally, traditional wooden trunks are a fashionable and elegant way to store away all that

cosy bed linen, until winter.

When designing a bedroom, it is important to consider the window dressing appropriate to your sleeping patterns and the longer daylight hours in summer. Bedroom window treatments should be lighter in colour than those in the rest of the house to encourage relaxation, providing the perfect finishing touch to any light and breezy summer bedroom.

*Emma Pomfret*



Organic cotton bedding (PHOTO: Press Association)

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# Holiday maintenance

Dry spells while you're away on a weekend break mean you may come back to shrivelled container plants, dried-up hanging baskets and struggling vegetables.



However, there are ways to minimise damage to plants and produce in your absence.

Just before you go away, put all your containers together in a shady spot and give them a really good soak. It's also worth removing all the flowers, even those which are unopened, which will help conserve the plant's energy and encourage it to produce new blooms on your return.

If you don't have an automatic irrigation system which you can preset before you leave, other methods can help keep containers moist. Try placing smaller pots on a big tray lined with dampened capillary matting. The plants will draw up what they need when they need it and it will take a long time for the matting to dry out.

Alternatively, you can create a watering system for your pots by standing a bucket full of water on an old chair or a stack of bricks in a shady area of the patio, placing your pots around the base. Then get an old towel or other water-absorbent fabric and cut it into long strips around 10cm wide and place one end deep into the bucket of water and

the other into the soil in the plant pot. Water will start to soak down the length of towel into the container and it's a good idea to add liquid feed to the bucket of water which will also seep through gradually.

Cover compost with some pebbles or mulch to reduce evaporation from the soil.

Hanging baskets are often a casualty of a short time without maintenance, so take them down and remove all the flowers you can see. Submerge the base of the basket in an oversized bucket full of water, until it has soaked up enough water so that the compost on the top is visibly wet.

If you have space, dig a shallow hole in a shady border, big enough for your basket, and place it there for the duration of your holiday. It may then be able to draw some moisture from the soil.

Most established plants in your borders should survive happily over a weekend period, as the roots go deep enough into the ground to soak up moisture.

If some of your crops are ready for harvest, pick them before you go and if you have a glut, either blanch and freeze them or give them to neighbours, who may then offer to do a bit of watering or harvesting while you're away!

Hannah Stephenson

## What's in store *Madge and John Measures*

We all love colourful flowers in our borders during the spring, summer and autumn months and the following plants will give pleasure through many of these.

*Argyranthemum frutescens* is one of the very attractive and long flowering daisy like plants. The longish stemmed white flowers with yellow centres are up to two centimetres across and continue through many of the spring and summer months as long as they are dead headed on a regular basis. It grows to a maximum of 70cm in height and width. A native of the Canary Islands it prefers to be grown in a reasonably fertile soil mixture in full sun. Give periodic water throughout the dryer season and if frost is expected give it some protection. It is a good plant for those of you with a garden that is in close proximity to the sea as it does tolerate sea winds.

*Gaura lindheimeri* is another plant that flowers through many of the spring and summer months. Its panicles of flowers that are held on graceful long stems are pinkish white. A clump forming plant it can reach up to 80cm in width and over a metre in height in optimum conditions. A native of Texas it grows well in fertile well drained soil mixture in full sun or partial shade. Although it will tolerate fairly dry conditions it does benefit from periodic watering during the very dry season.

*Helichrysum bracteatum* often listed in plant catalogues as *Xerochrysum bracteatum* is known in Portuguese as the 'Flor Papel' and in English as the Strawflower or Everlasting Flower. This is another plant that flowers for many months of the year in a variety of colours that range from the yellows, through bronze to red. They are more usually grown as annuals although they often continue for a year or two, but are basically short lived. They do make a colourful addition to the flower border, but for many people the main attractions are the papery flowers that often attain 5cm across and can be cut and used as winter decoration after they have been dried. Native to Australia they thrive in a moist, but well drained fairly fertile soil mixture in full sun. Do give water on a regular basis and in areas that experience frost, protection is advisable.

## Agapanthus



These stunning herbaceous perennials should be flowering about now, their large, exotic, blue or white trumpet-shaped flowers in rounded clusters perched on sturdy, straight stems above strappy leaves. They grow to around 75cm and flower between spring and autumn. Water well in dry weather, but keep almost dry in winter. Give those in open ground a dry mulch in autumn or early winter.

## Chelsea Flower Show?\*

Landscape Gardeners and Garden Centres are invited to participate in **The Portugal News LANDSCAPE GARDENER 2007 Award**

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\*not the Chelsea Flower Show, but the Algarve's best!

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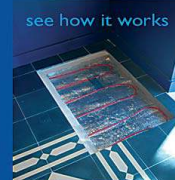
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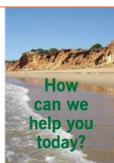
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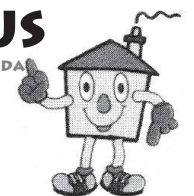
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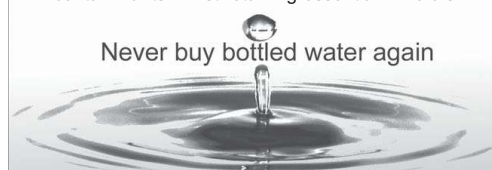
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# Don Toro opens new Angus Steakhouse in Almancil



Following the success of the Don Toro Angus Steakhouse in the historic city of Lagos, meat lovers in the central Algarve area will be delighted to learn of the opening of a new Don Toro, on the road between Almancil and Quarteira, the second establishment in what promises to be a suc-

cessful chain.

Don Toro offers the freshest and tastiest quality steaks in the region, expertly grilled to your definition of perfection. Finest Argentinian Steaks, regularly imported and made from free-range Angus cattle, are available in four different cuts - Picanha (cup of the

rum), Sirloin, Rib-Eye and Filet-Mignon.

The steaks are also available in four different sizes, ranging from 'very small' (100gms), all the way to the 'Carnivore' (400gms), for those with a more voracious appetite. Real meat fanatics must try the delicious Angus Beef Tartar!

Lemon-and-rosemary-roast new potatoes and vegetables accompany all meals; alternatively, choose a side order, which can include fries, onion rings and mushrooms.

Several types of Gourmet Burgers are also on the menu and are particularly good for lunch or as a lighter meal. From the good old Classic Burger to the Premium Burger made from 200 grams of pure Angus beef, the burgers can be 'customized' with a large variety of fine toppings. All burgers

are homemade from fresh, quality ingredients, and served in a bread bun with garnish and coleslaw.

Those looking for something a little lighter will be well catered for by a varied selection of fresh salads and fish steaks. Vegetarian options are also available.

'Don Toro' founder José Tasso Bragança opened the first Angus Steakhouse in Lagos, Western Algarve, in March 2006. Of Portuguese/Brazilian origins, José spent most of his life living in South America and Italy, acquir-

ing a sharp knowledge of what outstanding food should be. "I started this concept due to a personal need for a quality steak after moving to the Algarve from London", he explains, "After several months from the opening, I realized that this need was shared by so many people in this area."

Following the success of Don Toro in Lagos a second establishment was recently inaugurated in Escanxinas, Almancil, on the road between Almancil and Quarteira, in a favourable location next to Vale



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Map showing location near Praia da Rocha, Portimão, and Estrada da Rocha.



do Lobo and Vilamoura.

Opened by Lukas von Guggenberg, who was previously a business consultant in Munich, he says, "The restaurant has got a modern steak house look: simple but with an elegant touch - light colours, a romantic atmosphere as well as a large terrace for al fresco dining and spacious parking."

When asked why he decided to open a Don Toro Restaurant, he answered: "when you look at the customers delight you know they got it right: best quality at a very

affordable price."

A range of homemade desserts and handpicked Portuguese and Argentinian wines, most available by the glass, complete the Don Toro experience.

The Don Toro Angus Steakhouse in Almancil is open for dinner everyday except Mondays. Reservations are recommended. For more information, contact Don Toro (Tm) Angus Steakhouse on tel: 289 355 005, 916 913 855, e-mail: info@dontoro.com, or go to website: www.dontoro.com.

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**No Patio** "The best kept secret in Lagos - once found never forgotten." Tucked away in the old part of town close to the Cultural Centre, No Patio has a simple, but elegant interior, with a secluded terrace and working garden, full of fresh herbs and fruit trees. With high walls on all sides, alfresco dining is the norm, even when there is a breeze. The palm trees also provide shade and privacy. British owner Martyn Allen has created a food-lovers dream. A selective menu guarantees freshness of products, such as Seared Scallops and Prawns with bacon, and Rosemary and Lemon Butter; Honey Roasted Breast of Duck with a Citrus and Almond Glaze; and the No Patio Lemon Cheesecake, using lemons from their own garden. Not surprisingly, reservations are advised.

**Estrela do Mar Pastelaria**, located in Praia da Rocha close to the Hotel Jupiter and next to the office of Avis car hire, is a new venture easily found because of the delicious aromas wafting down the street from within! Cornish Pasties, Salads, Pork Pies, Sandwiches, Pastries, Clotted Cream Teas and much more. Inside you'll receive a friendly welcome from your hosts Aubrey and Eugénia and their cheerful staff. Bright and airy, the ambience is relaxed with a European flair. You could find yourself returning again and again to

enjoy chilling out on their large terrace in the sunshine with a tasty treat.

**Mister Grilo Restaurant** is a tricky place to find in Porches, but well worth the discovery. Not only well known to local residents, but also travellers from afar. The bar/waiting area is comfortable, often with an exhibition of local artists on display, and the Bistro dining room is painted with warm paint - washed walls with miniature palm trees and mosaic-tiled table-tops creating a lazy, sunny feeling as you sample the quite extensive menu. There are lovely sea and country views from the terrace, where you can try their delicious chicken 'cabidela' or octopus rice with coriander. A children's menu is available and there is live music on Thursdays.

Exquisitely-decorated with modern works of art, **Bistro des Z'Artes** restaurant in Almancil is co-owned by renowned chef Stanley Van Buren and Simon Visser Domus. Presentation is always of the highest level of professionalism, a must for Stanley, who believes that first impressions are most important as "food must look as good as it tastes". Together they produce unique dishes such as: Peanut Butter Soup with Baked Banana and Yellow Curry Soup with Lemon Grass and Coconut Milk. Whether you are a meat or a fish person the menu offers something to satisfy even the most discerning connoisseur.

**Restaurante O Monte** is located at Quinta Velha Cabanas in Cabanas de Tavira and your hosts Louis and Debbie welcome you to their old, farmhouse-style eatery. Their international team of chefs offer a mixed cuisine of traditional roasts, creole and eastern dishes at very good value. The interior of the spacious restaurant is decorated in pink and lilac presenting a chic yet cosy atmosphere. There is a large terrace surrounded by beautiful gardens, where you can relax and enjoy your meal, served by their smart and helpful staff, who speak French and Portuguese as well as English. Children have their own menu and you are advised to reserve your table rather than be disappointed.

The **Blue Wave Beach Bar** can be found at Cabanas Velhas Beach (between Burgau and Boca do Rio). Serving tasty sandwiches, various salads, fresh fish, house specialities, fish cataplana, chicken piri-iri and more! Combine your visit to the beach with a leisurely lunch and refreshing drink.

**Shanghai Chinese Restaurant** offers excellent quality, and only fresh produce in all its delicious dishes from Shanghai. These regional dishes are not found in other Chinese restaurants. Your hosts Wen and Ying,

along with their friendly staff give a fast and efficient service, which includes take-away. They will even prepare your favourite special Chinese dish! Just give them time to make it. However, you might like to try their Sizzling Prawns with ginger and onion or maybe Canton Spicy Duck, or how about their sweet Thailand Fried Rice. They are easy to find, on the Almancil road going to Vale do Lobo - look out for the fishpond in the front.

**Restaurante Florestal** is a gastronomic oasis lying within the National Forest close to the village of Barão de S. João, located between Luz and Lagos. Whilst the ambience inside the restaurant is rustic and romantic, the terrace and garden outside offer peaceful surroundings to enjoy al fresco dining at its best, with fantastic views. Your hosts, John from England and American Sharlene present a very cosmopolitan menu including their delicious Breast of Duckling, vegetarian choices and dishes with a taste of Mexico! Every Sunday there is a special brunch from midday to 3 pm, with occasional live music and a good selection of wines. Don't forget to reserve your table!

www.the-news.net

## Restaurant guide

### ALMANCIL

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Tel: 282 381 176 / 918 365 426

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Pasta dishes  
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Largo 25 de Abril, N° 1, Pêra  
Tel: 914 844 269

**LAGOS/LUZ**  
**Don Toro Steakhouse**  
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Rua Lançarote de Freitas, 12, Lagos. (Opposite the Cultural Centre)  
Tel: 282 767 234

**A Taberna**  
À la carte menu with daily specialities  
Open: 10.00 - 23.00

Quinta da Encosta Velha, next to Budens off the EN125  
Tel: 282 690 505

**A Florestal Restaurante**  
Cosmopolitan menu  
Open: Tues-Sat, 12.00-2.30pm & 7.00-10.00pm

Sun. Special Brunch 12-3pm  
Barão de S. João, Nr. Luz  
Tel: 282 687 204

**Dolce Vita**  
Pizzeria and International Menu  
Open: 12.00 - 15.00 & 18.00 - 22.30

Rua Soeiro da Costa & Rua Lançarote de Freitas, Lagos  
Tel: 282 768 466

**O Beiral**  
International & Vegetarian menu - Italian specialities  
Open: Tue - Sun 11.00 - 15.00 & 18.00 - 24.00

Closed: Mondays  
Rua Dr. Guerreiro Tello, Barão de São João, Luz  
Tel: 282 688 004 / 912 299 672

### O Mandarin

Chinese & Asian dishes  
Open: 19.00 - 23.30  
Calças, Albadreira, Lagos  
Tel: 282 762 401 / 282 760 424

**Maharaja Tandoori**  
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Rua Afonso D'Almeida, N°27, Lagos  
Tel: 282 768 083/960 453 376

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Portuguese & International Tapas + full menu  
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Rua Silva Lopes, 40/42 (In front of the Golden Chapel), Lagos.  
Tel: 282 767 946

**No Patio**  
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Open: Thurs-Sat. 18.30 - 21.30. Sun. 13.00-15.30

Rua Lançarote de Freitas, 46, Lagos  
Tel: 282 763 777

**Blue Wave Beach bar**  
Open: 10.00 - 23.00  
Cabanas Velhas between Burgau and Boca do Rio

Tel: 282 697 834

**GALE**  
**Karahi Indian Restaurant**  
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Open: 18.00 - 23.00

Closed: Thursdays  
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# Dog Show Baptism



For over a year now my mum has been competing in national dog shows with her Portuguese Water Dogs, Cleo and Merlin. We have all listened with interest to the reports from these shows and followed how well she has done. So last weekend my family and I thought that we would actually go and show her some support – better late than never! And actually no conflicts of interest!

Last weekend was the 26th Exposição Canina Nacional de Sintra on Saturday and the 24th Exposição Canina Internacional de Sintra on Sunday and was held at the Largo da Feira in São João das Lampas, just north of Sintra, Lisbon. This small village/town was taken over by furry four-legged friends for the weekend.

The weekend was fantastic, with so much going on. Lots of different breeds were represented under 10 standard breed groups, and another 9 groups from best puppy to best veteran – a real of work for owners, handlers, judges and organisers. Saturday was a very special day in the terrier group as it was their monografica, this is an important day and all groups have their own monograficas – the Portuguese Water Dogs one is at Estoril on 25th August.

We must say congratulations to Clive and Paulo, who had two of their Parsons Jack Russells made up to Portuguese champions. Well done! We must also say a big thank you to Clive and Paulo for stepping in and rescuing us on

Friday night by offering us somewhere to stay at midnight Thank you! This meant that we had a chance to get to know their wonderful dogs, these small dogs are beautiful looking and have wonderful characters. If you are interested in more information on these champion dogs then look at [www.roseirabrava.com](http://www.roseirabrava.com). One of them was nearly packed in my suitcase as I was very taken by them – maybe my next acquisition to the family!

Merlin and Cleo did well. Merlin was first with an Excellent in the Portuguese Water Dog Junior class. Cleo was first with an Excellent and gained points towards her Championship with her first CAC, she is in Intermediate Class.

We had a great weekend. It was nice to see so many breeds represented in such numbers, a real credit to their breeders and handlers. If any of you are interested in attending one of the shows then there is one at Fatacil on 19th August for the Portuguese Water Dogs, and then another big one for all breeds at Estoril on 25th August. We are all going to support mum and her Portuguese Water Dogs at that one.

I would definitely recommend showing dogs to anyone who would like something different to do. I was quite tempted but haven't got a reasonably specimen at the moment! Mum has met so many wonderful people, and visited many different parts of Portugal during the last year. If you would like more information on getting involved with dog showing then contact Jan at [janc@prorycomputers.com](mailto:janc@prorycomputers.com).

For all the rest of us with our mixed breeds, we have our own dog show coming up. SCRUFFTS is on Sunday September 16th at Fatacil, which doesn't give us much time. The weekend proved to me how much work I have to do to get 2 of my dogs ready for SCRUFFTS. Neither of my dogs is used to walking on a lead, so that is what we have to practice or they will both be taking me around a ring!

If you are looking for a new dog, pedigree or mongrel, then it

## Breed of the Week

### Rottweiler

**Country of Origin**  
**Original Uses**  
**Weight Range**  
**Height Range**  
**Coat Length**  
**Lifespan**

Germany  
Cattle/guard dog  
41-50kgs.  
58-69cms  
Short/smooth  
11-12 years.



An ancient breed who's history stretches back to the Roman Empire, when the soldiers travelled with their meat on the hoof and required the assistance of working dogs to herd the cattle. One route the army travelled was through Wurttemberg and on to the small market town of Rottweil. This region eventually became an important cattle area, and the descendants of the Roman cattle dogs proved their worth in both driving and protecting the cattle from robbers and wild animals. However, by the end of the 19th Century, the breed had declined so much that in 1900 there was only one female to be found in the town of Rottweil. But a great demand for police dogs in the build up to World War I led to a revival of interest in the Rottweiler.

The Rottweiler is brown with clearly defined tan markings on the cheeks, muzzle, chest, legs, and eyebrows. The markings on the chest should form two distinct upside-down triangles. A Rottweiler's eyes are a warm, dark brown with a calm, intelligent, alert, and fearless expression. Naturally, Rottweilers have a tail. There are at least two different explanations as to why tails were originally docked. One version is that tails were originally removed to prevent breakage and infection that would occur when the tail became covered in mud and other debris collected from pastures and livestock. Another is that as working dogs they were docked to avoid a "tail tax" (a method used to count livestock being driven to market was to

count tails). Nowadays many breeds that have been docked in the past are available with tails.

In the hands of a responsible owner, a well-trained and socialised Rottweiler can be a reliable, alert dog and a loving companion. But, any poorly trained dog can become a danger in the wrong circumstances. In general Rottweilers are fond of children, very devoted, quick to learn, and eager to please. They are typically very bright dogs. Rottweilers are playful animals who may frequently demand attention from their owners. They require mental stimulation, like a lot of breeds, and if they are neglected they will find creative and often destructive ways to show you. Such behavioural problems as chewing, barking for attention and eating less are a result of neglect and are more common among females of the breed. There are a range of toys available to stimulate and occupy you dog.

Early socialisation and exposure to as many new people, animals, and situations as possible is very important in training these dogs. The Rottweiler also has a natural tendency to assert dominance if not properly trained. Rottweilers' large size and strength make this an important point to consider: An untrained, poorly trained, or abused Rottweiler can learn to be extremely aggressive and destructive.

The Rottweiler Welfare Association offers the following advice for would-be Rottweiler owners: Like all dogs, the Rottweiler

needs to be trained properly and controlled at all times, and should be prevented from any chance to make predatory attacks upon livestock and wildlife.

No one should own a Rottweiler unless they are absolutely sure they can control it, and are willing and able to devote time and effort to teaching the dog basic good manners.

The Rottweiler has a natural guarding instinct. Do not do anything (for instance, rough play) to enhance this guarding instinct.

No Rottweiler should be left in the sole charge of a person, such as a child, who is not capable of controlling it.

Any person who owns a dog should be aware that he will be devoted to and feel protective towards his household. This should be borne in mind when children are playing, people are arguing, or visitors are calling.

Third party insurance should be taken out on any Rottweiler that you own.

Owners of this breed in Portugal should make sure they have a dog licence.

The Rottweiler is a tough and hardy breed, but can be affected by canine hip dysplasia, subvalvular aortic stenosis, elbow dysplasia and osteosarcoma. Other conditions which may affect this breed include hypothyroidism, gastric torsion (bloat) and allergies. Rottweiler owners should have their dogs' hips, elbows, heart, and eyes tested by a veterinarian before breeding.

in one place. You can speak to experts about the breed and find out their characters at first hand. I know that I fell in love with lots of the dogs, especially one of

Clive and Paulo's puppies!  
*Protect your pets with knowledge*  
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Julie Pickering

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Pé da Cruz  
8550-328 Monchique  
telf - 282 911 008  
Urgencies - 964 192 251  
email:  
[ana\\_silva@netcabo.pt](mailto:ana_silva@netcabo.pt)

James Cagney  
Consultório Girassol  
Estrada Palmeiras  
8600-252 Odiáxere  
Tel: 282 799 268



Claudia Santos  
Torrejão Clínica Veterinária  
Sítio de Torrejão-Areeiro  
8100-225 Loulé  
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We are opposite the Roman Bridge in Silves, next to Suzies Bar  
We are open 10am until 5pm Monday until Friday

## SCRUFFTS 2007

Don't forget the Scruffts Dog of the Year Show!

Sunday, 16th September at Fatacil,

Lagoa. There will be 17 classes, Best Pup (mixed breed), Best Veteran (mixed and pedigree), Best 6 Legs (mixed breed), Waggiest Tail (mixed breed), Best Male (pedigree), Most Handsome Dog (mixed breed), Happiest Rescue Dog (mixed breed), Best Female (pedigree), Prettiest Bitch (mixed breed), Most Appealing Eyes (mixed breed), Most Appealing Eyes (pedigree), Best Condition (mixed breed), Judges Favourite Dog (mixed breed), Best Condition (pedigree), Best In Show (pedigree), Scruffts Best In Show (mixed breed). For more information, please email:

[scruffts2007@yahoo.co.uk](mailto:scruffts2007@yahoo.co.uk)

A.P.A.A. Apartado 101, 8501-903 Mexilhoeira Grande



## North



### PORTO

#### DAILY

**Casa da Música:** guided visits from Mon-Sun: 10h30; 11h30; 12h30; 15h00; 16h00; 17h00; 18h00 • Tickets can be bought until 10 minutes before the visit • Price: €2; Free for children under 12 • 220120214 • Av. da Boavista, 604-610 • [www.casadamusica.com](http://www.casadamusica.com)



#### DAILY

**Serralves Foundation:** Visits to the exhibitions • Sat: 17h-20h; Sun: 12h-13h • to the architectonic spaces (museum & casa de serralves) Sun: 15h-16h • to the park Sun: 11h-12h • Visits are free on the purchase of an entrance ticket to the museum • Rua D. João de Castro, 210 • Tel: 226 156 584 • [www.serralves.pt](http://www.serralves.pt)

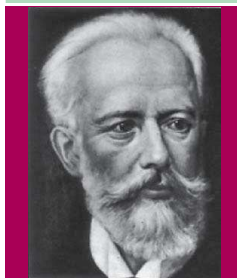
UNTIL 4 AUGUST



**JAZZ & TENNIS IN THE PARK** festivities • Until 4th August, 16th

Edition of Tennis from 18h00 to 19h30 • Closing the Festivities Henri Texier's Strada Sextet from France will perform on 4th August with a musical "punch" ideal for the Serralves Park's Tennis space • Serralves Foundation • Rua D. João de Castro, 210 • Tel: 226156500 / 543 / 584 • [serralves@serralves.pt](mailto:serralves@serralves.pt) • [www.serralves.pt](http://www.serralves.pt)

### 23 SEPTEMBER



**Promenade Concert 'Tchaikovsky's Overture 1812'** • 11h30 • Prices from €5 to €10 • Coliseu do Porto • Rua Passos Manuel, 137 • Tel: 223 394 940 • Fax: 223 394 949 • [coliseu@coliseudoporto.pt](mailto:coliseu@coliseudoporto.pt)

### GUIMARÃES

#### EVERY FRIDAY

**Coffee & Jazz Concert** • Centro Cultural Vila Flor • Av. D. Afonso Henriques, 701 • Tel: 253424700 • Fax: 253424710 • [www.aoficina.pt](http://www.aoficina.pt)



## Centre



### CASCAIS

#### DAILY

**Cascais Cultural Centre** • Features shops, a coffee shop and a terrace • Open from 10h00 to 18h00 (Closed on Mondays) • Av. Rei Humberto II de Itália • Tel: 214848900

#### DAILY



**Sea Museum** - Rei D. Carlos • R. Júlio Pereira de Mello • 214825400

### ESTORIL

#### UNTIL 27 SEP

**Great Concerts '07 of the Casino** • Du Art Lounge Thursdays at 23h30 • [Info.estoril@estoril-sol.com](mailto:Info.estoril@estoril-sol.com) 214667700 • 214825400

### LISBOA

#### DAILY



**National Coach Museum** • Set in a 17th century riding school, with a varied collection of royal coaches, uniforms and portraits of the royal family • 10h00-17h30 (Closed Mondays & holidays) • Praça Afonso de Albuquerque • 213610850

#### UNTIL 26 AUG



**Paintings from the Museum Sakıp Sabancı, Istanbul 'Evocations, Passages, Atmospheres'** • Calouste Gulbenkian Foundation • Avenida de Berna, 45A • 217 82 3000 • [www.gulbenkian.pt](http://www.gulbenkian.pt)

#### UNTIL 30 SEPTEMBER



**Bodies Exhibition 'The Human Body as you have never seen before'** • For information: 707234234 or 213466255 (Monday to Friday from 10h00 to 19h00) • or email [ocorpopumano@energysplash.com](mailto:ocorpopumano@energysplash.com) • Palácio dos Condes do Restelo on Rua da Escola Politécnica, 42 - Príncipe Real • [www.ocorpopumano.net](http://www.ocorpopumano.net)

#### DAILY

**Belém Cultural Centre** • One of the great cultural centres in Europe in one of Lisbon's areas of outstanding architectural beauty it hosts exhibitions, performing arts, restaurants, gardens, shops and conference centre • 213612400

#### UNTIL 30 SEPTEMBER

**Month of the Penguin at the Oceanarium** • Do not miss this opportunity to learn more about these animals, while enjoying the coolness of the arctic habitat in one of Europe's biggest oceanariums • Learn to identify the penguins, join one of the aquarists daily at 15h30, while they feed the penguins • The Oceanário de Lisboa is situated in the Park of Nations • Open from 10h00 to 18h00 • 218917002 / 06



### SINTRA

#### DAILY



**Pena Palace** • The Palace dates back to 1839 • Visits info: Sintra City Hall on Largo Dr. Vergílio Horta • 219238500 • [geral@cm-sintra.pt](mailto:geral@cm-sintra.pt)

#### DAILY



**Leal da Câmara Museum** • Calçada da Rinchoa, 67, Rinchoa • Also has access through Algueirão Velho, Fitares and Meleças • Tel: 219164303 • Fax: 219236150

## South



### ARMAÇÃO DE PERA

#### MONTHLY



**Monthly Writing Circle by Jenny Grainer** • Hotel Garbe • The Monthly Writing Circle is on the first **Thursday** of the month from 10h30 to 12h30 • All welcome! • For more information ring Jenny on 963518184

### FARO

#### UNTIL 12 AUGUST

**31st Book Fair** • Garden Manuel Bivar • From 19h00 to 24h00 • [www.cm.faro.pt](http://www.cm.faro.pt)

### LAGOA

#### 8 AUGUST

**Fado Night with Mário Sraiva and Ana Marques** • Victor Carmo (Portuguese guitar), José Santana (viola), Duarte Costa (Viola bass) • S. José Convent • 282380434 • [www.conventosjose.co.pt](http://www.conventosjose.co.pt)

#### 16 SEPTEMBER



**9th Scruffs Dog of the Year Show** • FATAFIL Showground • Organized by A.P.A.A., Apartado 101, Mexilhoeira Grande • Anyone or any company interested in sponsoring or taking a trade stand at the show are welcome to email for more information • E-mail: [scruffs2007@yahoo.co.uk](mailto:scruffs2007@yahoo.co.uk)

### PORTIMÃO

#### UNTIL 12 AUGUST



**Sardine Festival on the river front** from 18h00 to 24h00 every night • Live music (22h00), street animation, handicraft stands and regional desserts and sweets and the famous 'eat until you fall' sardine competition

#### UNTIL 17 AUGUST



**Book Fair at the river front** • The pleasure to discover great and small literature treasures at inviting prices and a great opportunity to stroll along the river front in the cool of the night and also listen to book readings for adults and children by Bruno Baptista at 22h00

### SANTANA DA SERRA

#### DAILY



**Horse Riding and Walking at Equi-Serra** • For more details or to book: 1 hour, 1, 2, 3 days, or 1 week rides, 938147718 • [www.equiserra.com](http://www.equiserra.com)

### SÃO B. MESSINES

#### SATURDAYS & WEDNESDAYS

**Quinta da Bica Saturday Mornings & Wednesday afternoons** • Livery, Lessons, Hacks & Horse Share for all ages and abilities • For more information, please call: 282332746 or 914795301 • [quintadabica@hotmail.com](mailto:quintadabica@hotmail.com)

### SERPA

#### DAILY



**Museu Arqueológico (Archaeologic Museum)** • Alcáçova do Castelo • 9h30-13h00 / 15h30-19h00 • 284540100 • [www.cm-serpa.pt](http://www.cm-serpa.pt)

### TAVIRA

#### DAILY



**Cachopo Museum** • Centro Paroquial de Cachopo • Tel: 289844191 • [www.cm-tavira.pt](http://www.cm-tavira.pt)

### www.the-news.net

**Summer Jazz in Almancil** • Every Sunday afternoon from 16h30 to 19h30 • free entrance to patio • Ermitage Terrace • For directions, please view [www.ermirage-algarve.com](http://www.ermirage-algarve.com) • Tel: 289355271



## Ferragudo Festivities

Every Saturday & Sunday until 1st September [www.regiao-sul.pt](http://www.regiao-sul.pt)

**FATAFIL grounds in Lagoa**  
**22nd and 23rd September**



**Painting exhibition until 16th August by the Artist Ismos Juan Martinez at Centro Cultural São Lourenço in Almancil** • Right: Untitled Acrylic on canvas (130x200cm) - Year: 2006 • Tel: 289395475 • Fax: 289393281 • [www.centroculturalsaolourenco.com](http://www.centroculturalsaolourenco.com)



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## SHOWS

## Stand up Comedy

Portuguese comedians Nilton and Francisco Menezes are back again for a new cycle of comedy at the Lisbon Casino. After last year's success, organizers have invited them back to the Arena

Lounge to perform on Fridays and Saturdays on August 3rd, 4th, 10th and 11th.

Lisbon Casino, August 3rd – 11th. Free entrance, under 18's not allowed.



## Stevie Wonder tribute

Lisbon Casino has announced they are to feature several tribute bands throughout the next months, kicking off with a fantastic tribute to

the 22 Grammy Award winner, composer, producer and singer Stevie Wonder on August 8th and 9th from midnight.

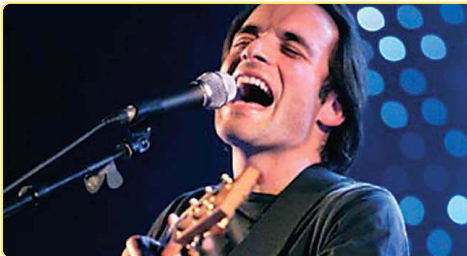
## LIVE CONCERTS

## André Sardet

André Sardet is a Portuguese singer and musician, born in the city of Coimbra. 'Acústico' was his most successful work to

date, sold over 120,000 copies, and was recorded live at AAC's Teatro Académico de Gil Vicente, in Coimbra.

**August 7th, Faro Fórum Algarve from 10.30pm. Entrance is free.**



## Music in the Patrio with Tremendo Cuban

German-based band, featuring multi-national artists, such as Cuban singer Olvido Ruiz, Rafael Palacios from Ecuador, Alfredo Ramirez from Peru, Roberto Alonso

from Puerto Rico, Eva Till from Germany and Filipe Mandingo from Venezuela. This band has previously performed at the 2002 festival Jazz of Montreaux.

**August 8th, from 10pm at Lagos Cultural Centre. Entrance is free.**

## HIT, MISS OR MAYBE?

## Original Cast - What am I Supposed To Do?

Boys with guitars shouting about how confusing girls are will probably never want for an audience. But in spite of the excitable advance word on Original

Cast, it's difficult to see what they have to offer any listener more discerning than that. Not quite as charmless as their peers, mind.

## Black Rebel Motorcycle Club - Berlin

Massive guitars and filthy basslines - it can only be BRMC doing what they do so well. After the stripped-down gospel of their third album Howl,

recent offering Baby 81 saw the leather-clad trio revert to the scuzzy rock n roll they made their name on, and they're all the better for it. Marvellous.

## The Doors - Live In Boston

The Doors have an odd legacy. They outsold The Beatles in America in their heyday, but thanks to Jim Morrison's untimely death, urban legends and a certain Val Kilmer-starring biopic, they've gone down as a self-indulgent band of druggies who made mu-

sic for self-indulgent druggies, rather than the raw, incredibly talented rock n roll merchants they actually were. This three-CD set captures some of their live magic, recorded over two nights in Boston in April, 1970 and should go some way to setting the record straight

## Garbage - Absolute Garbage

Butch Vig will always be the man who produced Nirvana's Nevermind, but listening to this best-of collection from his band, it instantly dawns on you how close he came to stepping out of that shadow. Shirley Manson has always been the public face of the band, and re-

mains a singer capable of making even the darkest themes sound like the sexiest thing you ever heard. Their albums have never been fully realised affairs, but as a singles band - think Queer, Stupid Girl, Milk and Only Happy When It Rains - they're near untouchable.

## FESTIVALS

## 'Music Goes Outside' - Lagoa

Lagoa has announced their summer programme, aimed to get locals and tourists alike

outside to enjoy the beauty and sounds Lagoa has to offer.

## In Carvoeiro - Largo da Praia

**August 4th** - Músicas do Mundo with the band Glenfiddles

**August 9th** - Folklore Festival

**At Srª da Rocha - In honour of our lady Senhora da Rocha**

**August 4th** - Duo Vanda Isabel and Maria de Fátima

**August 5th** - Flor with dancers

**August 10th - 12th** - 'Sounds of the Atlantic' - Festival

Músic of the World

**10th** - Lura (Cape Verde), Eneida Marta (New Guinea)

**11th** - Macaco (Spain), Cadencia (Spain)

**12th** - Kila (Ireland), Marenostrom (Portugal)

## In Ferragudo - Largo Rainha D Leonor

**Aug 5th** - Music of the World with band Glenfiddel

## In Lagoa - Jardim 5 de Outubro

**Aug 2nd** - Music of the World with band Glenfiddel

**Aug 8th** - Fado Nights with Mário Saraiva and Ana Marques

Portuguese guitar - Victor do Carmo

Viola - José Santana

Viola baixo - Duarte Costa

## Summer Beach Party - Lagos

An event with over six thousand people dancing together on Lagos golden sand. This event is a tribute to music and dance performed on the fabulous Algarve coast, into a memorable event. Batata Beach is again the main site for

the best DJs as well as national and international artists from the reggae and dance scenes. An opportunity that you will not want to miss as the Algarve Beach Party is already a reference in the Algarve summer scene.

## This year's line up:

## Main stage

22:00 Elektro Fighterz

23:30 DJ Patife

01:30 M.A.N.D.Y. (Philipp DJ

Set)

03:30 Dj Vibe

Reggae stage

21:30 Sista Pat feat. Ras DaMula

pon di mic

23:30 Julia Jah Soundsystem

01:00 Papa Paulo

02:00 Clash Of The Titans: Earl 16 vs Anthony Jonhson

04:30 Bob Figurante feat. Ras DaMula pon di mic

## Sagres stage

Paulo Gamboa

Mellow Deep

Patrick Dellors

**August 9th at Praia da Batata in Lagos. Tickets on the day cost €25, bought in Fnac cost €20.**

## Anti-Pop music festival

A gathering for all music lovers, against the bubble pop generation.

A celebration for *real* music, as organizers have described it.

## Line up:

**August 9th:** Ellen Alien, Apparat, Matthew Dear, Paul Kalkbrenner, Deperados, Expander, Thinkfreak, Nuno Di Rosso, Hustley & Gunz, Alex Vieira, Minimal Hospital Crew and Pedro Ricciardi.

**Aug 10th:** Richie Hawtin, Magda, Troy Pierce, Heartthrob, Gaiser, Freshkitos, Hustley & Gunz, Minimal Hospital Crew, Pedro Ricciardi.

**Aug 11th:** Ata, Octave One & Random Noise Generation, Extrawelt, Gui Boratto, Rui Vargas, Magazino, Miguel Rendeiro, Invaders, Hustley & Gunz & Alex Vieira, Minimal Hospital Crew, Pedro Ricciardi.

**Viana do Castelo, Forte Santiago da Barra. Tickets €25 for one day, €45 for three day pass on the day. €40 at Fnac and other outlets.**



## Advertise your company on the radio!

## Algarve

Rádio Restauração 102.3 Olhão  
Rádio Atlântico Sul 104 Lagos

## Alentejo

Rádio Guadalupe 88.5 Serpa  
Rádio Praia 89.3 Odemira

Rádio Ourique 94.2 Ourique  
Rádio Mértola 95.2 Mértola

## Departamento Comercial

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Grupo Rádio Algarve Stars, Lda.

Rua Frei Joaquim de Loulé, 25

8100-579 Loulé

Tel.: 289 414 000 • Fax: 289 412 400





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## BOOK REVIEW

## Harry Potter and the Deathly Hallows

By JK Rowling, is published in hardback by Bloomsbury.

Bringing off a fitting climax to the most successful book series of all time is a tall order, but one that JK Rowling takes in her storytelling stride.

Deathly Hallows is darker, scarier, more complex and more action-packed than any of the other Potter books. As well as concluding all that has gone before, it even manages to bring off a mystery plot of its own.

The format has changed for the seventh instalment. Harry does not return to Hogwarts, so the template of the school year is lost - and along with it, it has to be said, some of the magical detail and humour that made the previous books so enjoyable.

Instead it's racy tension and suspense that steer the story from the opening page, as readers are immersed in a cut-throat world, where the Ministry of Magic has fallen and Harry, Ron and Hermione are on the run from the new evil regime.

Rowling brilliantly draws the mistrust and fear that rule under fascist dictatorships of the kind puppeteered by Voldemort. Friends betray each other to save their children, Muggle-borns live in fear of a knock on the door in the middle of the night, and daring rebels broadcast pirate radio messages of hope and support.

The story kicks off with the news that the three heroes have inherited some mysterious ob-

jects from Dumbledore, which divert them from their mission of destroying the Dark Lord's Horcruxes.

The clues lead them to the existence of the Deathly Hallows, three objects that together can vanquish death. As Harry begins to work out what and where they are, Voldemort is also on the trail of the most powerful of the Hallows - an unbeatable wand.

It's not just a question of who will get there first, there are deaths and battles along the way and some unsettling truths about Dumbledore's past cause Harry to rethink his strategy.

Several characters from the past have a part to play in the story, and we also meet Tonks's dad, Luna's father and Dumbledore's wayward brother as Harry prepares himself for a showdown with his nemesis.

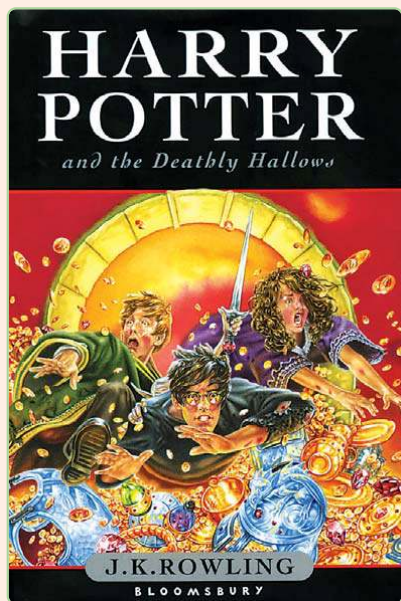
The climax is a momentous battle at Hogwarts that will decide the fate of the wizarding world. With all our favourite characters reunited for the epic fight between good and evil - including Neville, McGonagall, Slughorn, Draco and the Weasley twins - the body count is high, but there can be only one outcome.

In the midst of the nail-biting action, Rowling answers all of the plot threads that have left readers dangling for so long, including Snape's true loyalties

and the real connection between Harry and Voldemort.

Canny fans will not be disappointed but there are still several surprises in store, in fact Deathly Hallows is everything we hoped of it and more.

Emily Shelley



## The Owl Story English Bookshop

New and pre-read books bought and sold. Book ordering service. Specialist in Nautical books.

Situated within the walls of the old town of Lagos, the perfect spot to come and have a chat and a browse.

Open Monday to Friday, 10:00 - 19:00 Saturday 10:00 - 14:00

Rua Marreiros Neto 67 Lagos

Phone: +351 282 792 289 E-mail: [theowlstory@tiscali.co.uk](mailto:theowlstory@tiscali.co.uk)



## Lisbon oceans festival

Until August 12th Lisbon is hosting the acclaimed Oceans Festival, sponsored by Lisbon Casino, Gant and Olá ice creams. There will be concerts, theatre, exhibitions and fire works on the Lisbon riverside featured in this fair every Saturday until August

12th. However, there will be a permanent exhibition on display and activities available daily for fair goers. Last year over half a million people attended this fair. This year organizers are hoping their multimedia show featuring 'In Search of the Lost Atlantic'

Every Saturday at Praça do Comércio Lisbon until August 12th.

## Algarve goes medieval

Ever wondered what it was like back in the medieval days? The clothes people wore and what kind of food they ate? Well now you can go back in time and experience the Medieval days for yourself.

Silves: This fair takes place in the historical centre of the city, around the church, and little old houses. Fair goers can also dress up in the appropriate clothing in the various changing rooms lo-

cated around Silves. Change euros for medieval coins, and enjoy medieval food and drink at little taverns. August 9 - 15th.

Castro Marim: In the medieval setting of the Castro Marim Castle, this fair encourages your mind to travel back in time, and act as they did back in the old days with the old settings of Castro Marim. Fair runs from August 23rd to 26th.



## FINE ART

## The end of the World - São Brás de Alportel museum

'The Human Condition' is possibly the most stimulating subject for artists throughout the centuries. The title of the latest art exhibition at the Museum in São Brás brings together a wide variety of art forms and expressions, from the playful, colourful, Art Deco-inspired work of Geraldine Bachmann, to the emotive clay sculptures of Elza Newton. The exhibition

opens on August 4th at 6.30pm, and the celebration includes a performance by the museum's Aperitivo theatre group of three short, amusing Harold Pinter plays which also illustrate the Human Condition topic, will be held in Portuguese, English and German. Entrance is free.

Other artists taking part in The Human Condition are Feli

Sommer (black and white semi abstract sketches), Valerie Bornand (fine art sculptures in metal and resin), and Elisabeth Bardok (strong, colourful paintings in acrylic). The organisers are very pleased to have brought together such diverse and high quality artists and hope you will come and enjoy the celebratory opening night, open to all, free of charge.

The exhibition continues until the end of September and can be seen during the usual opening hours of the museum (10h00-13h00 and 14h00-18h00)

For more information contact administrator@amigos-museus-bras.org 966 329 073 or visit the website of the Friends of the Museum at [www.amigos-museus-bras.org](http://www.amigos-museus-bras.org).

## COMING SOON

## BOX OFFICE

## COMING SOON

## AUGUST

**Festival Paredes de Coura** - August 12th until 15th at Praia Fluvial do Tubarão in Paredes de Coura. Performances: August 12th: Simian Mobile Disco + DJ Fra Sizo + Devotchka. August 13th: Babyshambles + mando Diao + Sparta + Blasted Mechanism + New Young Pony Club + M.I.A. + Zappa Low Budget Reserch Kitchen + Slimmy + The Blows + Guns n' Bombs + Crystal Castles. August 14th - Dinosaur Jr + New York Dolls + Mão Morta + Architecture in Helsinki +

Godol Bordello + Spoon + Paulo Barros + Mundo Cão + 6PM + DJ Ai + Foreign Island. August 15th - Sonic Youth + Cansei de Ser Sexy Sunshine Underground + Electrelane + Peter + Bjorn + John + Linda Martini + Born a Lion + The Right Ons + Boys Noice + U-Clic. Tickets: €40 one day pass, €70 four days pass inc camping. **Super Bock Surf Fest** - August 15th and 16th in Sagres Praia do Tonel. August 15th: Lily Allen, Dub Incorporation, Jamaram, Midnite, Bird. August 16th - Gentleman + Capleton, Mad

Caddies, Culcha Candela, Quaiis Kitiir. Tickets: €30 to €40.

**Festival Maré de Agosto** - August 23rd until August 26th at Santa Maria Praia Formosa in Açores. August 23rd: Buraka Som Sistema + Luís Leite + Double Face. August 24th: Gocoo + Miss Blondie. August 25th: Pimpstress Rah. August 26th: Marcelo D2 + Tânia Pascoal.

## SEPTEMBER

**Festa do Avante!** - September 7th until 9th at Quinta da Atalaia in Amora. **Caos Emergente Open-Air Fest** -

## COMING SOON

## MUSIC FESTIVALS

September 7th until 9th at Paredes (Recarei) Margends do Rio Sousa. Sep 7th - Mata-Ratos+ Maglianant Tumour, Web, Altas de Giallo, Distrofia. Sep 8th - Dead Infection, Aborded, Decayed, Holocausto Canibal, Disaffected, Psychofagist, The Ransack, Alcolocaust. Sep 9th - Benediction, Leng Tch'e, Sacred Sin, In The Umbra, God, Pitch Black, Goldenpyre.

## AUGUST

**Mad Caddies** - August 14th at Cascais Monte do Estoril - Bauhaus from 9pm. Tickets: €15. **Mariza** - August 19th at Évora Arena. Further info TBA. **Mariza** - August 21st at Guimarães Campo de São Mamede. Further info TBA. **Lloyd Cole** - August 24th at Grândola Parque de Feiras e Exposições from 10pm. Entrance is free.

**Off the Wall** - Pink Floyd tribute band, August 25th at Grândola Parque de Feiras e Exposições from 10pm. Entrance is free. **Da Weasel** - August 31st at Seixal Corroios Palco Caslos Paredes. Further info TBA.

**SEPTEMBER** **You Should Go Ahead** - September 1st at Carvalhal. Further info TBA. **GNR, The Guff, Boss AC, Blasted Mechanism, DJ Henrique Amaro,**

**Dezperados** - September 7th at Pavilhão Atlântico in Lisbon. Further info TBA. **Massive Attack** - September 17th at Lisbon Coliseum from 9pm. Tickets: €32 - €35. **The Police** - September 25th at Oeiras National stadium. Tickets: €55 to €95.

## SEPTEMBER

**Quórum Ballet** - After 10 years working abroad, the dancing couple Daniel Cardoso and Theresa da Silva Cardoso returned to Portugal in 2005 with several ex Ballet Gulbenkian dancers, and have since been working on dance projects. See them on September 1st at Faro Teatro das Figuras from 10pm. Tickets: €12 - €16. **Portugal Moto GP** - Motorbike competition. See professionals such as Valentino Rossi and Dani Pedrosa fight for the MotoGP title. September 14th - 16th at Estoril Autódromo. Tickets: €20 to €100. Children under 10 go free.

**Pedro Abrunhoso & Bandemónio** - September 27th at Estoril Casino from 22.30pm. Entrance is free.

## OCTOBER

**Rod Stewart** - October 7th at Estoril Casino. Further info TBA.

## NOVEMBER

**The Great Beijing Acrobat Circus** - Founded in October 1950, this acrobat piece has travel the world. October 26th - 27th at Lisbon Coliseum. October 31st - November 1st Oporto Coliseum. Tickets: €10 - €30.

## NOVEMBER

**Sleeping Beauty Ballet** - This show has been described as representing a 'Ballet Symphony'. November 22nd - 24th at Lisbon Coliseum dos Recreios. November 27th Oporto Coliseum. Tickets: €12.50 - €37.50.

**Bugs Bunny on Ice** - 'Around the World in 80 Minutes Show' is a show

## LIVE CONCERTS

**Interpol** - November 7th at Lisbon Coliseum from 9pm. Tickets: €25 - €28. **Da Weasel** - November 10th at Lisbon Pavilhão Atlântico. Tickets: €15 - €25.

## LIVE SHOWS

based on the bestseller by Júlio Verne. See all of your favourite Looney Tunes characters such as Bugs, Daffy Duck, Tweety, Sylvester, Speedy Gonzales, Granny and the Tasmanian Devil on ice. November 1st - 11th at Lisbon's Campo Pequeno. Tickets: €12 - €40.

**DECEMBER** **Noddy Live** - Noddy is returning to Portugal for a Christmas special on December 8th and 9th with daily sessions at 11am 3.30pm and 7.30pm on December 8th. Minimum age of 3.

**TICKETS** Most tickets are available at FNAC outlets across the country, ATM machines, Abreu agencies, El Corte Inglés, Casa Viola, Ticketline or at the event itself on the night. Websites: [www.pavilhaoatlantico.pt](http://www.pavilhaoatlantico.pt); [www.ticketline.pt](http://www.ticketline.pt) | Phone numbers: 21 891 84 09 (Pavilhão Atlântico); 707 234 324 (Ticketline); 213 240 580 (Lisbon Coliseum)





The Simpsons Movie



Bug



Death Proof



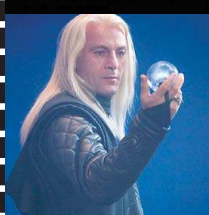
The Condemned



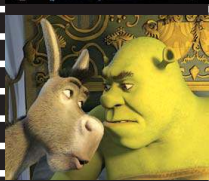
I Could Never be your Woman



ALPHA DOG



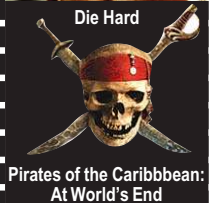
Harry Potter V



Shrek



Die Hard



Pirates of the Caribbean: At World's End

## ALGARVE

**SBC FORUM ALGARVE**  
TEL: 289 887 212  
**2 AUG-8 AUG**



- 1 **I Could Never be your Woman**  
Michelle Pfeiffer, Paul Rudd  
16.40-19.00-21.20-23.50  
**Shrek the Third**  
Animation OV  
(12.20 Sat & Sun) 14.25
- 2 **Surf's Up**  
Animation OV  
(11.10 Sat & Sun) 13.15-15.20-17.25-19.35-21.40  
**Die Hard 4.0**  
Bruce Willis, Justin Long  
23.45
- 3 **Surf's Up**  
Animation PV  
(10.55 Sat & Sun) 13.05-15.15-17.20-19.25-21.40  
**Death Proof**  
Kurt Russell, Rosario Dawson  
23.45
- 4 **Disturbia**  
Shia LaBeouf, David Morse  
14.40-17.05-19.30-22.00-00.25
- 5 **The Simpsons Movie**  
Animation OV  
(10.40-12.50 Sat & Sun) 15.00-17.10-19.20-21.30-23.40
- 6 **Harry Potter and the Order of the Phoenix**  
Daniel Radcliffe, Emma Watson  
(12.10 Sat & Sun) 15.10-18.10-21.10-00.10
- 7 **The Simpsons Movie**  
Animation PV  
(11.00 Sat & Sun) 13.10-15.20-17.30-19.40  
**Alpha Dog**  
Emile Hirsch, Justin Timberlake  
21.50-00.35
- 8 **The Hoax**  
Richard Gere, Alfred Molina  
14.00-16.35-19.15-22.10-00.40
- 9 **Transformers**  
Josh Duhamel, Tyrese Gibson  
18.00-21.00-00.05  
**Shrek the Third**  
Animation PV  
(11.15 Sat & Sun) 13.30-15.45

**CASTELLO LOPES CINEMAS PORTIMÃO**  
TEL: 707 220 220  
**2 AUG-8 AUG**



- 1 **The Simpsons Movie**  
Animation OV  
13.25-15.55-17.50-19.45-21.50-23.55
- 2 **Disturbia**  
Shia LaBeouf, David Morse  
13.30-16.00-18.20-21.45-00.05
- 3 **Shrek the Third**  
Animation PV  
13.30-16.00
- 4 **Transformers**  
Josh Duhamel, Tyrese Gibson  
18.25-21.20-00.10
- 5 **The Simpsons Movie**  
Animation PV  
13.10-15.30-17.30-19.30-21.30  
**I Could Never be your Woman**  
Michelle Pfeiffer, Paul Rudd  
21.30-23.45
- 6 **Harry Potter and the Order of the Phoenix**  
Daniel Radcliffe, Emma Watson  
13.10-15.50-18.40-21.25-00.15
- 7 **Surf's Up**  
Animation OV & PV  
13.15-15.30-17.35-19.35-21.30-23.40

**CASTELLO LOPES CINEMAS ALGARVESHOPPING**  
TEL: 707 220 220  
**2 AUG-8 AUG**



- 1 **The Simpsons Movie**  
Animation PV  
13.20-15.20-17.30-19.30-21.40-23.50
- 2 **The Simpsons Movie**  
Animation OV  
13.40-15.45-17.50-19.50-22.00-00.25
- 3 **Bug**  
Ashley Judd, Michael Shannon  
13.30-16.20-19.05-21.50-00.05
- 4 **Shrek the Third**  
Animation PV  
13.00-15.00-17.10-19.10
- 5 **Transformers**  
Josh Duhamel, Tyrese Gibson  
21.20-00.10
- 6 **Die Hard 4.0**  
Bruce Willis, Justin Long  
13.25-16.10-18.55-21.45-00.30
- 7 **Harry Potter and the Order of the Phoenix**  
Daniel Radcliffe, Emma Watson  
13.10-15.50-18.40-21.30-00.20
- 8 **Disturbia**  
Shia LaBeouf, David Morse  
13.15-16.30-19.00-21.15-23.40
- 9 **Surf's Up**  
Animation PV  
12.50-15.10-17.00-19.00-21.10-23.30
- 10 **The Hoax**  
Richard Gere, Alfred Molina  
13.15-16.00-18.30-21.25-00.35

**LUSOMUNDO VILAMOURA**  
TEL: 289 302 277  
**2 AUG-8 AUG**

- 1 **Surf's Up**  
Animation PV  
15.30-18.30-21.30
- 2 **The Dead Girl**  
Toni Collette, Piper Laurie  
00.00

## CENTRE

**LUSOMUNDO ALMADA FORUM**  
TEL: 707 246362  
**2 AUG-8 AUG**

- 1 **Van Wilder 2: The Rise of the Taj**  
Kal Penn, Lauren Cohan  
**Harry Potter and the Order of the Phoenix**  
Daniel Radcliffe, Emma Watson  
**Surf's Up** - Animation OV & PV  
**In the Land of Women**  
Adam Brody, Meg Ryan
- 2 **Disturbia**  
Shia LaBeouf, David Morse
- 3 **The Simpsons Movie**  
Animation OV & PV
- 4 **I Could Never be your Woman**  
Michelle Pfeiffer, Paul Rudd
- 5 **Transformers**  
Josh Duhamel, Tyrese Gibson
- 6 **Bordertown**  
Jennifer Lopez, Antonio Banderas
- 7 **The Condemned**  
Steve Austin, Vinnie Jones
- 8 **Shrek the Third**  
Animation OV & PV
- 9 **Alpha Dog**  
Emile Hirsch, Justin Timberlake
- 10 **Die Hard 4.0**  
Bruce Willis, Justin Long
- 11 **Death Proof**  
Kurt Russell, Rosario Dawson
- 12 **The Hoax**  
Richard Gere, Alfred Molina



OV = Original Version  
PV = Portuguese Version

**MILLENNIUM ALVALÁXIA**  
TEL: 21 754 9000  
**2 AUG-8 AUG**



- 1 **Death Proof**  
Kurt Russell, Rosario Dawson
- 2 **Harry Potter and the Order of the Phoenix**  
Daniel Radcliffe, Emma Watson
- 3 **The Simpsons Movie**  
Animation OV
- 4 **Disturbia**  
Shia LaBeouf, David Morse
- 5 **Alpha Dog**  
Emile Hirsch, Justin Timberlake
- 6 **Surf's Up** - Animation PV
- 7 **Shrek the Third** - Animation OV
- 8 **Van Wilder 2: The Rise of the Taj**  
Kal Penn, Lauren Cohan
- 9 **The Hoax**  
Richard Gere, Alfred Molina
- 10 **I Could Never be your Woman**  
Michelle Pfeiffer, Paul Rudd
- 11 **Transformers**  
Josh Duhamel, Tyrese Gibson
- 12 **Shrek the Third** - Animation PV
- 13 **Zodiac**  
Jake Gyllenhaal, Robert Downey Jr
- 14 **The Simpsons Movie**  
Animation PV
- 15 **In the Land of Women**  
Adam Brody, Meg Ryan
- 16 **Die Hard 4.0**  
Bruce Willis, Justin Long
- 17 **The Condemned**  
Steve Austin, Vinnie Jones
- 18 **Pirates of the Caribbean: At World's End**  
Johnny Depp, Orlando Bloom
- 19 **Ocean's Thirteen**  
George Clooney, Brad Pitt

**LUSOMUNDO AMOREIRAS**  
TEL: 707 246362  
**2 AUG-8 AUG**

- 1 **Disturbia**  
Shia LaBeouf, David Morse
- 2 **The Simpsons Movie**  
Animation PV
- 3 **Die Hard 4.0**  
Bruce Willis, Justin Long
- 4 **Surf's Up** - Animation PV
- 5 **Transformers**  
Josh Duhamel, Tyrese Gibson
- 6 **The Hoax**  
Richard Gere, Alfred Molina
- 7 **I Could Never be your Woman**  
Michelle Pfeiffer, Paul Rudd
- 8 **Harry Potter and the Order of the Phoenix**  
Daniel Radcliffe, Emma Watson
- 9 **Shrek the Third** - Animation PV

**LUSOMUNDO CASCAISHOPPING**  
TEL: 707 246362  
**2 AUG-8 AUG**

- 1 **The Simpsons Movie**  
Animation OV & PV
- 2 **Meet the Robinsons**  
Animation
- 3 **Van Wilder 2: The Rise of the Taj**  
Kal Penn, Lauren Cohan
- 4 **Surf's Up** - Animation OV & PV
- 5 **Death Proof**  
Kurt Russell, Rosario Dawson
- 6 **Harry Potter and the Order of the Phoenix**  
Daniel Radcliffe, Emma Watson
- 7 **Disturbia**  
Shia LaBeouf, David Morse
- 8 **Transformers**  
Josh Duhamel, Tyrese Gibson
- 9 **Shrek the Third** - Animation PV

**I Could Never be your Woman**  
Michelle Pfeiffer, Paul Rudd

**LUSOMUNDO COLOMBO**  
TEL: 707 246362  
**2 AUG-8 AUG**

- 1 **Surf's Up** - Animation OV & PV
- 2 **The Condemned**  
Steve Austin, Vinnie Jones
- 3 **The Simpsons Movie**  
Animation OV & PV
- 4 **Die Hard 4.0**  
Bruce Willis, Justin Long
- 5 **I Could Never be your Woman**  
Michelle Pfeiffer, Paul Rudd
- 6 **Disturbia**  
Shia LaBeouf, David Morse
- 7 **Harry Potter and the Order of the Phoenix**  
Daniel Radcliffe, Emma Watson
- 8 **Cash**  
Directed by Angus Gibson
- 9 **Shrek the Third**  
Animation PV
- 10 **Death Proof**  
Kurt Russell, Rosario Dawson
- 11 **Van Wilder 2: The Rise of the Taj**  
Kal Penn, Lauren Cohan
- 12 **Transformers**  
Josh Duhamel, Tyrese Gibson

**LUSOMUNDO DOLCE VITA MIRAFLORES**  
TEL: 707 246362  
**2 AUG-8 AUG**

- 1 **Van Wilder 2: The Rise of the Taj**  
Kal Penn, Lauren Cohan
- 2 **Shrek the Third**  
Animation PV
- 3 **Transformers**  
Josh Duhamel, Tyrese Gibson
- 4 **The Simpsons Movie**  
Animation PV
- 5 **Harry Potter and the Order of the Phoenix**  
Daniel Radcliffe, Emma Watson

**UCI CINEMAS EL CORTE INGLÉS**  
TEL: 707 23 22 21  
**2 AUG-8 AUG**



- 1 **Transformers**  
Josh Duhamel, Tyrese Gibson
- 2 **Alpha Dog**  
Emile Hirsch, Justin Timberlake
- 3 **Bordertown**  
Jennifer Lopez, Antonio Banderas
- 4 **Die Hard 4.0**  
Bruce Willis, Justin Long
- 5 **Bug**  
Ashley Judd, Michael Shannon
- 6 **The Hoax**  
Richard Gere, Alfred Molina
- 7 **Harry Potter and the Order of the Phoenix**  
Daniel Radcliffe, Emma Watson
- 8 **The Simpsons Movie**  
Animation PV
- 9 **La Faute à Fidel**  
Julie Depardieu, Stefano Accorsi
- 10 **In the Land of Women**  
Adam Brody, Meg Ryan
- 11 **The Simpsons Movie**  
Animation OV
- 12 **Jindabayne**  
Gabriel Byrne, Laura Linney
- 13 **Death Proof**  
Kurt Russell, Rosario Dawson
- 14 **Disturbia**  
Shia LaBeouf, David Morse
- 15 **Surf's Up**  
Animation OV & PV
- 16 **Ocean's Thirteen**  
George Clooney, Brad Pitt
- 17 **I Could Never be your Woman**  
Michelle Pfeiffer, Paul Rudd

**LUSOMUNDO FORUM MONTIJO**  
TEL: 707 246362  
**2 AUG-8 AUG**

- 1 **The Simpsons** - Animation PV
- 2 **Transformers**  
Josh Duhamel, Tyrese Gibson
- 3 **Disturbia**  
Shia LaBeouf, David Morse
- 4 **Die Hard 4.0**  
Bruce Willis, Justin Long
- 5 **Harry Potter and the Order of the Phoenix**  
Daniel Radcliffe, Emma Watson
- 6 **Surf's Up** - Animation OV & PV
- 7 **Shrek the Third** - Animation PV
- 8 **I Could Never be your Woman**  
Michelle Pfeiffer, Paul Rudd

**LUSOMUNDO ODIVELAS PARQUE**  
TEL: 707 246362  
**2 AUG-8 AUG**

- 1 **Disturbia**  
Shia LaBeouf, David Morse
- 2 **Shrek the Third** - Animation PV
- 3 **Die Hard 4.0**  
Bruce Willis, Justin Long
- 4 **The Simpsons** - Animation PV
- 5 **I Could Never be your Woman**  
Michelle Pfeiffer, Paul Rudd
- 6 **Surf's Up** - Animation OV & PV
- 7 **Death Proof**  
Kurt Russell, Rosario Dawson
- 8 **The Hoax**  
Richard Gere, Alfred Molina
- 9 **Transformers**  
Josh Duhamel, Tyrese Gibson
- 10 **Harry Potter and the Order of the Phoenix**  
Daniel Radcliffe, Emma Watson

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**2 AUG-8 AUG**

- 1 **Death Proof**  
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- 2 **Disturbia**  
Shia LaBeouf, David Morse
- 3 **Harry Potter and the Order of the Phoenix**  
Daniel Radcliffe, Emma Watson
- 4 **Surf's Up** - Animation OV & PV
- 5 **Transformers**  
Josh Duhamel, Tyrese Gibson
- 6 **The Simpsons** - Animation OV
- 7 **Shrek the Third** - Animation OV & PV
- 8 **Die Hard 4.0**  
Bruce Willis, Justin Long

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**2 AUG-8 AUG**

- 1 **Surf's Up** - Animation PV
- 2 **Harry Potter and the Order of the Phoenix**  
Daniel Radcliffe, Emma Watson
- 3 **Shrek the Third** - Animation PV
- 4 **Bordertown**  
Jennifer Lopez, Antonio Banderas
- 5 **The Simpsons** - Animation PV

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**2 AUG-8 AUG**

- 1 **I Could Never be your Woman**  
Michelle Pfeiffer, Paul Rudd
- 2 **Shrek the Third** - Animation OV & PV
- 3 **Die Hard 4.0**  
Bruce Willis, Justin Long
- 4 **Harry Potter and the Order of the Phoenix**  
Daniel Radcliffe, Emma Watson
- 5 **Disturbia**  
Shia LaBeouf, David Morse
- 6 **The Simpsons Movie**  
Animation OV & PV
- 7 **Van Wilder 2: The Rise of the Taj**  
Kal Penn, Lauren Cohan
- 8 **Alpha Dog**  
Emile Hirsch, Justin Timberlake
- 9 **Surf's Up** - Animation OV & PV
- 10 **Death Proof**  
Kurt Russell, Rosario Dawson
- 11 **Transformers**  
Josh Duhamel, Tyrese Gibson



Kale (Shia LaBeouf) has a life most teenagers would envy. He spends his days endlessly playing video games, surfing the net, eating junk food and watching cable. He has complete free reign of the house, and a beautiful young hottie named Ashley (Sarah Roemer) has just moved in next-door. There's only one problem, he's not allowed to leave the house. Kale's under court-ordered house arrest for three months, and if he takes one step beyond a 100-foot perimeter of the house, his next confinement will be in a real prison. And jail cells don't have video games or cable.



Life hasn't always been like this for him. A year ago, Kale and his mom (Carrie-Anne Moss) and dad were a tightknit, happy family. Then his father was killed in a car accident, for which Kale

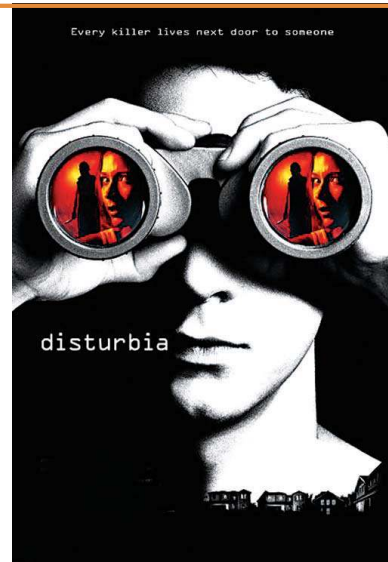
feels somewhat responsible. The trauma has had long-lasting psychological effects. The once outgoing young man is now shut down and withdrawn. When an insensitive teacher brings up his father, Kale loses it and punches him out. Only the intercession of his mother kept him out of jail.

Now he's going stir crazy in his own house while his mother tries to keep things together by working day and night. As the walls start to close in, Kale starts to notice the world outside. With some second-hand surveillance equipment he begins spying on his neighbours, most prominently Ashley, who soon catches on to him. To his surprise however, she becomes interested in his stakeout hobby.

What starts out as a game turns deadly serious when Kale and Ashley begin to suspect that one of their neighbours (David Morse) may be an elusive serial killer. But who's going to believe them?

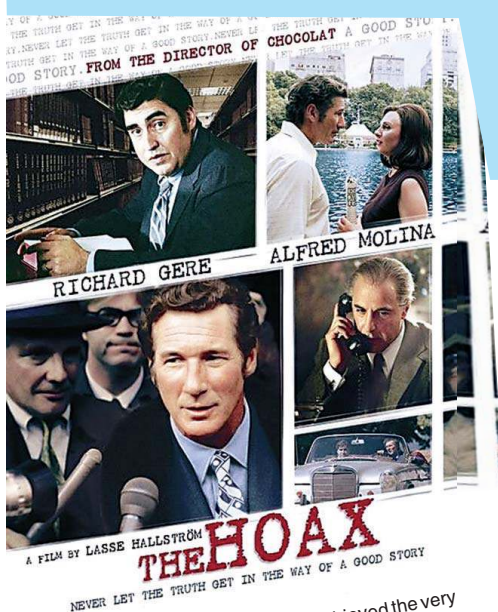
It may just be their overactive imagination. Or they may have stumbled across a secret that might cost them their lives.

After all, even killers have to live next-door to someone...



*Surf's Up* is an animated action-comedy that delves behind the scenes of the high-octane world of competitive surfing. The film profiles teenage Rockhopper penguin Cody Maverick (voiced by Shia LaBeouf), an up-and-coming surfer, as he enters his first pro competition. Followed by a camera crew to document his experiences, Cody leaves his family and home in Shiverpool, Antarctica to travel to Pen Gu Island for the Big Z Memorial Surf Off. Along the way, Cody meets Sheboygan surfer Chicken Joe (voiced by Jon Heder), famous surf promoter Reggie Belafonte (voiced by James Woods), surf talent scout Mikey Abromowitz (voiced by Mario Cantone), and spirited lifeguard Lani Aliikai (voiced by Zooey Deschanel), all of whom recognize Cody's passion for surfing, even if it's a bit misguided at times.

Cody believes that winning will bring him the admiration and respect he desires, but when he unexpectedly comes face-to-face with a washed-up old surfer (voiced by Jeff Bridges), Cody begins to find his own way, and discovers that a true winner isn't always the one who comes in first.



Actually, that's a lie.

In 1971, writer Clifford Irving told an incredible whopper (lie), one that became one of the most audacious and outrageous hoaxes ever perpetrated on the media and American public. Claiming to have obtained Howard Hughes' long sought-after memoirs, Irving pulled the wool over the entire publishing industry's eyes, and nearly made off with major cash and worldwide fame, until his clever yarn unravelled into a serious crime.

From Academy Award-nominated director Lasse Hallström (*Cider House Rules*, *Chocolat*) comes *The Hoax*, a riveting caper inspired by Irving's untrue story. Jumping off from the still controversial facts surrounding Irving's ruse into a fictional reverie, the film mischievously and imaginatively explores how a man, an industry and an entire nation could become intoxicated by a good story... in sheer defiance of the fact that it never really happened.



The legacy of perpetual college party-man Van Wilder lives on in *National Lampoon's Van Wilder 2: The Rise of Taj*, as his former apprentice Taj Mahal Badalandabad (Kal Penn) takes the torch to

jolly old England, where he is continuing his education at stuffy Camford University. At first things look bleak for Taj, despite his gleaming newfound confidence and hip makeover from his days at Coolidge College, as he is rejected by the prestigious fraternity, Fox and Hounds, and ends up boarding with a group of misfits. Driven to live up to his former mentor's good name and also to make his father proud, Taj sets out to prove his big-man-on-campus potential by unabashedly leading his outcast housemates in an attempt to defeat the wealthy elite of Camford in a range of competitions for the coveted Hastings Cup.

Taj is the only character to appear from the first *Van Wilder*, with the exception of Wilder's pet bulldog. Much like the grandfather of all college films, *Animal House* (1978), *Van Wilder 2: The Rise of Taj* examines the lighter side of higher education, pointing out that it's not only about earning a diploma but also about discovering one's potential, and not forgetting to have fun along the way.



In 1971, Clifford Irving (Richard Gere) achieved the very heights of American journalism, nabbing the most famous man in the world, ultra-reclusive, immensely powerful, superstar billionaire Howard Hughes, revealing his most intimate memories and controversial secrets.



**CELEB NEWS**

Demonstrating convincingly that movie audiences don't really care all that much whether an animated film is produced by human hands or by computers, so long as the script is compelling, the hand-drawn **The Simpsons Movie** took in an estimated \$75 million on its opening weekend in the US, well above analysts' estimates. Twentieth Century Fox boasted that the movie opened with bigger box-office results than any Pixar film. (Among animated films, it was exceeded only by the first two **Shrek** movies.) It was responsible for 55 percent of all ticket sales overseas, piling up an additional \$96 million although debuting in just 8 of the top-15 overseas markets. "I had been saying this is America's No. 1 comedy family, but forget the 'America' part, this is the Earth's No. 1 comedy family," Chris Aronson, senior vice president for distribution at Fox, told the Los Angeles Times. «»» German actor **Ulrich Mühe** has died. He was 54. Mühe, the star of Oscar-winning film *The Lives Of Others*, died at his home in Saxony-Anhalt Germany, on Sunday, July 22. He had been receiving treatment for stomach cancer. Despite his illness, Mühe flew to Hollywood with director **Florian Henckel von Donnersmarck** in April to see *The Lives Of Others* win the Oscar for Best Foreign Language Film. He also won the Best Actor prize at the European Film Awards in 2006. He is survived by his wife and their two children, plus another child from his earlier marriage to actress Jenny Grollmann. «»» Officials in Rome announced the death, on July 30, at age 94 of legendary director, **Michelangelo Antonioni**. "With Antonioni dies not only one of the greatest directors but also a master of modernity," Walter Veltroni, the mayor of Rome, said in the announcement. Antonioni directed both Italian- and English-language features, including the 1960 classic *L'Avventura* and the 1966 Oscar-nominated *Blowup*. Despite being largely incapacitated by a stroke in 1983, he continued directing films. In 1994, barely able to speak and appearing frail, he directed **John Malkovich**, **Jeremy Irons**, **Irene Jacob** and **Fanny Ardant** in *Beyond the Clouds*, often using a note pad to communicate with the cast and crew. In 1995, the Academy of Motion Picture Arts and Sciences awarded him an Oscar for lifetime achievement. «»» **Ingmar Bergman**, one of the world's most influential, and revered, directors of the century died Monday, July 30, on Faro Island, Sweden at the age of 89. The cause of death was not immediately disclosed. **Woody Allen** once called him "probably the greatest film artist, all things considered, since the invention of the motion picture camera." In its obituary, the New York Times took note of the fact that critics regarded Bergman as "one of the directors, the others being **Federico Fellini** and **Akira Kurosawa**, who dominated the world of serious film making in the second half of the 20th century." «»» French actor **Michel Serrault** has died. He was 79. The movie star passed away at his home in Honfleur, France after a long illness on Sunday, July 29. Serrault garnered worldwide critical acclaim for his performance in 1978 comedy movie *La Cage Aux Folles*, the film was nominated for three Oscars and the actor won the first of three Cesars for the film. After beginning his career on the stage, he began working on a cabaret act with playwright **Jean Poiret** which proved a huge success in the music halls of Paris. But it wasn't until Serrault landed a role in **Henri-Georges Clouzot's** 1954 French thriller *Les Diaboliques* that he hit the big screen. He was married with two daughters, one of whom passed away in a car crash in 1977.

**NORTH**

**UCI CINEMAS**  
**ARRÁBIDA SHOPPING**  
TEL: 707 23 22 21  
**2 AUG-8 AUG**



- 1 **Harry Potter and the Order of the Phoenix**  
Daniel Radcliffe, Emma Watson
- 2 **I Could Never be your Woman**  
Michelle Pfeiffer, Paul Rudd
- 3 **The Simpsons Movie**  
Animation PV
- 4 **Shrek the Third**  
Animation OV & PV
- 5 **Ocean's Thirteen**  
George Clooney, Brad Pitt
- 6 **Bug**  
Ashley Judd, Michael Shannon
- 7 **It's a Boy Girl Thing**  
Samaire Armstrong, Kevin Zegers
- 8 **The Condemned**  
Steve Austin, Vinnie Jones
- 9 **Die Hard 4.0**  
Bruce Willis, Justin Long
- 10 **Transformers**  
Josh Duhamel, Tyrese Gibson
- 11 **Harry Potter and the Order of the Phoenix**  
Daniel Radcliffe, Emma Watson
- 12 **Death Proof**  
Kurt Russell, Rosario Dawson
- 13 **The Hoax**  
Richard Gere, Alfred Molina
- 14 **Van Wilder 2: The Rise of the Taj**  
Kal Penn, Lauren Cohan
- 15 **The Simpsons Movie**  
Animation OV
- 16 **Disturbia**  
Shia LaBeouf, David Morse
- 17 **Jindabaye**  
Gabriel Byrne, Laura Linney
- 18 **Alpha Dog**  
Emile Hirsch, Justin Timberlake
- 19 **Bordertown**  
Jennifer Lopez, Antonio Banderas
- 20 **Surf's Up**  
Animation PV

**LUSOMUNDO**  
**DOLCE VITA COIMBRA**  
TEL: 707 246362  
**2 AUG-8 AUG**

- The Simpsons Movie**  
Animation OV  
**Harry Potter and the Order of the Phoenix**  
Daniel Radcliffe, Emma Watson  
**Surf's Up**  
Animation OV & PV  
**Ocean's Thirteen**  
George Clooney, Brad Pitt  
**I Could Never be your Woman**  
Michelle Pfeiffer, Paul Rudd  
**Disturbia**  
Shia LaBeouf, David Morse  
**La Doubleure**  
Daniel Auteuil, Alice Taglioni  
**The Dead Girl**  
Toni Collette, Piper Laurie  
**Die Hard 4.0**  
Bruce Willis, Justin Long  
**Transformers**  
Josh Duhamel, Tyrese Gibson  
**Shrek the Third**  
Animation OV & PV



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**DOLCE VITA DOURO**  
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**2 AUG-8 AUG**

- Disturbia**  
Shia LaBeouf, David Morse  
**Shrek the Third - Animation PV**  
**Die Hard 4.0**  
Bruce Willis, Justin Long  
**Transformers**  
Josh Duhamel, Tyrese Gibson  
**Harry Potter and the Order of the Phoenix**  
Daniel Radcliffe, Emma Watson  
**The Simpsons Movie**  
Animation PV  
**It's a Boy Girl Thing**  
Samaire Armstrong, Kevin Zegers  
**Van Wilder 2: The Rise of the Taj**  
Kal Penn, Lauren Cohan  
**Alpha Dog**  
Emile Hirsch, Justin Timberlake

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**DOLCE VITA PORTO**  
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**2 AUG-8 AUG**

- Disturbia**  
Shia LaBeouf, David Morse  
**Shrek the Third - Animation PV**  
**Ocean's Thirteen**  
George Clooney, Brad Pitt  
**The Simpsons Movie**  
Animation OV  
**Surf's Up - Animation OV & PV**  
**Transformers**  
Josh Duhamel, Tyrese Gibson  
**Harry Potter and the Order of the Phoenix**  
Daniel Radcliffe, Emma Watson  
**Die Hard 4.0**  
Bruce Willis, Justin Long  
**Bug**  
Ashley Judd, Michael Shannon

**LUSOMUNDO**  
**FERRARA PLAZA**  
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**2 AUG-8 AUG**

- It's a Boy Girl Thing**  
Samaire Armstrong, Kevin Zegers  
**Shrek the Third**  
Animation PV  
**Transformers**  
Josh Duhamel, Tyrese Gibson  
**Disturbia**  
Shia LaBeouf, David Morse  
**The Simpsons Movie**  
Animation PV  
**Harry Potter and the Order of the Phoenix**  
Daniel Radcliffe, Emma Watson

**LUSOMUNDO**  
**FORUM AVEIRO**  
TEL: 707 246362  
**2 AUG-8 AUG**

- Harry Potter and the Order of the Phoenix**  
Daniel Radcliffe, Emma Watson  
**Ocean's Thirteen**  
George Clooney, Brad Pitt  
**The Hoax**  
Richard Gere, Alfred Molina  
**The Simpsons Movie**  
Animation PV  
**The Condemned**  
Steve Austin, Vinnie Jones  
**Transformers**  
Josh Duhamel, Tyrese Gibson  
**Shrek the Third - Animation PV**  
**Alpha Dog**  
Emile Hirsch, Justin Timberlake  
**Disturbia**  
Shia LaBeouf, David Morse

**LUSOMUNDO**  
**FORUM COIMBRA**  
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**2 AUG-8 AUG**

- Shrek the Third**  
Animation PV  
**The Condemned**  
Steve Austin, Vinnie Jones  
**Alpha Dog**  
Emile Hirsch, Justin Timberlake  
**Transformers**  
Josh Duhamel, Tyrese Gibson  
**The Simpsons Movie**  
Animation PV

**Die Hard 4.0**  
Bruce Willis, Justin Long  
**Van Wilder 2: The Rise of the Taj**  
Kal Penn, Lauren Cohan  
**Harry Potter and the Order of the Phoenix**  
Daniel Radcliffe, Emma Watson

**LUSOMUNDO**  
**FORUM VISEU**  
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**2 AUG-8 AUG**

- Die Hard 4.0**  
Bruce Willis, Justin Long  
**Surf's Up**  
Animation OV & PV  
**The Dead Girl**  
Toni Collette, Piper Laurie  
**Disturbia**  
Shia LaBeouf, David Morse  
**Shrek the Third**  
Animation PV  
**Transformers**  
Josh Duhamel, Tyrese Gibson  
**Harry Potter and the Order of the Phoenix**  
Daniel Radcliffe, Emma Watson  
**The Simpsons Movie**  
Animation PV  
**It's a Boy Girl Thing**  
Samaire Armstrong, Kevin Zegers

**LUSOMUNDO**  
**FORUM VIZELA**  
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**2 AUG-8 AUG**

- Taxi 4**  
Samy Naceri, Frédéric Diefenthal  
**Bordertown**  
Jennifer Lopez, Antonio Banderas  
**The Condemned**  
Steve Austin, Vinnie Jones  
**Charlotte's Web**  
Dakota Fanning, Beau Bridges

**LUSOMUNDO**  
**FOZ PLAZA**  
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**2 AUG-8 AUG**

- Shrek the Third**  
Animation PV  
**Taxi 4**  
Samy Naceri, Frédéric Diefenthal  
**Harry Potter and the Order of the Phoenix**  
Daniel Radcliffe, Emma Watson  
**Transformers**  
Josh Duhamel, Tyrese Gibson  
**The Simpsons Movie**  
Animation PV  
**Die Hard 4.0**  
Bruce Willis, Justin Long  
**Disturbia**  
Shia LaBeouf, David Morse  
**Surf's Up - Animation PV**

**LUSOMUNDO**  
**GAIA SHOPPING**  
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**2 AUG-8 AUG**

- I Could Never be your Woman**  
Michelle Pfeiffer, Paul Rudd  
**Death Proof**  
Kurt Russell, Rosario Dawson  
**Surf's Up - Animation OV & PV**  
**The Simpsons Movie**  
Animation OV & PV  
**Disturbia**  
Shia LaBeouf, David Morse  
**Die Hard 4.0**  
Bruce Willis, Justin Long  
**Shrek the Third**  
Animation PV  
**Transformers**  
Josh Duhamel, Tyrese Gibson  
**Harry Potter and the Order of the Phoenix**  
Daniel Radcliffe, Emma Watson  
**Van Wilder 2: The Rise of the Taj**  
Kal Penn, Lauren Cohan

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**2 AUG-8 AUG**

- Shrek the Third**  
Animation OV & PV  
**Taxi 4**  
Samy Naceri, Frédéric Diefenthal  
**Surf's Up**  
Animation OV & PV

**Die Hard 4.0**  
Bruce Willis, Justin Long  
**The Simpsons Movie**  
Animation OV  
**Meet the Robinsons**  
Animation  
**Transformers**  
Josh Duhamel, Tyrese Gibson  
**Van Wilder 2: The Rise of the Taj**  
Kal Penn, Lauren Cohan  
**Harry Potter and the Order of the Phoenix**  
Daniel Radcliffe, Emma Watson

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**2 AUG-8 AUG**

- Van Wilder 2: The Rise of the Taj**  
Kal Penn, Lauren Cohan  
**The Simpsons Movie**  
Animation PV  
**Disturbia**  
Shia LaBeouf, David Morse  
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Bruce Willis, Justin Long  
**It's a Boy Girl Thing**  
Samaire Armstrong, Kevin Zegers  
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Samy Naceri, Frédéric Diefenthal  
**The Condemned**  
Steve Austin, Vinnie Jones  
**Surf's Up**  
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**Harry Potter and the Order of the Phoenix**  
Daniel Radcliffe, Emma Watson  
**Shrek the Third**  
Animation PV  
**Transformers**  
Josh Duhamel, Tyrese Gibson

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**2 AUG-8 AUG**

- The Hoax**  
Richard Gere, Alfred Molina  
**Disturbia**  
Shia LaBeouf, David Morse  
**The Simpsons Movie**  
Animation OV  
**Surf's Up**  
Animation OV & PV  
**Die Hard 4.0**  
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**Shrek the Third**  
Animation PV  
**Death Proof**  
Kurt Russell, Rosario Dawson  
**Harry Potter and the Order of the Phoenix**  
Daniel Radcliffe, Emma Watson  
**Transformers**  
Josh Duhamel, Tyrese Gibson

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**2 AUG-8 AUG**

- The Simpsons Movie**  
Animation OV & PV  
**Disturbia**  
Shia LaBeouf, David Morse  
**Van Wilder 2: The Rise of the Taj**  
Kal Penn, Lauren Cohan  
**Surf's Up - Animation OV & PV**  
**Shrek the Third**  
Animation OV & PV  
**Harry Potter and the Order of the Phoenix**  
Daniel Radcliffe, Emma Watson  
**Transformers**  
Josh Duhamel, Tyrese Gibson  
**I Could Never be your Woman**  
Michelle Pfeiffer, Paul Rudd  
**Alpha Dog**  
Emile Hirsch, Justin Timberlake  
**Die Hard 4.0**  
Bruce Willis, Justin Long  
**Pirates of the Caribbean: At World's End**  
Johnny Depp, Orlando Bloom





# SAT BBC1

6.00 Breakfast. (T) 10.00 Best Bites. (T) 11.30 A Taste of My Life. (R) (T) 12.00 BBC News: Weather. (T) 12.10 Salford Triathlon. (T) 1.30 Live Golf: The Women's British Open. The third round at St Andrews. (T)

5.15 BBC News; Regional News; Weather. (T)

5.35 Just for Laughs. New series of the hidden camera show in which members of the public find themselves in extraordinary situations. A worker nails his foot to the floor and a girl showers in public. (T)

6.05 School's Out. Danny Wallace hosts the quiz based on school subjects. (T)

6.40 DanceX. Ben Shephard hosts the second live show as renowned choreographers Arlene Phillips and Bruno Tonioli go head to head in the search for a new all-singing, all-dancing supergroup. The groups perform three numbers - the first a dance act, the second as a singing group and the third as a complete article - as they fight for their chance to dance another week. (T)

7.55 The National Lottery Draws. Craig Doyle sets the balls rolling in the all-important Thunderball, Dream Number and Lotto draws. (T)

8.10 Casualty. Guppy's addiction to cocaine causes him to make a potentially fatal error, but a guilt-racked Stitch takes the blame. Maggie urges Selena to tell Harry how she feels about him as he tours the hospital with a government minister, and a gun-toting patient puts lives in danger. Last in series. (T)

9.00 Empathy. Supernatural drama, starring Stephen Moyer as ex-con Jimmy Collins, who is released from prison and begins to experience visions whenever he touches people. He struggles to come to terms with the unnerving insights, but soon discovers his new-found abilities provide clues to a high-profile murder case. However, the police dismiss his claims and suspect he committed the crime. With Heather Peace, Mark Womack and Amanda Douge. (T)

10.30BBC News; Weather. (T) 10.50FILM: Lake Placid (2000). Tongue-in-cheek horror, starring Bill Pullman. (T)

12.05 FILM: Color of Night (1994). Psychological thriller, starring Bruce Willis; (T) Weatherview. 2.05 BBC News 24. (T)

## LOCAL

**RTP1**  
0630 Brinca Comigo 0830 Diário de Sofia 0900 A Grande Migração dos Gnus 1000 Zona Húmidas Selvagens 1100 Mudar de Vida 1130 factor M 1300 News 1410 Top + 1530 Ciclismo: Tour of Frande 1630 Film TBA 1845 O Preço Certo 1945 A Voz do Cidadão 2000 News 2315 Death To Smoochy, film 0125 Police Academy 4: Citizens on Patrol, film 0400 A Hora da Sorte 0415 Telesales

**RTP2**  
0700 Euronews 0900 África 7 Dias 0930 Notícias de Portugal 1030 Animais Como Nós 1115 Placo: Jennifer Loez, Christina Aguilera 1300 The Simpsons 1300 entre Pratos 1400 Paramentos 1500 Desporto 2 1900 Flip 1930 Indisciplinas 2000 National geographic 2030 Diário de Sofia 2100 Balança e Contrás 2145 A Hora da Sorte 2200 News 2240 Film TBA 0130 Vidas 0300 Sport 0600 Euronews  
**SIC**  
0700 Sic Kids 0845 Disney Kids 1200 Our world 1300 News 1400 Extase 1500 Ugly Betty 1700 Film TBA 2100 News 2200 Paraíso Tropical 2245 Amozônia 2330 Vingança 0030 Film TBA 0230 Film TBA  
**TVI**  
0700 Children TV 0900 Morangos com Açúcar 1045 O Bando dos Quatro 1215 DeLuxe 1300 News 1400 Os Escolhidos 1600 Film TBA1800 Film TBA 2115 Ilha dos Amores 2215 Doce Fugitiva 2315 Tu e Eu 0015 Film TBA 0230 Kojak 0330 Dawsons Creek 0430 O Protector



## BBC2

6.00 CBeebies: 6.00 Teletubbies; (R) (T) CBeebies Birthdays. (T) 6.30 Balamory. (R) (T) 6.50 Step Inside. (R) (T) 7.00 CBBC: Dogstar. (R) (T) 7.25 The Batman. (T) (T) 7.45 Dennis the Menace; (R) (T) Batfink. (R) (T) 8.15 ChuckleVision. (R) (T) 8.30 The Story of Tracy Beaker. (R) (T) 9.00 The Sorcerer's Apprentice. (R) (T) 9.30 The Slammer. (R) (T) 10.00 Beat the Boss. (R) (T) 10.25 The Story of Tracy Beaker. (R) (T) 10.55 Do Something Different. (T) 11.20 What's New Scooby-Doo? (R) (T) 11.45 Sportsround. (T) 12.00 Animal Park. (R) (T) 1.00 FILM: I Know Where I'm Going (1945). Light-hearted romance, starring Wendy Hiller. (T) (bw) 2.25 FILM: The Red Shoes (1948). Oscar-winning drama, starring Anton Walbrook. (T) 4.35 Weakest Link. (R) (T) 5.20 Some Mothers Do 'Ave 'Em. (R) (T) 5.45 Coast. (R) (T) 6.45 BBC Proms 2007. (T) 9.00 British Film Forever. From Brief Encounter to Bridget Jones, the documentary series continues to look at how society is reflected on the big screen by exploring its depiction of love. Richard Curtis, Michael Caine, Kate Winslet and Steve Coogan are among the stars discussing such films as Love Actually, Four Weddings and a Funeral, Alfie, Educating Rita and Gregory's Girl. (T) 10.30 FILM: Gregory's Girl (1981). A shy teenager is dismayed to be relegated to goalkeeper in the football team - until he meets the curvaceous striker who takes his place. Quirky comedy, starring John Gordon Sinclair. (T) 12.00 FILM: The Seventh Veil (1946). Melodrama, starring James Mason. (T) (bw) 1.30 Farscape. (R) (T) 2.15 Farscape. (R) (T) 3.00 Close.

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## Pick of the Day

Empathy (BBC1, 9pm)

If somebody came up to you and announced they'd seen a vision of the future, you'd more than likely think they were absolutely barking mad. However, such behaviour appears to be fine and dandy if you're the main character in a TV drama. In fact, if anything, it's a bonus because, as this new, feature-length offering proves, it can provide a great basis for a cracking evening's entertainment. So, be prepared to take what's about to happen with a pinch of salt (it's not based on a true story, in case you needed to be told), settle back and enjoy the tale of Jimmy Collins, an ex-con recently released from jail after serving a long sentence for a violent attack. He does the usual things former jailbirds do, such as try to rebuild relationships with loved ones he hasn't seen for quite some time, but while that proves problematic, it's his ability to view other people's memories which, understandably, leaves him a nervous wreck. When Jimmy thinks he's seen something which may help solve a murder, he nips straight round to the local cop shop but will anybody believe his story? Stephen Moyer, Heather Peace and Mark Womack head the cast.

## C4

6.10 The Hoobs. (R) (T) 6.35 The Hoobs. (R) (T) 7.00 Goalissimo. (R) (T) 8.00 The Morning Line. (T) 8.50 T4: Surf's Up: T4 Movie Special. (T) 9.50 T4: Friends. (R) (T) 10.20 T4: TBA: Kasabian. (T) 10.55 T4: Big Brother. (R) (T) 12.00 T4: Big Brother. (R) (T) 12.30 T4: Friends. (R) (T) 1.00 T4: Charmed. (R) (T) 2.00 Channel 4 Racing from Glorious Goodwood and Newmarket. Including the 3.55 Blue Square.com Stewards' Cup (H'cap) (6f). (T) 4.15 FILM: The Sons of Katie Elder (1965). Western adventure, starring John Wayne. (T) 6.30 Channel 4 News. (T) 7.00 Deadliest Catch. New series following the lives of fisherman off the coast of Alaska as hundreds of boats descend on Dutch Harbour for the lucrative king crab season. (T) 8.00 Nightmare at 20,000 Feet. Extreme survival series Alive returns with four new real-life stories, beginning with a reconstruction of three British mountaineers' disaster-hit attempt to climb Mount McKinley in Alaska. (T) 9.00 FILM: Rush Hour 2 (2001). Jackie Chan and Chris Tucker team up for more crime-fighting chaos when they take on the might of the Triads. Undemanding kick-kicking comedy sequel, with John Lone and Zhang Ziyi. (T) 10.40 FILM: Dogtown and Z-Boys (2001). Skateboarding documentary, narrated by Sean Penn. (T) 12.35 Festival Postcards: Global Gathering. (R) (T) 12.50 Road to V 2007. (R) (T) 1.05 Red Bull Air Race. (R) (T) 2.35 Big Brother Live. 5.00 Full Metal Challenge. (R) (T)

## FIVE

6.00 Sunrise. 6.55 Milkshake!: Franklin. (R) (T) 7.25 Little Princess. (R) (T) 7.40 Roary the Racing Car. (R) (T) 7.55 Make Way for Noddy. (R) (T) 8.10 Harry and His Bucket Full of Dinosaurs. (R) (T) 8.25 The Book of Pooh. (R) (T) 9.05 Peppa Pig. (R) (T) 9.15 Fifi and the Flowertots. (R) (T) 9.30 Jane and the Dragon. (R) (T) 10.00 Perfect Disaster. (R) (T) 11.00 David Beckham's Soccer USA. (R) 11.45 Nick Baker's Weird Creatures. (R) (T) 12.50 Russell Grant's Postcards. 1.05 FILM: Annie's Point (2005). Premiere. Comedy drama, starring Betty White and Amy Davidson. (T) 2.50 FILM: Light of Day (1987). Teenage drama, starring Michael J Fox. (T) 4.45 FILM: Guarding Tess (1994). Comedy drama, starring Nicolas Cage. (R) (T) 6.25 FILM: Stealing Harvard (2002). Premiere. A man attempts to save the money he needs to marry his girlfriend, but ends up stony broke, forcing him to turn to a life of crime. Mediocre comedy, starring Jason Lee and Tom Green. (T) 7.55 five news and sport. (T) 8.05 NCIS. Part one of two. The team reel in the wake of the terrorist attack, but try to avenge Kate's death by collecting as much information as possible on Ari before he does any more damage. (R) (T) 9.00 CSI: Crime Scene Investigation. Nick and Sofia investigate why a man stabbed an Iraq war veteran seemingly without provocation, while Warwick and Greg consider what caused a model to fall from a cliff. (R) (T) 10.00 Law & Order: Special Victims Unit. Two high-school students are shot dead. (T) 11.00 Angela's Eyes. (R) (T) 12.00 Quiz Call. 5.35 Wildlife SOS. (R) (T)

## LOCAL Best of the Rest

**BBC3**  
7.00 International Rugby Union 7.55 Dance Xtra 8.25 Top Gear 9.30 Goals Galore! 10.30 Touch Me, I'm Karen Taylor 11.00 Touch Me, I'm Karen Taylor 11.30 Touch Me, I'm Karen Taylor 12.00 Touch Me, I'm Karen Taylor 12.30 Touch Me, I'm Karen Taylor 1.00 Touch Me, I'm Karen Taylor 1.25 Two Pints of Lager and a Packet of Crisps 1.55 Two Pints of Lager and a Packet of Crisps 2.25 Goals Galore! 3.20 Touch Me, I'm Karen Taylor 3.50 Touch Me, I'm Karen Taylor 4.20 Close  
**BBC4**  
7.00 The Day of the Trifids 7.30 The Day of the Trifids 8.00 The Day of the Trifids 8.30 The Sky at Night 9.00 Film: Ushpizin PG (2004) 10.30 Lonesome Dove 12.05 Bruce Springsteen with The Sessions Band in Dublin 1.05 BBC Four Sessions 2.05 Ian Rankin's Hidden Edinburgh 3.05 Ian Rankin Investigates: Dr Jekyll and Mr Hyde 4.05 Close

**ITV2**  
2.35 Holiday Showdown 3.35 Australian Princess 4.35 Movies Now 4.50 America's Got Talent 6.00 America's Got Talent: Results 7.00 Nanny 911 8.00 Film: Groundhog Day PG (1993) 9.55 Film: Instinct 15 (1999) 12.25 Calum, Fran and Dangerous Danan 1.25 Make Your Play: ITV Play 3.40 Emmerdale 6.00 Close  
**Sky One**  
1.00 Star Trek: The Next Generation 2.00 Star Trek: The Next Generation 3.00

Relic Hunter 4.00 Futurama 4.30 Evan Almighty Special 5.00 Mission Impossible 6.00 Futurama 6.30 Futurama 7.00 The Simpsons 7.30 The Simpsons 8.00 Lost 9.00 Bones 10.00 Cold Case 11.00 Road Wars 12.00 Toughest Pubs in Britain 1.00 Star Trek: The Next Generation 1.50 Star Trek: The Next Generation 2.40 Mark Williams' Big Bangs 3.30 Is Harry on the Boat? 4.20 Relic Hunter 5.10 Taste

**UKTV Gold**  
1.25 Open All Hours 2.05 Open All Hours 2.45 Open All Hours 3.25 Open All Hours 4.05 Open All Hours 4.45 Only Fools and Horses 5.30 Only Fools and Horses 6.10 Only Fools and Horses 6.50 Only Fools and Horses 7.55 Only Fools and Horses 9.00 Film: Signs 12 (2002) 11.10 Men Behaving Badly 11.50 Jack Dee's Happy Hour 12.30 Men Behaving Badly 1.10 Early Doors 1.45 Two Pints of Lager and a Packet of Crisps 2.15 Miss Marple 4.00 Close Up 4.10 Dallas 5.00 Dallas 5.50 Close Up

**TCM**  
2.30 Adrian Wootton on Elvis 3.00 It Happened at the World's Fair U (1963) 5.00 The Detective U (1954) 6.45 Lust for Life PG (1956) 9.00 Point of No Return 18 (1993) 11.00 The Dirty Dozen 15 (1967) 1.30 The Best House in London 15 (1968) 3.05 Teleshopping 3.25 Bacall on Bogart

**The Disney Channel**  
Kids' programmes from 7am, except: 4.00 Film: Eddie's Million Dollar Cook-Off U (2003) Comedy, starring Orlando Brown.

## MOVIES

### Sky Movies Drama

7.10 Miracle on the 17th Green U (1999) 8.50 Holy Matrimony PG (1994) 10.30 No Way Out 15 (1987) 12.30 Driven to Succeed PG (2004) With Cybill Shepherd. 2.10 Holy Matrimony PG (1994) With Patricia Arquette. 3.50 Drama Close Up 4.20 Washington Square PG (1997) With Jennifer Jason Leigh. 6.20 Driven to Succeed PG (2004) With Cybill Shepherd. 8.00 The Edge 15 (1997) With Anthony Hopkins. 10.00 No Way Out 15 (1987) With Kevin Costner. 12.10 Hustle and Flow 15 (2005) With Terrence Howard. 2.15 Swimming Upstream 12 (2004) With Geoffrey Rush. 4.10 Drama Close Up 4.40 Driven to Succeed PG (2004)

### Sky Movies Comedy

6.50 The Producers 12 (2005) 9.10 The Pacificer PG (2005) 11.10 Roseanna's Grave 12 (1997) With Jean Reno. 1.10 The 40 Year Old Virgin 15 (2005) With Steve Carell. 3.10 Evan Almighty - Making Of 3.40 Just Friends 12 (2005) With Ryan Reynolds. 5.30 Comedy Close Up 6.00 The Pacificer PG (2005) With Vin Diesel. 8.00 The 40 Year Old Virgin 15 (2005) With Steve Carell. 10.00 Just Friends 12 (2005) With Ryan Reynolds. 11.40 Preaching to the Perverted 18 (1997) With Christien Anholt. 1.25 The Producers 12 (2005) With Matthew Broderick. 3.45 Roseanna's Grave 12 (1997)

5.30 Best Man in Grass Creek PG (2001)

### Sky Movies Action

6.10 Angel Flight Down PG (1996) 7.50 Chain Reaction 12 (1996) 9.50 Homeland Security 15 (2004) 11.30 Conan the Barbarian 15 (1981) With Arnold Schwarzenegger. 1.45 Chain Reaction 12 (1996) With Keanu Reeves. 3.35 Homeland Security 15 (2004) With Scott Glenn. 5.05 Rush Hour 12 (1998) With Jackie Chan. 6.50 Conan the Barbarian 15 (1981) With Arnold Schwarzenegger. 9.00 Maximum Risk 18 (1996) With Jean-Claude Van Damme. 10.45 Rush Hour 12 (1998) With Jackie Chan. 12.30 Internal Affairs 18 (1990) With Richard Gere. 2.30 American Ninja 18 (1985) With Michael Dudikoff. 4.20 Angel Flight Down PG (1996)

(R) -repeat programme;

(T) -programme with

teletext subtitles;

(S) -programme broadcast

in stereo;

(bw) -black and white.

# 4 AUG ITV1

5.30 ITV Morning News. (T) 6.00 GMTV. 9.25 CITV: Horrid Henry. 9.40 Planet Sketch. (T) 9.55 Shuriken School. (T) 10.25 The Gilted Boys. (R) (T) 10.55 SpongeBob SquarePants. (R) (T) 11.05 My Parents Are Aliens. (R) (T) 11.35 My Parents Are Aliens. (R) (T) 12.05 The Amazing Adrenalini Brothers. (R) (T) 12.20 ITV News and Weather. (T) 12.25 London Today; Weather. (T) 12.30 F1: Hungarian Grand Prix Qualifying. This afternoon's session at the Hungaroring in Budapest. (T) 2.15 Agatha Christie's Poirot. (R) (T) 3.15 FILM: The Mummy Returns (2001). Action-packed sequel, starring Brendan Fraser. Including ITV News and Local News and Weather. (T)

6.10 All-New You've Been Framed! Comedian Harry Hill narrates another selection of camcorder calamities, featuring a giraffe causing chaos on the road and an unwilling sky-diver being pushed out of a plane. (T)

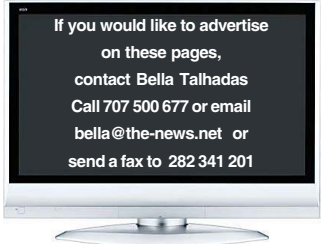
6.40 Baby Ballroom - The Championship. Seven more couples take the floor, hoping to impress judges Pierre Dulaine, Bonnie Langford and Ray Quinn enough to secure a place in the grand final. Kate Thornton hosts. (T)

8.00 Who Wants to Be a Millionaire? More contestants take the hotseat and have a go at answering 15 questions in the hope of winning the life-changing cash prize. Presenter Chris Tarrant invites the hopefuls to take advantage of lifelines Ask the Audience, Phone a Friend and 50-50 if they get stuck. (T)

9.00 FILM: Jaws 2 (1978). Teenagers in the American resort of Amity are terrorised by a man-eating great white shark. Toothless sequel to Spielberg's original adventure, starring Roy Scheider and Lorraine Gary. (T)

11.05 ITV News and Weather; Weather. (T) 11.25 TV's Naughtiest Blunders. Neil Morrissey narrates another selection of X-rated outtakes, featuring Ricky Tomlinson, Martin Clunes, Angela Lansbury and Jo Brand, along with Phillip Schofield and Fern Britton. (T)

12.00 Make Your Play; (T) ITV News Headlines. 4.10 Boot Sale Treasure Hunt. (R) (T) 4.30 Boot Sale Treasure Hunt. (R) (T) 5.00 ITV Nightscreen.



## SPORT

### Sky Sports 1

6.00 Aerobics Oz Style 6.30 Premier League World 7.00 Football 9.00 Cricket AM 10.30 Live Cricket: Twenty20 Cup. Lancashire Lightning v Gloucestershire Gladiators and Kent Spitfires v Sussex Sharks. 6.00 Cricket AM: The Best Bits 6.30 Pioneers of Cricket 7.00 Live Cricket: Twenty20 Cup. Coverage of the final at Edgbaston. 10.00 Cricket AM: The Best Bits 10.30 Premiership Years 12.30 Football 2.30 Premiership Years 4.30 Cricket AM: The Best Bits 5.00 Max Power

### Sky Sports 2

6.00 Motor Racing 7.00 Friday Fight Night 9.00 Racing News 10.00 Race World 11.00 Live European Tour Golf. The Russian Open. 2.00 Max Power 3.00 World Sport 3.30 Live International Rugby Union. England v Wales (Kick-off 4.00pm). 6.00 Live Football. Lazio v Atletico Madrid (Kick-off 6.00pm) and Ajax v Arsenal (Kick-off 8.15pm). 10.30 International Rugby Union 12.30 NFL: America's Game 1.00 Golf Night

### Sky Sports 3

6.00 Rally World 6.30 Live Rugby Union. Waikato v Southland (Kick-off 6.30am). 8.30 Live Rugby Union. North Harbour v Taranaki (Kick-off 8.35am). 10.30 WWE: Smackdown 12.30 WWE: Bottom Line 1.30 Rally World 2.00 NFL: America's Game 3.00 Live European Seniors Tour Golf. The Wentworth Seniors Masters. 6.00 Live Golf Night.

The Bridgestone Invitational. 11.00 European Tour Golf 12.00 Extreme Championship Wrestling 1.00 WWE: Late Night - Smackdown 3.00 WWE: Late Night - Bottom Line 4.00 Sports Unlimited 5.00 Moto Plus 5.30 Sports Adventure

### British Eurosport

7.30 World Rally Championship 8.00 Athletics 9.00 Live Beach Volleyball. The women's A1 Kiagenfurt Grand Slam semi-finals. 10.00 Live Volleyball. Japan v Dominican Republic. 12.00 Athletics 1.00 Live Rallying. The second day of the Intercontinental Rally Challenge from Portugal. 1.30 Volleyball 3.00 World Superbikes 3.45 Live World Superbikes. Coverage of the Superpole session at Brands Hatch. 5.00 Live ATP Tennis. The Legg Mason Tennis Classic semi-finals. 7.00 Eurosport Buzz 7.30 Live Show Jumping. The Global Champions Tour from Sao Paulo. 9.00 Live WTA Tennis. The Acura Classic semi-finals. 10.45 World Rally Championship 11.15 World Superbikes 12.00 Live ATP Tennis. The second Legg Mason Tennis Classic semi-final. 2.00 Close

### Sky Sports Xtra

6.00 Tight Lines 7.00 Soccer AM: The Best Bits 8.00 Soccer AM: The Best Bits 9.00 Premiership Years 11.00 Football 1.00 Friday Fight - Night 3.00 WWE: Smackdown 5.00 WWE: Bottom Line 6.00 Rugby Union 8.00 Rugby Union 10.00 Max Power 11.00 Sports Unlimited 12.00 Rugby Union 2.00 Rugby Union 4.00 International Rugby Union 5.30 Close

# AIM

## Removals & Storage

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## BBC1

6.00 Breakfast. (T) 9.00 News 24 Sunday. (T) 10.00 Heaven & Earth with Gloria Hunniford. (T) 11.00 Countryfile. (T) 12.00 BBC News; Weather. (T) 12.05 'Allo 'Allo! (R) (T) 12.30 Cash in the Attic. (R) (T) 1.30 Murder, She Wrote. (R) (T) 2.15 EastEnders. (T) 4.10 Dancing with the Stars. (T)

5.40 Songs of Praise. Aled Jones travels to Cardiff Bay for a retrospective look at hymns featured over the past year, including Sir Willard White's performance of music from the spiritual tradition. (T)

6.15 Antiques Roadshow. From Victoria Baths, Manchester. (R) (T)

7.05 Last of the Summer Wine. Howard gets a bargain when he buys a used car. Long-running comedy starring Peter Sallis. From the pen of Roy Clarke. Postponed from 22 July. (T)

7.35 BBC News; Regional News; Weather. (T)

8.00 The Chase. Rumours circulate that Deborah is moonlighting for William and he will try to convince her to work for him full time, while Margaret is enjoying her new relationship with Alf. (T)

9.00 Mountain. Griff Rhys Jones travels through the Lake District, a place deemed dull only a few hundred years ago. The comedian discovers how the area inspired Wordsworth, whose writings did much to change people's perceptions of the region, and investigates the birthplace of the Quaker movement. He retraces the footsteps of the poet Samuel Taylor Coleridge and talks to farmers about their role in keeping the mountains picturesque. (T)

10.00 BBC News; Weather. (T)

10.20 Match of the Day: The Community Shield. Chelsea v Manchester United. Ray Stubbs is joined by Marcel Desailly and Lee Dixon to introduce action on the curtain-raising match to the new Premier League season at Wembley Stadium, featuring the FA Cup winners and Premiership champions. Jose Mourinho has his sights firmly set on regaining the league title and would love nothing more than an early win over great rival Alex Ferguson. Commentary by Jonathan Pearce and Mark Bright. (T)

11.00 Medium. Joe asks for Scanlon's help when Allison becomes convinced she is a different person called Sandra, while Bridgette looks forward to Valentine's Day. Supernatural drama, starring Patricia Arquette and Jake Weber. (T)

11.40 FILM: Amityville III: The Demon (1983). Horror sequel, with Tony Roberts. (T)

1.10 The Sky at Night. 1.30 Match of the Day: The Community Shield; (T) Weatherview; 3.10 Sign Zone: Holly City. (R) (T) 4.10 Sign Zone: The Great British Village Show. (R) (T) 4.55 BBC News 24. (T)



## BBC2

6.00 CBeebies: 6.00 Teletubbies; (R) (T) CBeebies Birthdays. (T) 6.30 Balamory. (R) (T) 6.50 Step Inside. (R) (T) 7.00 CBBC: Bafink. (R) (T) 7.10 Legend of the Dragon. (R) (T) 7.30 Smile. (T) 10.00 FILM: Tiger Bay (1959). Suspense drama, starring John Mills. (T) (bw) 11.45 FILM: Sky West and Crooked (1965). Love story, starring Hayley Mills. (T) 1.25 International Rugby Union. (T) 2.20 Live Golf: The Women's British Open. The fourth and final round at St Andrews. (T) 5.40 A Wild Cairngorms Winter. (R) (T) 6.10 Ganges. The story of one of the world's most influential rivers. (R) (T) 7.00 Equator. Author and broadcaster Simon Reeve travels around the equator, beginning by visiting countries in Africa, including Gabon and Kenya. (R) (T) 8.00 Top Gear Winter Olympics Special. The team head for Norway to see how a selection of cars fare at Winter Olympic events, including firing a rocket-powered Mini off a ski jump and tackling the biathlon with 4x4s. (R) (T) 9.00 FILM: Educating Rita (1983). Michael Caine and Julie Walters star as teacher and pupil in this fabulous acclaimed comedy drama about a bored Liverpool hairdresser who enrolls on an Open University course. (T) 10.50 Storyville: TV Junkie. (T) 12.20 Heroes. (R) (T) 1.00 Farscape. Part two of two. Crichton fights to prove his innocence. (R) (T) 1.45 Farscape. Moya's self-destruct sequence is activated. (R) (T) 2.30 Close.

## Pick of the Day

## The Commander (ITV1 Granada, 9pm)

Lynda La Plante has done it again. Clare Blake might not be quite so popular as Jane Tennison, but she's just as tough and ruthless when it comes to nailing criminals and with Helen Mirren hanging up her warrant card, it can only be a matter of time before Amanda Burton takes her crown as TV's best female detective. So far in this series, Blake has cracked a number of cases which have left her emotionally bruised. No doubt the latest two-parter will take its toll on her too, as she and DCI Doug James are called in to investigate the brutal murder of a priest on an East London estate. Making the task trickier is the tension between the police and the local residents. Blake thinks the killer could be Jimmy Bannerman, a talented amateur boxer, but, due to his own ring experience, James isn't so sure. However, when a fellow detective is attacked, the duo are forced to put aside their differences and hunt down the culprit before somebody else falls foul of the mysterious villain. Shameless actor Gerard Kearns and former real-life boxer Gary Stretch guest star.

## C4

6.00 Grabbit the Rabbit. (R) (T) 6.10 The Hoobs. (R) (T) 6.35 The Hoobs. (R) (T) 7.00 Transworld Sport. (T) 7.55 British F3 International Series. 8.25 Adrenalin Rush. 8.50 T4: The OC. (R) (T) 9.50 T4: Hollyoaks. (T) 12.25 T4: Friends. (R) (T) 12.55 T4: Big Brother's Little Brother. (T) 1.55 T4: Big Brother's Diary Room Uncut. (T) 2.55 T4: Smallville. (T) 3.55 T4: The Simpsons. (T) 4.25 T4: The Simpsons. (T) 4.50 Supernanny. (T) 5.45 Deal or No Deal Classic. (R) 6.30 Channel 4 News. (T) 6.45 Come Dine with Me. (T) 8.00 Big Brother: On the Couch. Davina McCall is joined by a team of experts to analyse the social dynamic of the contestants and any problems that have arisen, with reference to the key events of the previous week. (T) 9.00 Big Brother. Highlights from the housemates' past 24 hours inside the Big Brother compound. (T) 10.00 FILM: From Hell (2001). Johnny Depp stars in this adaptation of Alan Moore's graphic novel bringing another theory on the identity of Jack the Ripper to life. Atmospheric mystery. With Heather Graham. (T) 12.10 iTunes Festival: London. (R) (T) 12.45 Big Brother's Diary Room Uncut. 1.45 Big Brother Live. 4.45 The Insider. (R) (T) 5.15 British F3 International Series. (R) 5.45 Adrenalin Rush. (R)

## FIVE

6.00 Milkshake! Thomas & Friends. (R) (T) 6.10 Make Way for Noddy. (R) (T) 6.20 When I Grow Up. 6.25 Oswald. (R) (T) 6.40 Peppa Pig. (R) (T) 6.45 Harry and His Bucket Full of Dinosaurs. (R) (T) 7.00 Franklin. (R) (T) 7.30 Little Princess. (R) (T) 7.40 Rupert Bear. (R) (T) 7.55 Make Way for Noddy. (R) (T) 8.05 Roary the Racing Car. (R) (T) 8.15 Harry and His Bucket Full of Dinosaurs. (R) (T) 8.30 The Book of Pooh. (R) (T) 9.00 Funky Town. (R) (T) 9.05 Peppa Pig. (R) (T) 9.15 Fifi and the Flowertots. (R) (T) 9.30 Jane and the Dragon. (R) (T) 10.00 How to Be a Property Developer. (R) (T) 11.00 How to Be a Property Developer. (R) (T) 12.05 Nice House, Shame about the Garden: Revisited. (R) (T) 12.35 Great Artists. (R) (T) 1.05 five news update. (T) 1.15 FILM: Columbo: Playback (1975). Crime drama, with Peter Falk. (T) 2.45 FILM: Summer-time (1955). Lavish romantic drama, with Katharine Hepburn. (T) 4.45 FILM: Back to the Secret Garden (2000). Magical drama, starring Camilla Belle. 6.45 five news and sport. (T) 7.00 Joey. The actor's dad visits Los Angeles to attend the premiere of his son's new movie, but struggles to cope with life in Hollywood. Carmen Electra guest stars. (T) 7.30 Joey. Alex celebrates her birthday. (T) 8.00 FILM: Batman Forever (1995). Val Kilmer dons the cape in this action-packed sequel. The Gotham crimebuster takes on Two-Face and the Riddler, who are plotting to control the brains of the entire world. Includes five news update at 8.55pm. (T) 10.15 Vanished. (T) 11.15 Killer Instinct. (R) (T) 12.15 Arrest and Trial. 12.40 Major League Baseball. 4.00 Night of Combat: Kickboxing. 5.00 Major League Soccer.

## LOCAL

**RTP1**  
0630 Brinca Comigo 0900 Planeta Prodigiouso 1000 Eucaristia Dominical 1100 Conversas do Domingo 1130 Sentido do Gosto 1200 Cntra 1230 Mr Bean 1300 News 1410 Só Visto 1515 Tour de France 1615 Sobrenatural 1700 Tourada 2000 News 2100 As Escolhas de Marcelo Rebelo de Sousa 2130 O Preço Certo 2330 As Paixões de Júlia 0000 Gentlemen Prefer Blondes 0400 Telesales 0605 News

**RT2**  
0700 Euronews 0730 Músicas de África 0830 África@global 0900 Caminhos 0930 7ox7 1000 Nôs 1100 Indisciplinas 1130 Consigo 1200 Vida Por Vida 1230 Olhar o Mundo 1300 The Simpsons 1330 Bombordo 1400 Discovery Hour 1900 Arte & Emoção 1930 Diga lá Excelência 2030 The Simpsons 2100 Entre Pratos 2130 A Alma e Gente 2200 News 2240 Cãmara Clara 2330 Britom 0300 Onda Curta 0130 Parlamento 0200 A Alma e a Gente 0230 Euronews 0245 Sport 0600 Euronews

**SIC**  
0700 Floribella 0830 Sic Kids 1100 Fátima 1300 News 1415 Eterna Magia 1445 O Profeta 1515 Contacto 1600 Pê Na Joca 1900 Floribella 2000 News 2115 Chiquititas 2215 Orasão Tropical 2315 Vingança 0015 CSI Las Vegas 0115 Film TBA 0300 Sex and the City 0330 Olhar da Serpente

**TVI**  
0645 Children's TV 0900 Morangos Com Açúcar 1100 Missa Braga 1200 Oliveira Dia 1300 News 1410 Top + 1530 Ciclismo: Tour de Frande 1630 Film TBA 1845 O Preço Certo 1945 A Voz do Cidadão 2000 News 2315 Rouxinol Faduncho 0030 Nuovo Cinema Paradiso 0220 Bu San / Goodby Dragon Inn 0400 A Hora da Sorte 0415 Telesales

## Best of the Rest

**BBC3**  
7.00 Doctor Who 7.45 Doctor Who Confidential 8.00 Last Man Standing 9.00 The Visit 9.30 Little Britain 10.00 Grownups 10.30 Grownups 11.00 Film: The Girl Next Door 15 (2004) 12.40 Last Man Standing 1.35 Grownups 2.05 Grownups 2.35 The Visit 3.05 Drunk and Disorderlies 4.05 Close

**BBC4**  
7.00 Chelsea Pensioners: Once a Soldier 7.30 Proms on Four 2007 9.50 Meetings with Remarkable Trees 10.00 Wainwright's Walks 10.30 A Pembrokehire Farm 11.00 Bombay Railway 12.00 The National Trust 1.00 Proms on Four 2007 3.15 Bombay Railway 4.15 Close

**ITV2**  
2.30 Film: Groundhog Day PG (1993) 4.25 Coronation Street 6.50 America's Got Talent 8.00 America's Got Talent: Results 9.00 Film: Instinct 15 (1999) 11.25 Coronation Street 12.00 Film: Unbreakable 12 (2000) 2.00 America's Got Talent 3.10 America's Got Talent: Results 4.00 Teleshopping 6.00 Close

**Sky One**

1.00 Star Trek: The Next Generation 2.00 Star Trek: The Next Generation 3.00 A Town Called Eureka 4.00 Brainiac: Science Abuse 5.00 Mission Implausible 6.00 The Simpsons 6.30 The Simpsons 7.00 The Simpsons 7.30 The Simpsons 8.00 Alan Ball Cup - Soapstar Challenge

9.00 The Diana Years 10.00 Weeds 10.35 Lovespring International 11.05 Lovespring International 11.35 Football Years 12.35 Star Trek: The Next Generation 1.35 Star Trek: The Next Generation 2.25 Is Harry on the Boat? 3.15 Mark Williams' Big Bangs 4.05 Deadwood 5.10 Taste

**UKTV Gold**  
1.00 Porridge 1.40 Only Fools and Horses 2.25 Only Fools and Horses 3.05 Only Fools and Horses 3.45 Only Fools and Horses 4.50 Only Fools and Horses 5.55 Only Fools and Horses 7.00 Only Fools and Horses 9.00 Dalziel & Pascoe 11.20 The Royle Family 12.00 Men Behaving Badly 12.40 Jack Dee's Happy Hour 1.20 The Girl in the Cafe 2.55 Miss Marple 4.40 Doctor Who 5.25 Close Up 5.35 Neighbours

**TCM**  
2.30 Sanjeev Bhaskar on Elvis 3.00 Jailhouse Rock PG (1957) 4.45 Julius Caesar U (1953) 7.00 Pennies from Heaven 12 (1981) 9.00 The Bridges of Madison County 12 (1995) 11.35 Pat Garrett and Billy the Kid 15 (1973) 1.45 Children of the Damned 15 (1964) 3.15 Teleshopping 3.30 Captain Sindbad U (1963)

**The Disney Channel**  
Kids' programmes from 7am, except: 4.00 Film: Stuck in the Suburbs PG (2004) Family comedy, starring Danielle Panabaker.

## MOVIES

## Sky Movies Drama

6.15 Wilder Days PG (2003) 7.50 Evita PG (1996) 10.10 Anna's Dream PG (2002) 11.45 Memoirs of a Geisha 12 (2005) With Ziyi Zhang. 12.55 Evita PG (1996) With Madonna. 4.35 Anna's Dream PG (2002) With Lindsay Marie Felton. 6.15 Force of Impact PG (2005) With Antonio Sabato Jr. 8.00 Memoirs of a Geisha 12 (2005) With Ziyi Zhang. 10.25 Proof 12 (2005) With Gwyneth Paltrow. 12.10 McVicar 18 (1980) With Roger Daltrey. 2.05 The Offence 15 (1973) With Sean Connery. 4.00 Obsessed 12 (2002) 5.35 Force of Impact PG (2005)

## Sky Movies Comedy

7.15 Home Team PG (1998) 9.05 The Air Up There PG (1994) 11.05 Kinky Boots 12 (2005) With Chiwetel Ejiofor. 1.00 The Brady Bunch in the White House 12 (2002) With Shelley Long. 2.45 Crazy People 15 (1990) With Dudley Moore. 3.40 Scary Movie 4 15 (2006) W i t h A n n a F a r i s . 6 . 1 5 H o m e T e a m P G ( 1 9 9 8 ) W i t h S t e v e G u t t e n b e r g . 8 . 0 0 K i n k y B o o t s 1 2 ( 2 0 0 5 )

With Chiwetel Ejiofor. 10.00 Scary Movie 4 15 (2006) With Anna Faris. 11.40 The Brady Bunch in the White House 12 (2002) With Shelley Long. 1.15 Crazy People 15 (1990) With Dudley Moore. 2.50 Melinda and Melinda 12 (2004) With Radha Mitchell. 4.35 The Air Up There PG (1994)

## Sky Movies Action

6.00 The Fourth Angel 15 (2001) 7.40 Pacific Heights 15 (1990) 9.25 King Kong 12 (2005) 12.30 Red Dawn 15 (1984) With Patrick Swayze. 2.25 The Fourth Angel 15 (2001) With Jeremy Irons. 4.05 Derailed 15 (2005) With Jennifer Aniston. 5.55 King Kong 12 (2005) With Naomi Watts. 9.00 Ong-Bak 18 (2005) With Tony Jaa. 10.55 Derailed 15 (2005) With Jennifer Aniston. 12.45 Sexual Appetite 18 (2005) With Aria. 2.15 Red Dawn 15 (1984) With Patrick Swayze. 4.25 In the Line of Duty: Siege at Marion PG (1992)

(R) - repeat programme;

(T) - programme with teletext subtitles;

(S) - programme broadcast in stereo;

(bw) - black and white.

## SPORT

## Sky Sports 1

6.00 International Rugby Union 7.30 Football 9.30 Cricket Writers on TV 10.30 Football 12.30 Live Super League. Harlequins v Leeds Rhinos (Kick-off 12.30pm). 2.30 Live FA Community Shield Football. Chelsea v Manchester United (Kick-off 2.00pm). 5.30 Live Football. Shanghai

Shenhua v FC Porto (Kick-off 5.45pm) and Feyenoord v Liverpool (Kick-off 8.00pm). 9.30 FA Community Shield Football 11.30 Football 1.30 Premiership Years 3.30 FA Community Shield Football 5.30 Close

## Sky Sports 2

6.00 World Sport 6.30 Cricket: Twenty20 Cup 9.30 America's Cup Sailing 10.00 Watersports World 11.00 Live European Tour Golf. The Russian Open. 2.00 Wild Spirits 2.30 America's Cup Sailing 3.00 Live European Seniors Tour Golf. The Wentworth Seniors Masters. 6.00 Live Golf Night. The Bridgestone Invitational. 11.00 European Tour Golf 12.00 World Sport 12.30 Live NFL. Pittsburgh Steelers v New Orleans Saints (Kick-off 1.00am). 3.45 Watersports World 4.45 Close

## Sky Sports 3

6.00 Beach Volleyball 7.00 Motor Racing 8.00 World Sport 8.30 WWE: Afterburn

9.30 WWE: Heat 10.30 Cricket: Twenty20 Cup 1.30 NFL: America's Game 2.30 Polo 3.30 World Sport 4.00 Super League 6.00 Polo 7.00 America's Cup Sailing 7.30 Super League 9.30 World Sport 10.00 WWE: Late Night - Afterburn 11.00 WWE: Heat 12.00 Watersports World 1.00 Golf Night

## British Eurosport

7.30 Eurosport Buzz 8.00 GP2 Racing 9.00 Live GP2 Racing. The second race from the Hungarian in Hungary. 9.45 World Rally Championship 10.15 Live Porsche Super Cup. Coverage of the Hungarian Grand Prix. 11.00 World Superbikes 11.30 Live World Superbikes. The 10th round of the season from Brands Hatch. 5.00 Live Volleyball. China v USA. 6.00 Cycling 7.00 World Superbikes 9.00 World Rally Championship 9.30 Motorsports Weekend 10.00 Live WTA Tennis. The Acura Classic final. 12.00 World Rally Championship 12.30 Close

## Sky Sports Xtra

6.00 Watersports World 7.00 Wild Spirits 7.30 Polo 8.30 Premiership Years 10.30 Max Power 11.30 Racing News 12.00 International Rugby Union 1.30 World Motor Sport 4.00 WWE: Experience 5.00 Live Motor Racing. The Firestone Indy 400. 7.30 World Motor Sport 10.00 Motor Racing 12.30 Super League 2.30 Polo 3.30 Beach Volleyball 4.30 Close

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## BBC1

6.00 Breakfast. (T) 9.15 To Buy or Not to Buy. (R) (T) 10.00 Homes Under the Hammer. (R) (T) BBC News; Weather. (T) 11.00 How to Live Longer. (R) (T) 11.45 Car Booty. (T) BBC News; Weather. (T) 12.15 Cash in the Attic. (R) (T) 1.00 BBC News; Weather. (T) 1.30 Regional News; Weather. (T) 1.40 Neighbours. (T) 2.05 Doctors. (T) 2.35 All Saints. (T) 3.20 BBC News; Weather; Regional News. (T) 3.25 CBBC: Maya & Miguel. (R) (T) 3.50 Skunk Fu! (T) 4.05 Mortified. (T) 4.30 The Story of Tracy Beaker. (R) (T) 5.00 Beat the Boss. (T) 5.25 Newsround. (T)

5.35 Neighbours. Police officers question Sky over Terrence's death and, devastated by the prospect of being separated from Kerry, she goes on the run. Boyd thwarts Charlotte's plans for a swift departure from Erinsborough, while Oliver grows convinced Camella is taking pills again. (R) (T)

6.00 BBC News; Weather. (T)  
6.30 Regional News Programmes; Weather. (T)  
7.00 The ONE Show. (T)

7.30 Super Vets. London Zoo resident Lumpur the tiger is visited by the dentist, while at the Royal Veterinary College a horse named Blue undergoes emergency life-saving surgery. (R) (T)  
8.00 EastEnders. Sean is seen driving Charlie's cab provoking an angry confrontation with Yolande. Craig and Lucy continue their secret relationship under Ian's nose and Tanya forgets her wedding anniversary. Carly tries to comfort Sean, who worries his temper is out of control and Patrick is subjected to a violent attack at the Minute Mart. (T)

8.30 Panorama. Kate Silverton investigates the cost of the summer floods, which left tens of thousands of homes without electricity or water supplies, and looks at how prepared the country is to defend against future downpours. (T)

9.00 Fight for Life. How the human body deals with middle age and its ability to draw on reserves in the face of adversity. Doctors discover 53-year-old Alan has a potentially fatal aneurysm during a routine check-up and perform a risky operation to replace his diseased blood vessel with an artificial one. Long-time smoker Christine discovers her habit has damaged her lungs and caused carbon dioxide to poison her brain. Plus, a re-creation of events inside the brain of a stroke victim using CGL-generated imagery. (T)

10.00 BBC News at Ten O'Clock. (T)  
10.30 Regional News; Weather. (T)  
10.35 The Tower. The first of the new tenants move in following completion of the luxury apartments. David and Paul have realised their dream home in the sky, while Saima and Usman are getting used to married life in their new surroundings. (T)

11.25 FILM: Lightning Jack (1994). Comedy Western, starring Paul Hogan; (T) Weatherview.  
1.05 Sign Zone: The Big Day. (R) (T) 2.05 Sign Zone: The Tower. (R) (T) 2.55 Sign Zone: My Heart Belongs to Dad. (R) (T) 4.25 BBC News 24. (T)



## BBC2

6.00 CBeebies: Fimbles. (R) (T) 6.20 The Story Makers; (R) (T) Tweenies Songtime. (R) (T) 6.35 Balamory. (R) (T) 7.00 Numberjacks. (R) (T) 7.15 Tommy Zoom. (R) (T) 7.30 In the Night Garden. (R) (T) 8.00 CBBC: Do Something Different. (T) 8.45 Mona the Vampire. (R) (T) 8.55 Smart. (R) (T) 9.25 Time Warp Trio. (R) (T) 9.45 Really Wild Show. (R) (T) 10.10 Watch My Chops. (R) (T) 10.35 Even Stevens. (R) (T) 11.00 Dangermouse. (R) (T) 11.10 Top Cat. (R) (T) 11.35 The Munsters. (R) (T) (bw) 12.00 FILM: Hungry Hill (1947). Period drama, starring Margaret Lockwood. (T) (bw) 1.40 The Plantsman. (T) 2.00 Living in the Sun. (R) (T) 2.45 Escape to the Country. (R) (T) 3.45 Flog It! (R) (T) 4.30 Ready, Steady, Cook. (R) (T) 5.15 Weakest Link. (R) (T) 6.00 Animal Park: Wild on the West Coast. (T) 7.00 Heston Blumenthal: In Search of Perfection. Revisiting the Black Forest gâteau. (R) (T) 7.30 Mastermind. Subjects include Stephen King's novels. (T) 8.00 University Challenge. St. Cross College, Oxford v Trinity Hall, Cambridge. (T) 8.30 Indian Food Made Easy. Anjum Anand shows two chefs how to prepare Indian meals. (T) 9.00 India with Sanjeev Bhaskar. The presenter attempts to find his ancestral home. (T) 10.00 Calcutta Uncovered. Anita Rani's journey through the creative hub of West Bengal. (T) 10.30 Newsnight; (T) Weather. (T) 11.20 21st Century Bach: The Complete Organ Works. (T) 11.35 The Art of Eternity: BBC Four on BBC Two. (R) (T) 12.35 Talking Movies. (T) 1.00 FILM: Jitting Joe (1997). Drama, starring James Purefoy. (T) 2.15 Arrested Development. (R) (T) 2.40 How I Met Your Mother. (R) (T) 3.00 BBC News 24. 4.05 Close.

## C4

6.10 The Hoobs. (R) (T) 6.35 The Hoobs. (R) (T) 7.00 Big Brother's Little Brother. (R) (T) 8.00 Big Brother. (R) (T) 9.00 T4: Shipwrecked 2007: The Hutsam Diaries. (R) (T) 9.30 T4: Girls Aloud's Postcard from T4 on the Beach. (T) 9.50 T4: Surf's Up: T4 Movie Special. (R) (T) 10.25 T4: Friends. (R) (T) 10.55 T4: Shipwrecked 2007: Battle of the Islands. (R) (T) 12.00 News at Noon. (T) 12.30 Frasier. (R) (T) 12.55 A Place in the Sun. (R) (T) 2.00 FILM: Carry On Sergeant (1958). Military comedy, starring William Hartnell. (T) (bw) 3.30 Countdown. (T) 4.15 Win My Wage. (T) 5.00 Richard & Judy. (T) 6.00 The Simpsons. (R) (T) 6.30 Hollyoaks. (T) 7.00 Channel 4 News. (T) 7.55 3 Minute Wonder: Bravo! New series. A woman who has fitted over 50,000 bras. (T) 8.00 Dispatches: Britain Under Attack. Investigation into the roots of Islamic extremism in the UK. (T) 9.00 Empire's Children. Actor Adrian Lester visits Jamaica to retrace his grandfather's journey in the 1950s from the West Indies to Britain and explores what caused his family to emigrate and settle in Birmingham. Last in series. (T) 10.00 Big Brother. The past 24 hours in the house. (T) 11.05 TV Heaven, Telly Hell. (T) 11.35 Star Stories. (R) (T) 12.10 Big Brother Live. 3.15 FILM: Turtle Beach (1992). Drama, starring Greta Scacchi. (T) 4.45 FIA GT Championship. The sixth round of the season at Spa-Francorchamps in Belgium. 5.15 Richard & Judy. (R)

## FIVE

6.00 Milkshake! Thomas & Friends. (R) (T) 6.10 Make Way for Noddy. (R) (T) 6.20 When I Grow Up. (R) (T) 6.25 Oswald. (R) (T) 6.40 Peppa Pig. (R) (T) 6.45 Hi-5. (T) 7.20 Hana's Helpline. (R) (T) 7.30 The Adventures of Bottle Top Bill and His Best Friend Corky. (T) 7.45 Make Way for Noddy. (R) (T) 8.00 Fifi and the Flowerrots. (R) (T) 8.15 Peppa Pig. (R) (T) 8.20 Thomas & Friends. (R) (T) 8.35 Miss Spider's Sunny Patch Friends. (R) (T) 8.50 Insect Antics. (R) (T) 8.55 Roobarb and Custard Too. (R) (T) 9.00 House Doctor. (R) (T) 9.30 Doctor, Doctor. (T) 10.30 Trisha Goddard. (R) (T) 11.30 five news. (T) 12.00 Home and Away. (R) (T) 12.30 Charmed. (R) (T) 1.30 Russell Grant's Postcards. (R) (T) 1.45 FILM: Rag and Bone (1997). Supernatural drama, with Dean Cain. (T) 3.25 five news update. (T) 3.30 FILM: Perry Mason: The Case of the Ruthless Reporter (1991). Crime drama, starring Raymond Burr. (T) 5.30 five news; Weather. (T) 6.00 Home and Away. (T) 6.30 Committed. (R) (T) 7.00 five news. (T) 7.15 Mean Machines of War. The De Havilland Mosquito plane; (R) (T) 7.15 five news update. 8.00 Megastructures. Boston's new transport network; (R) (T) (S) 8.00 five news at 9. 9.00 FILM: Secret Window (2004). Premiere. A writer leading a solitary existence in an isolated cabin has his peace shattered when a stranger arrives and accuses him of plagiarism. Spooky thriller, starring Johnny Depp. Includes five news update at 9.55. (T) 11.00 FILM: Misery (1990). Oscar-winning shocker, starring James Caan. (T) 1.00 NASCAR. 1.50 US PGA Golf. 2.40 Golf: The Challenge. 3.10 Boxing USA. (R) 4.00 Football Argentina. 5.10 French Football.

## ITV1

5.30 ITV Morning News. (T) 6.00 GMTV. (T) 9.25 The Jeremy Kyle Show. (T) 10.30 This Morning. (T) 12.30 Loose Women. (T) 1.30 ITV Lunchtime News. (T) 2.00 Daily Cooks. (T) 2.59 London Weather. (T) 3.00 Dickinson's Real Deal. (T) 4.00 Heartbeat. (R) (T)

5.00 Golden Balls. Jasper Carrott hosts the game show based on life-changing amounts of cash hidden inside Golden Balls. (T)

6.00 London Tonight; Weather. (T)  
6.30 ITV Evening News; Weather. (T)  
7.00 Emmerdale. Lexi tells Chas she spent time in prison for smuggling drugs and Eli threatens to tell Donna the truth about the robbery. Paul stands Jonny up to offer Grayson support. (T)

7.30 Coronation Street. Steve arrives home with Eileen and tries to convince Liz he is over Michelle, but his feelings are put to the test when she returns to the Street. Di Parks questions the witnesses to the fire again. (T)

8.00 Grimebusters. Mick clears up a batch of contaminated meat in Smithfield Market, while Terry and Simon deal with a selection of unpleasant blockages. (T)

8.30 Coronation Street. Michelle is shocked to discover Steve thinks their relationship is over and pays him a visit to discuss the situation, but it's not long before their true feelings come to the fore. Cilla considers a new career and, after talking to Emily, Norris decides to go Angela's funeral - even if it's just to make sure she's really dead. (T)

9.00 Rosemary & Thyme. The green-fingered gumshoes work on a garden for an open-air theatre, where Rosemary's cousin is due to perform. However, the production turns deadly when an actor accidentally shoots himself during rehearsal - and the gun is found to be loaded with live ammunition. A member of the cast - unsurprisingly - gets an attack of stage fright, and Laura is obliged to take her place as the duo try to identify the bullet's intended recipient. Last in series. (T)

10.00 Help I'm a Teen Mum. One of the mothers finding the intensive parenting course hard work is encouraged to take part in bonding exercises with her son by psychotherapist Rachel and nanny Suzie. (T)

10.30 ITV News; Weather. (T)  
11.00 FILM: Another 48 Hrs (1990). Comedy thriller sequel, starring Eddie Murphy. (T)

12.50 Glitterball; (T) ITV News Headlines. 4.10 Costa Living. (R) (T) 4.30 Costa Living. (R) (T) 5.00 ITV Nightscreen.

## LOCAL

**RTPI**  
0630 Bom Dia Portugal 1000 Praça da Alegria 1300 News 1410 Prova de Amor 1515 Só Visto e Amigos 1715 Lingo 1800 Portugal em Directo 1905 O Preço Certo 2000 News 2100 Notas Solitas 2120 A Herança De Verão 2220 Paixões Proibidas 0030 The Jurror, film 0215 Cinema, film 0115 Greys Anatomy 0200 Film TBA

**RTPI2**  
0700 Euronews 0715 Zig Zag 1300 Discovery Hour 1400 Sociedade Civil 1530 Sim Amor 1600 Zig Zag 1700 National Geographic 1815 Diário de Sofia 1830 A Fé dos Homens 1900 Eurodeputados 1945 Zig Zag 2045 Todos Contra o Cris 2115 National Geographic 2145 A Hora da Sorte 2200 News 2240 Em Reportage, 2300 Roma 2345 Mundos 0030 noites da 2 0115 Discovery Hour 0215 Diga lá Excelência 0300 Eurodeputados 0330 Vida por Vida 0400 Sociedade Civil 0615 Euronews

**SIC**  
0700 Floribella 0830 Sic Kids 1100 Fatima 1300 News 1415 Eterna Magi 1445 O Profeta 1515 Contacto 1800 Pé na Jaca 1900 Floribella 2000 News 2115 Chiquititas 2215 Paraíso Tropical 2315 Vingança 0015 Desperate Housewives 0115 CSI 0115 The Specials 0215 Sex and the City 0330 Olhar da Serpente  
**TVI**  
0700 Diário da Manhã 1000 Você na TV 1300 News 1400 As Tardes da Júlia 1700 Quem Quer Ganhar 1800 Morangos com Açúcar - Férias de Verão 2000 News 2115 Ila dos Amores 2215 Doces Fugitivas 2315 Tu e Eu 0015 Desaparecido 0115 Josie and the Pussycats 0300 Toca a Ganhar 0430 Que Loucura de Família VII 0500 Teleales

## Best of the Rest

**BBC3**  
7.00 Doctor Who 7.45 Doctor Who Confidential 8.00 Conning the Conmen 8.30 The Real Hustle 9.00 Honey We're Killing the Kids 10.00 EastEnders 10.30 Grownups 11.00 Grownups 11.30 Tittybangbang 12.00 The Mighty Boosh 12.30 The Real Hustle 1.00 Conning the Conmen 1.30 Grownups 1.55 Grownups 2.25 Tittybangbang 2.55 The Mighty Boosh 3.25 Close

**BBC4**  
7.00 World News Today 7.00 Weather 7.30 BBC Proms 2007 9.50 Sounds of the Seventies 10.00 Life on Mars 11.00 Time 12.00 The Cult Of 12.30 The 1970s Edwardian Resurrection 1.00 How to Be Edwardian 2.00 BBC Proms 2007 4.20 Close

**ITV2**  
1.00 Emmerdale 1.30 The Jeremy Kyle Show 2.35 The Jeremy Kyle Show 3.40 Ricki Lake 4.30 Sally Jessy Raphael 5.15 Airline USA 5.45 Judge Judy 7.00 The New Adventures of Superman 8.00 Airline 8.30 Breaking Up with Shannen Doherty 9.00 Film: Unbreakable 12 (2000) 11.05 Coronation Street 11.35 Coronation Street 12.05 Film: The Sixth Sense 15 (1999) 2.05 Glitterball: ITV Play 4.00 Teleshopping 6.00 Close

**Sky One**  
1.00 Cold Case 2.00 Angel 3.00 Las Vegas 4.00 Stargate SG-1 5.00 Stargate SG-1 6.00 Malcolm in the Middle 6.30 Malcolm in the

Middle 7.00 The Simpsons 7.30 The Simpsons 8.00 The Simpsons 8.30 The Simpsons 9.00 Film: Something Beneath 15 (2007) 1.00 99 Most Bizarre 11.40 Nip/Tuck 12.45 Star Trek: The Next Generation 2.35 Caribbean Uncovered 3.30 Is Harry on the Boat? 4.25 America's Dumbest Criminals 4.50 America's Dumbest Criminals 5.10 Taste

**UKTV Gold**  
1.20 Open All Hours 2.00 Open All Hours 2.40 Only Fools and Horses 3.20 Only Fools and Horses 4.00 Doctor Who 5.00 Doctor Who 6.00 My Family 6.40 Open All Hours 7.20 Only Fools and Horses 8.00 New Tricks 9.00 The New Adventures of Old Christine 9.30 The New Adventures of Old Christine 10.00 Doctor Who 11.00 Prison Break 12.00 Prison Break 1.00 Friday Night with Jonathan Ross 2.15 Yes, Prime Minister 2.45 As Time Goes By 3.15 Miss Marple 5.10 Neighbours 5.35 Neighbours

**TCM**  
3.00 The Cincinnati Kid PG (1965) 4.50 Murder Ahoy U (1964) 6.30 The Bridges of Madison County 12 (1995) 9.00 Pale Rider 15 (1985) 11.25 2010 PG (1984) 1.40 Teleshopping 1.55 Clark Gable: Tall, Dark and Handsome 2.30 Destination Tokyo U (1943)

**The Disney Channel**  
Kids' programmes from 7am, except: 8.00 Film: Wendy Wu: Homecoming Warrior PG (2006) Adventure, starring Brenda Song.

## MOVIES

## Sky Movies Drama

7.10 A Month of Sundays PG (2001) 8.50 Here Comes the Son PG (1996) 10.25 The End of Eden PG (1996) 12.00 The Simple Life of Noah Dearborn PG (1999) With Sidney Poitier. 1.35 A Month of Sundays PG (2001) With Rod Steiger. 3.15 Here Comes the Son PG (1996) With Scott Bakula. 4.50 The End of Eden PG (1996) With Jennie Garth. 6.25 The Simple Life of Noah Dearborn PG (1999) With Sidney Poitier. 8.00 Cinderella Man 12 (2005) With Russell Crowe. 10.30 Fear 18 (1996) With Mark Wahlberg. 12.10 Mississippi Burning 18 (1988) With Gene Hackman. 2.25 Drama Close Up 2.55 Keys to Tulsa 18 (1997) With James Spader. 5.00 Classics Close Up 5.30 Drama Close Up

## Sky Movies Comedy

6.30 Under Wraps PG (1997) 8.20 She's Having a Baby 15 (1988) 10.20 He Said, She Said 12 (1991) 12.20 Fun with Dick and Jane 12 (2005) With Jim Carrey. 2.00 Captain Ron PG (1992) With Kurt Russell. 4.00 Patch Adams 12 (1998) With Robin Williams. 6.10 Under Wraps PG (1997) With Adam Wylie. 8.00 Millions 12 (2004) With Alex Etel. 9.50 Fun with Dick and Jane 12 (2005) With Jim Carrey. 11.25 Patch Adams 12 (1998) With Robin Williams. 1.25 Millions 12 (2004) With Alex Etel. 3.10 He Said, She Said 12 (1991) 5.10 The Top 10 Show 5.30 Comedy Close Up

## Sky Movies Action

6.10 Volcano: Fire on the Mountain PG (1997) 7.50 Bet Your Life 15 (2004) 9.30 Young Guns II: Blaze of Glory 15 (1990) 11.15 The Bourne Ultimatum Special 11.30 Red Eye 12 (2005) With Rachel McAdams. 1.10 Mr & Mrs Smith 15 (2005) With Brad Pitt. 3.15 Bet Your Life 15 (2004) With Sean Connery. 4.55 Action & Thriller Close Up 5.25 Young Guns II: Blaze of Glory 15 (1990) With Emilio Estevez. 7.25 Red Eye 12 (2005) With Rachel McAdams. 9.00 Mr & Mrs Smith 15 (2005) With Brad Pitt. 11.10 Inferno 18 (1999) With Jean-Claude Van Damme. 12.40 Action & Thriller Close Up 1.10 A History of Violence 18 (2005) With Viggo Mortensen. 3.00 The Passion of Darkly Noon 18 (1995) With Brendan Fraser. 5.00 Premiere Close Up 5.30 Action & Thriller Close Up

(R) - repeat programme;  
(T) - programme with teletext subtitles;  
(S) - programme broadcast ing stereo;  
(bw) - black and white.

## SPORT

## Sky Sports 1

6.00 Polo 7.00 WWE: Bottom Line 8.00 Moto Plus 8.30 Premiership Years 10.30 Football 12.30 FA Community Shield Football 2.30 Football 4.30 Live Cricket. Sussex Sharks v Gloucestershire Gladiators 10.00 Premiership Years 12.00 Speedway 2.00 Premiership Years 4.00 Close

## Sky Sports 2

6.00 Aerobics Oz Style 6.30 Ocean 7.00 Aerobics Oz Style 7.30 Ocean 8.00 Motor Racing 10.30 Super League 12.30 Polo 1.30 Motor Racing 4.00 Premiership Years 6.00 Show Jumping 7.30 Live Speedway. Swindon Robins v Peterborough Panthers. 9.30 Wild Spirits 10.00 Show Jumping 11.30 World Motor Sport 2.00 Show Jumping 3.30 Close

## Sky Sports 3

6.00 Close 8.00 FA Community Shield Football 10.00 Polo 11.00 Golf Night 4.00 European Tour Golf 5.00 WWE: Raw 7.00 Wild Spirits 7.30 World Motor Sport 10.00 WWE: Late Night - Bottom Line 11.00 WWE: Late Night - Afterburn

12.00 Extreme Championship Wrestling 1.00 WWE: Heat 2.00 Live WWE: Late Night - Raw. Wrestling action from the States. 4.15 Close

## British Eurosport

7.30 World Rally Championship 8.00 Live Snooker. The Shanghai Masters. 10.30 Volleyball 12.00 WATTS 12.30 Live Snooker. The Shanghai Masters. 3.30 ATP Tennis 5.00 WTA Tennis 6.00 Eurogals 6.15 World Superbikes 8.15 euroCRASH! 8.30 Snooker 10.00 Motocross 11.00 Motocross 12.00 Motorsports Weekend 12.30 Close

## Sky Sports Xtra

11.00 Aerobics Oz Style 11.30 Racing News 12.00 Show Jumping 1.30 Ocean 2.00 Super League 4.00 Live Tennis. Day one of the ATP Rogers Cup. 10.00 Max Power 11.00 Ocean 11.30 Wild Spirits 12.00 Polo 1.00 Ocean 1.30 Wild Spirits 2.00 Close



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BBC1

6.00 Homes Under the Hammer; (R) (T) BBC News; Weather. (T) 11.00 How to Live Longer. (T) 11.45 Car Booty; (T) BBC News; Weather. (T) 12.15 Cash in the Attic. (R) (T) 1.00 BBC News; Weather. (T) 1.30 Regional News; Weather. (R) 1.40 Neighbours. (T) 2.05 Doctors. (T) 2.35 All Saints. (T) 3.20 BBC News; Weather; Regional News. (T) 3.25 CBBC: Maya & Miguel. (R) (T) 3.50 Skunk Fu! (T) 4.05 Mortified. (T) 4.30 Roman Mysteries. (T) 5.00 MI High. (R) (T) 5.25 Newsround. (T)

5.35 Neighbours. Sky is charged with Terrence's murder and taken to a remand centre, where she falls victim to bullying inmate Krystal. Rosie announces she plans to propose to Frazer, while Pepper remains traumatised by her ordeal with Mary. Charlotte and Boyd share a kiss after he helps her out of an awkward situation. (R) (T) BBC News; Weather. (T)

6.30 Regional News Programmes; Weather. (T) 7.00 The ONE Show. (T)

7.30 EastEnders. Chelsea and Deano find an injured Patrick in the Minute Mart and are sure they know the culprit's identity, while Gus goes in search of Yolande. An anxious Sean makes a confession to Carly and Roxi has an idea to help the relaunch of the lunch menu at the Vic. (T)

8.00 Holby City. The day of Ric and Thandie's wedding dawn, but events don't run smoothly when Connie reveals the truth about the bride's lies. The groom then confronts his new wife and demands she write a letter retracting her complaint of racial discrimination against Elliott. Meanwhile, Joseph comes to blows with Jac when she makes an unwelcome appearance at Lord Byrne's funeral. (T)

9.00 Waking the Dead. Part one of two. The team find evidence linking a soon-to-be-released benefit fraudster with a string of murders. Unfortunately, the nature of their proof is circumstantial at best - and with only a short while to go until the end of the man's nine-month sentence, the detectives have their work cut out to solve the crimes before he is released and able to kill again. Trevor Eve and Sue Johnston star. Concludes tomorrow. (R) (T)

10.00 BBC News at Ten O'Clock. (T) 10.30 Regional News; Weather. (T)

10.35 You Can't Fire Me, I'm Famous. Piers Morgan talks frankly to Anne Robinson about her decision to publish a controversial story on Princess Diana's weight problems in the Daily Mirror and why it could have ruined her career. She also reveals how she attempted to make the most of being struck off the newspaper's editing rota by beginning a career in TV with presenting roles on Watchdog and Points of View. (T)

11.20 FILM: Joe Somebody (2001). Family comedy, starring Tim Allen; (T) Weatherwise.

12.50 Sign Zone: Fight for Life. (R) (T) 1.55 Sign Zone: True Dare Kiss. (R) (T) 2.55 Sign Zone: Evicted. (R) (T) 3.55 BBC News 24. (T)



BBC2

6.00 CBeebies: Fimbles. (R) (T) 6.20 The Story Makers; (R) (T) Tweenies Songtime. (R) (T) 6.35 Balamory. (R) (T) 7.00 Numberjacks. (R) (T) 7.15 Tommy Zoom. (R) (T) 7.30 in the Night Garden. (R) (T) 8.00 CBBC: Do Something Different. (T) 8.45 Mona the Vampire. (R) (T) 8.55 S'Mart. (R) (T) 9.25 Time Warp Trio. (R) (T) 9.45 Really Wild Show. (R) (T) 10.10 Watch My Chops. (R) (T) 10.35 Even Stevens. (R) (T) 11.00 Dangermouse. (R) (T) 11.10 Top Cat. (R) (T) 11.35 The Munsters. (R) (T) (bw) 12.00 FILM: Madonna of the Seven Moons (1944). Melodrama, starring Phyllis Calvert. (T) (bw) 1.45 Abroad Again in Britain. (R) (T) 2.45 Escape to the Country. (R) (T) 3.45 Flog It! (R) (T) 4.30 Ready, Steady, Cook. (R) (T) 5.15 Weakest Link. (R) (T) 6.00 Animal Park. (R) (T) 7.00 Building Britain. Leicester's redevelopment project. (T) 7.30 The Cosmos: A Beginner's Guide. New series examining the solar system. (T) 8.00 Coast. The team journey from Jersey to Dover, where Neil Oliver tells the tragic story of the first Channel swimmer, and Alice Roberts discovers how the island became a holiday haven. Last in series. (T) 9.00 Saira Khan's Pakistan Adventure. Conclusion. The Apprentice runner-up visits Lahore. (T) 10.00 Never Mind the Buzzcocks. With Preston from the Ordinary Boys. (R) (T) 10.30 Newsnight; Weather. (T) 11.20 FILM: Bad Timing (1980). Raunchy thriller, with Art Garfunkel. (T) 1.20 Arrested Development. (R) (T) 1.40 How I Met Your Mother. (R) (T) 2.05 BBC News 24. (T) 3.55 Close.

Pick of the Day

**Jamie at Home (C4, 8pm)**  
You just can't keep a good man down - which is no doubt why Jamie Oliver is back in action. After spending the past eight years in the spotlight, you'd think he might want to hang up his wooden spoon for a while and enjoy the fruits of his labours. But not our Jamie. Instead, everybody's favourite Essex lad has decided to return to his roots with a new 12-part series - but at least its format means he can stay at home with wife Joals and their little girls. As the title suggests, the programme doesn't see the chef tackling youth unemployment or the sad state of school dinners, instead he's in his own kitchen, preparing meals using ingredients from his own garden. This is a cross between The Good Life, Hugh Fearnley-Whittingstall's numerous River Cottage shows and Delia Smith, and follows Jamie as he offers a guide to getting the most out of Mother Nature. There are a few horticultural tips too, as Brian the gardener discusses how to grow fruit and vegetables at home, even if your backyard looks more like a bomb site than anything Alan Titchmarsh may have devised.

C4

6.10 The Hoobs. (R) (T) 6.35 The Hoobs. (R) (T) 7.00 Frasier. (R) (T) 7.30 Big Brother's Little Brother. (R) (T) 8.00 Big Brother. (R) (T) 9.00 T4: Shipwrecked 2007: The Hutcam Diaries. (R) (T) 9.35 T4: Mika's Postcard from T4 on the Beach. (T) 9.50 T4: Friends. (R) (T) 10.25 T4: Friends. (R) (T) 10.55 T4: Shipwrecked 2007: Battle of the Islands. (R) (T) 12.00 News at Noon. (T) 12.30 Supporting Acts. (R) (T) 12.50 A Place in the Sun. (R) (T) 1.50 FILM: Contraband (1940). Light-hearted spy thriller, starring Conrad Veidt. (T) (bw) 3.30 Countdown. (T) 4.15 Win My Wage. (T) 5.00 Richard & Judy. (T) 6.00 The Simpsons. (R) (T) 6.30 Hollyoaks. (T) 7.00 Channel 4 News. (T) 7.55 3 Minute Wonder: Bravol! Two feminists examine Wonderbra adverts. (T) 8.00 Jamie at Home. New series. Jamie Oliver cooks homegrown produce. (T) 8.30 Cook Yourself Thin. New series. Four food professionals prepare low-calorie cuisine. (T) 9.00 Big Brother. Highlights of the latest goings-on. (T) 10.00 Cape Wrath. Samantha's father reveals he is terminally ill and instructs his daughter to tell Danny the truth about Cape Wrath, while Evelyn accuses York of harassment. (T) 11.05 Richard Is My Boyfriend. (T) 12.25 Premier League Poker. 1.25 Big Brother Live. 3.00 The A-Z of Boxing. (T) 3.55 KOTV. (T) 4.25 FIVB Beach Volleyball. 5.15 Richard & Judy. (R)

FIVE

6.00 Milkshake! Thomas & Friends. (R) (T) 6.10 Make Way for Noddy. (R) (T) 6.20 When I Grow Up. (R) (T) 6.25 Oswald. (R) (T) 6.40 Peppa Pig. (R) (T) 6.45 Hi-5. (T) 7.20 Hana's Helpline. (R) (T) 7.30 The Adventures of Bottle Top Bill and His Best Friend Corky. (T) 7.45 Make Way for Noddy. (R) (T) 8.00 Fili and the Flowertots. (R) (T) 8.15 Peppa Pig. (R) (T) 8.20 Thomas & Friends. (R) (T) 8.35 Miss Spider's Sunny Patch Friends. (R) (T) 8.50 Insect Antics. (R) (T) 8.55 Roobarb and Custard Too. (R) (T) 9.00 House Doctor. (R) (T) 9.30 Doctor, Doctor. (T) 10.30 Trisha Goddard. (R) (T) 11.30 five news. (T) 12.00 Home and Away. (R) (T) 12.30 Charmed. (R) (T) 1.30 Russell Grant's Postcards. (R) (T) 1.40 FILM: Madron (1970). Western. Richard Boone stars. 3.35 five news update. (T) 3.40 FILM: The Wedding Dress (2001). Romantic drama, starring Neil Patrick Harris. 5.30 five news; Weather. (T) 6.00 Home and Away. (T) 6.30 Committed. (R) (T) 7.00 five news. (T) 7.15 The Trench Detectives. The site of the battle of Passchendaele in Belgium; (R) (T) 7.15 five news update. 8.00 Stonehenge - The Ultimate Experiment. Rebuilding the megalithic structure; (R) (T) 8.00 five news at 9. 9.00 CSI: Miami. The team investigate the murder of a male model, while Natalia is stunned when her abusive ex-husband comes back into her life after a stint in jail - and applies for a job at the morgue. (T) 10.00 CSI: NY. A girl is found dead at a college party; (R) (T) five news update. 11.00 Law & Order: Criminal Intent. (R) (T) 12.00 Disorderly Conduct. (T) 1.00 ITU Triathlon. 1.50 Ironman Triathlon. 2.40 FIM World Motocross Championship. 3.30 IndyCar Series. 4.20 Rolex Grand American. 5.10 Golf.

LOCAL

Best of the Rest

RTP1

0630 Bom Dia Portugal 1000  
Praça da Alegria 1300 News  
1410 Prova de Amor 1515 Só Visto e Amigos 1715 Lingo  
1800 Portugal Em Directo 1905 O Preço Certo 2000 News 2100 Centro de Saúde 2130 A Herança (De Verão) 2230 Paixões Proibidas 2315 Film TBA 0115 Greys Anatomy 0015 John Q. film 0215 Naked Spür, film 0400 Telesales 0605 Nôs

RTP2

0700 Euronews 0715 Zig Zag 1300 Discovery Hour 1400 Sociedade Civil 1530 Sim, Amor 1600 Zig Zag 1700 National Geographic 1815 Diário de Sofia 1830 A Fé Dos Homens 1900 2010 1945 Zig Zag 2045 Todos Contas o Chris 2115 National Geographic 2200 News 2240 ER 2330 Animais Como nós 0030 Noites da 2 0115 Discovery Hour 0215 Câmara Clara 0315 2010 0400 Sociedade Civil 0615 Euronews

SIC

0700 Floribella 0830 Sic Kids 1100 Fatima 1300 News 1415 Eterna Magi 1445 O Profeta 1515 Contacto 1800 Pé na Jaca 1900 Floribella 2000 News 2115 Chiquititas 2215 Paraíso Tropical 2315 Vingança 0015 Desperate Housewives 0115 CSI Las Vegas 0215 Sex and the City 0330 Olhar da Serpente

TVI

0700 Diário Da Manhã 1000 Você na TV 1300 News 1400 As Tardes da Júlia 1700 Quem Quer Ganhar 1800 Morangos com Açúcar 2000 News 2115 Olha dos Amores 2215 Dose Fugitiva 2315 Tu e Eu 0015 Nip / Tuck 11 0115 The Ties That Binds, film

TBBC3

7.00 Doctor Who 7.45 Doctor Who Confidential 8.00 Spenhalohics 9.00 Last Man Standing 10.00 EastEnders 10.30 Family Guy 10.50 Family Guy 11.15 Last Man Standing 12.10 Two Pints of Lager and a Packet of Crisps 12.40 Two Pints of Lager and a Packet of Crisps 1.10 Spenhalohics 2.10 Two Pints of Lager and a Packet of Crisps 2.40 Two Pints of Lager and a Packet of Crisps 3.05 Honey We're Killing the Kids 4.05 Close

BBC4

7.00 World News Today 7.00 Weather 7.30 Proms on Four 2007 9.40 Sounds of the Seventies 10.00 Life on Mars 11.00 The Book Quiz 11.30 Film: Claire's Knee PG (1970) 1.10 The Book Quiz 1.40 Proms on Four 2007 3.50 Close

ITV2

1.00 Emmerdale 1.30 The Jeremy Kyle Show 2.35 The Jeremy Kyle Show 3.40 Ricki Lake 4.25 Sally Jessy Raphael 5.10 Airline USA 5.40 Judge Judy 7.00 The New Adventures of Superman 8.00 101 Sexiest Celebrity Bodies 9.00 Film: The Sixth Sense 15 (1999) 11.05 Film: US Marshals 15 (1998) 1.30 Big Day 2.00 Glitterball: ITV Play 4.00 Teleshopping 6.00 Close

Sky One

1.00 Cold Case 2.00 Angel 3.00 Las Vegas 4.00

Stargate

SG-1 5.00  
SG-1 6.00  
Malcolm in the Middle 6.30  
Malcolm in the Middle 7.00  
The Simpsons 7.30  
The Simpsons 8.00  
Killer Wave 9.00  
The 4400 10.00  
Road Wars 11.00  
Street Wars 12.00  
Nip/Tuck 1.00  
Star Trek: The Next Generation 1.50  
Star Trek: The Next Generation 2.40  
Caribbean Uncovered 3.30  
Is Harry on the Boat? 4.20  
Dream Team 5.10  
Taste

UKTV Gold

1.20 Open All Hours 2.00  
Open All Hours 2.40  
Only Fools and Horses 3.20  
Only Fools and Horses 4.00  
Doctor Who 5.00  
Doctor Who 6.00  
My Family 6.40  
Open All Hours 7.20  
Only Fools and Horses 8.00  
New Tricks 9.00  
New Tricks 10.20  
Jonathan Creek 11.30  
Only Fools and Horses 12.30  
Friday Night with Jonathan Ross 1.50  
Miss Marple 3.30  
Merseybeat 4.20  
Merseybeat 5.15  
Neighbours 5.35  
Neighbours

TCM

3.00 One, Two, Three U (1961) 5.10 A Life of Her Own PG (1950) 7.05 Travels with My Aunt PG (1972) 9.00 The Searchers U (1956) 11.10 Wise Guys 15 (1986) 12.45 The Strawberry Statement 15 (1970) 2.30 Teleshopping 2.50 Beau Brummell PG (1954)

The Disney Channel

Kids' programmes from 7am, except: 8.00 Film: Cheetah Girls U (2003) Family comedy, starring Raven-Symone.

Sky Movies Drama

6.00 Blessings PG (2003) 7.45 Ride to Freedom: The Rosa Parks Story PG (2001) 9.35 A Father's Son PG (1999) 11.25 Martha: Behind Bars PG (2005) With Cybill Shepherd. 1.10 Blessings PG (2003) With Mary Tyler Moore. 2.55 Ride to Freedom: The Rosa Parks Story PG (2001) With Angela Bassett. 4.35 A Father's Son PG (1999) With John Schneider. 6.20 Martha: Behind Bars PG (2005) With Cybill Shepherd. 8.00 A Civil Action 15 (1998) With John Travolta. 10.00 Green Street 18 (2004) With Elijah Wood. 11.50 See Arnold Run 12 (2005) With Jürgen Prochnow. 1.20 Green Street 18 (2004) With Elijah Wood. 1.30 Racing with the Moon 15 (1984) 5.00 Blessings PG (2003)

Sky Movies Comedy

6.00 The Silence of the Hams 15 (1993) 7.25 Best Man in Grass Creek PG (2001) 8.55 Sgt Bilko PG (1996) 10.35 Mastermind PG (1976) 12.05 Semi-Tough 15 (1977) With Burt Reynolds. 2.05 Bring It On: All or Nothing 12 (2006)

(R)-repeat programme;

(T)-programme with teletext subtitles;

(S)-programme broadcast in stereo;

(bw)-black and white.

MOVIES

With Hayden Panettiere. 4.05 Comedy Close Up 4.35 Best Man in Grass Creek PG (2001) With John Hines. 6.15 Sgt Bilko PG (1996) With Steve Martin. 8.00 Bring It On: All or Nothing 12 (2006) With Hayden Panettiere. 10.00 The Object of My Affection 15 (1998) With Jennifer Aniston. 11.55 The Silence of the Hams 15 (1993) With Billy Zane. 1.25 Semi-Tough 15 (1977) With Burt Reynolds. 3.20 Whiskey Down 15 (1995) 4.55 Mastermind PG (1976)

Sky Movies Action

6.00 Switchback 15 (1997) 8.10 Down 'n' Dirty 15 (2000) 9.55 Kingdom of Heaven 15 (2005) 12.25 Above Suspicion 15 (2000) With Scott Bakula. 2.10 Switchback 15 (1997) With Dennis Quaid. 4.10 The Top 10 Show 4.30 The Saint 12 (1997) With Val Kilmer. 6.30 Kingdom of Heaven 15 (2005) With Orlando Bloom. 9.00 16 Blocks 12 (2006) With Bruce Willis. 10.45 The Saint 12 (1997) With Val Kilmer. 12.55 Naked and Sexual 18 (2005) With Shayla LaVaeux. 2.30 Rapid Fire 18 (1992) With Brandon Lee. 4.10 The Bourne Ultimatum Special 4.25 Terminal Error PG (2001)

Sky Sports 1

6.00 Wild Spirits 6.30 Moto Plus 7.00 WWE: Afterburn 8.00 Wild Spirits 8.30 Premiership Years 10.30 World Motor Sport 1.00 Moto Plus 1.30 Speedway 3.30 Live Cricket. Derbyshire Phantoms v Leicestershire Foxes. 9.30 Foot Brazil 10.00 Premiership Years 12.00 Foot Brazil 12.30 Sports Unlimited 1.30 Premiership Years 3.30 Foot Brazil 4.00 Close

Sky Sports 2

6.00 Aerobics Oz Style 6.30 Ocean 7.00 Aerobics Oz Style 7.30 Ocean 8.00 Speedway 10.00 Ocean 10.30 Show Jumping 12.00 Premiership Years 2.00 Max Power 3.00 Premiership Years 5.00 NFL: Total Access 6.00 European Challenge Tour Golf 7.00 Foot Brazil 7.30 Live Greyhound Racing. The Puppy Derby. 10.00 Poker 11.00 NFL: Total Access 12.00 Karting 12.30 Poker 1.30 Karting 2.00 Close

Sky Sports 3

11.00 Aerobics Oz Style 11.30 Racing News 12.00 Ocean 12.30 Wild Spirits 1.00

NFL: Total Access 2.00 Ocean 2.30 World Motor Sport 5.00 WWE: Smackdown 7.00 World Pool Masters 8.00 Thinking Tackle 9.00 Fishing 10.00 Sports Unlimited 11.00 European Challenge Tour Golf 12.00 Thinking Tackle 1.00 Fishing 2.00 Show Jumping 3.30 Close

British Eurosport

7.30 Snooker 8.00 Live Snooker. The Shanghai Masters. 10.30 Athletics 12.30 Live Snooker. The Shanghai Masters. 3.30 Eurosport Buzz 4.00 World Superbikes 5.00 Eurogoals 5.15 Athletics 6.00 Live Athletics. The IAAF Super Grand Prix in Stockholm. 9.00 Snooker 10.30 World Rally Championship 11.30 Ralliving 12.00 Eurosport Buzz 12.30 Close

Sky Sports Xtra

2.00 Tennis 4.00 Live Tennis. The second day of the ATP Rogers Cup. 10.00 Heritage Grand Touring Car Challenge 10.30 Karting 11.00 Ocean 11.30 Heritage Grand Touring Car Challenge 12.00 World Pool Masters 1.00 Ocean 1.30 Heritage Grand Touring Car Challenge 2.00 Close



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## BBC1

6.00 Breakfast. (T) 9.15 To Buy or Not to Buy. (R) (T) 10.00 Homes Under the Hammer. (R) (T) BBC News. Weather. (T) 11.00 How to Live Longer. (T) 11.45 Car Booty. (R) (T) BBC News. Weather. (T) 12.15 Cash in the Attic. (R) (T) 1.00 BBC News. Weather. (T) 1.30 Regional News. Weather. (T) 1.40 Neighbours. (T) 2.05 Doctors. (T) 2.35 All Saints. (T) 3.20 BBC News. Weather. Regional News. (T) 3.25 CBBC. Maya & Miguel. (R) (T) 3.50 Skunk Fu! (T) 4.05 Mordred. (T) 4.30 The Story of Tracy Beaker. (R) (T) 5.00 Only in America. (R) (T) 5.25 Newsround. (T)

5.35 Neighbours. The Kinski children are perturbed by Karl's relaxed attitude as they await Susan's return to Ramsay Street, while Janae is forced to use Ned as her boxing partner. Rosie proposes to Frazer during a trip to the races and Bree realises she and Zeke are no longer suited to each other. (R) (T)

6.00 BBC News. (T)

6.30 Regional News Programmes; Weather. (T)

7.00 The ONE Show. (T)

7.30 Out-Take TV. Anne Robinson presents another raid on the archives, showcasing more hilarious blunders and mishaps. Featuring embarrassing clips of Blue Peter presenters fluffing their lines in moments they hoped would be consigned to the cutting-room floor. (T) (T)

8.00 The National Lottery Jet Set 2012. Eamonn Holmes hosts an Olympic-themed quiz in which hopeful contestants battle it out for the chance to win a luxury round-the-world trip. Includes the Dream Number draw from Lottery HQ with guest former 400m hurdler Kriss Akabusi. Last in series. (T)

8.30 Vet Safari. Emma, her family and helicopter pilot LJ pursue a giraffe in the hope of being able to tranquilize it. The Ramblers also settle into their new home where they collect animals including a baby buffalo and a young wildebeest, and receive a visit from Shaun's mother. However, the reunion is interrupted when the couple are asked to catch an escaped rhino. Last in series. (T)

9.00 Waking the Dead. Part two of two. The team are forced to release Hunt from custody. Boyd arranges to have him followed to prevent any more murders, but the body of a girl soon turns up drowned in the local baths. The police leak the suspect's name to a journalist hoping to uncover more information - a mistake that proves fatal. Trevor Eve and Sue Johnston star. (R) (T)

10.00 BBC News at Ten O'Clock. (T)

10.30 Regional News; Weather. (T)

10.35 The National Lottery Draws. Jenni Falconer sets the balls rolling to decide the all-important Thunderball and Lotto numbers. (T)

10.40 FILM: High Fidelity (2000). Romantic comedy, starring John Cusack. (T) National Lottery Update and Weather. (T)

12.35 Sign Zone: Coast. (R) (T) 1.35 Sign Zone: Wainwright: The Man Who Loved the Lakes. (R) (T) 2.35 Sign Zone: India with Sanjeev Bhaskar. (R) (T) 3.35 BBC News 24. (T)



## BBC2

6.00 CBeebies: Fimbles. (R) (T) 6.20 The Story Makers; (R) (T) Tweenies Songtime. (R) (T) 6.35 Balamory. (R) (T) 7.00 Numberjacks. (R) (T) 7.15 Tommy Zoom. (R) (T) 7.30 In the Night Garden. (R) (T) 8.00 CBBC: Do Something Different. (T) 8.45 Mona the Vampire. (R) (T) 8.55 Smart. (R) (T) 9.25 Time Warp Trio. (R) (T) 9.45 Really Wild Show. (R) (T) 10.10 Watch My Chops. (R) (T) 10.35 Even Stevens. (R) (T) 11.00 Dangerous. (R) (T) 11.10 Top Cat. (R) (T) 11.25 The Munsters. (R) (T) (bw) 12.00 FILM: The Inn of the Sixth Happiness (1958). Fact-based drama, starring Ingrid Bergman. (T) 2.35 The Flying Gardener. (R) (T) 2.45 Escape to the Country. (R) (T) 3.45 Flog It! (R) (T) 4.30 Ready, Steady, Cook. (R) (T) 5.15 Weakest Link. (R) (T) 6.00 Animal Park. (R) (T) 7.00 The Hairly Bikers' Cookbook. Part one of two. The duo visit Romania. (R) (T) 7.30 Oz and James's Big Wine Adventure. Oz Clarke and James May visit the Rhone Valley. (R) (T) 8.00 Rick Stein's Mediterranean Escapes. New series. The chef samples Mediterranean food. (T) 9.00 Heroes. The paths of the heroes cross in Las Vegas. (T) 9.45 Heroes Unmasked. The creation of Peter Petrelli's flying jockey. (T) 11.25 Best of Little Miss Jocelyn. Compilation of sketches from the show. (T) 10.30 Newsnight. (T) Weather. (T) 11.20 Hyperdrive. (R) (T) 11.50 FILM: The Pumpkin Eater (1964). Drama, with Anne Bancroft. (T) 1.40 Arrested Development. (R) (T) 2.00 How I Met Your Mother. (R) (T) 2.20 BBC News 24. (T) 3.35 Close.

## Pick of the Day

Malcolm and Barbara: Love's Farewell (ITV1 Granada, 9pm)

In 1999, ITV1 broadcast director Paul Watson's acclaimed documentary Malcolm and Barbara: A Love Story, which followed a happily married couple as their lives were turned upside down by Alzheimer's disease. Filmed over four years, it revealed how Malcolm Pointer, a talented pianist and composer who had once co-hosted a BBC show with his wife, had been diagnosed with the condition at the age of just 51. In the early days of his illness, he had been plagued by what he described as a silent buzzing in my head and bouts of forgetfulness, but eventually began to suffer from violent mood swings. Despite offers of a place in a care home, Barbara was determined to care for him herself, and talked frankly about how their marriage had been affected. Now, following Malcolm's death in February, this film brings viewers up to date, using footage shot in the last years of his life. Barbara, who was awarded an MBE in 2006 for her campaigning work for Alzheimer's victims, explains how she made the difficult decision to get respite care for her husband, and also speaks of the problems faced by her and other relatives of sufferers. She says: "Alzheimer's is not seen as an illness. You know, we all get a bit forgetful as we get older, and so on, and it's minimized. I think what's happening here is that carers' good-will is being exploited. They know that we won't give up." However, while the documentary may raise interesting points about care, it is essentially a moving tribute to a couple's enduring love.

## C4

6.10 The Hoobs. (R) (T) 6.35 The Hoobs. (R) (T) 7.00 Frasier. (R) (T) 7.30 Big Brother's Little Brother. (R) (T) 8.00 Big Brother. (R) (T) 9.00 T4: Shipwrecked 2007: The Hutcam Diaries. (R) (T) 9.35 T4: Mark Ronson's Postcard from T4 on the Beach. (T) 9.50 T4: Friends. (R) (T) 10.25 T4: Friends. (R) (T) 10.55 T4: Shipwrecked 2007: Battle of the Islands. (R) (T) 12.00 News at Noon. (T) 12.30 Grudge Match. (R) (T) 12.45 A Place in the Sun. (R) (T) 1.45 FILM: The Thirty-Nine Steps (1959). Thriller, starring Kenneth More. (T) 3.30 Countdown. (T) 4.15 Win My Wage. (T) 5.00 Richard & Judy. (T) 6.00 The Simpsons. (R) (T) 6.30 Hollyoaks. (T) 7.00 Channel 4 News. (T) 7.55 3 Minute Wonder: Bravo! Stop frame animation of women in bras. (T) 8.00 Location, Location, Location. Revisiting families from Norwich and Sutton Coldfield. (T) 9.00 Big Brother. The latest action. (T) 10.00 Brothers & Sisters. Part two of two. Sarah, Tommy and Kevin discover their father's most astounding secret while hunting for his lost treasure, and Justin confesses his real reasons for joining the military. (T) 11.00 Will & Grace. (T) 11.30 Sugar Rush. (R) (T) 12.00 The Friday Night Project. (R) (T) 1.05 Festival Postcards: The Big Chill. 1.20 Big Brother Live. 3.35 Dispatches: Britain Under Attack. (R) (T) 4.30 Richard & Judy. (R) 5.25 Countdown. (R) (T)

## FIVE

6.00 Milkshake!: Thomas & Friends. (R) (T) 6.10 Make Way for Noddy. (R) (T) 6.20 When I Grow Up. (R) (T) 6.25 Oswald. (R) (T) 6.40 Peppa Pig. (R) (T) 6.45 Hi-5. (T) 7.20 Hana's Helpline. (R) (T) 7.30 The Adventures of Bottle Top Bill and His Best Friend Corky. (T) 7.45 Make Way for Noddy. (R) (T) 8.00 Fit! and the Flowertots. (R) (T) 8.15 Peppa Pig. (R) (T) 8.20 Thomas & Friends. (R) (T) 8.35 Miss Spider's Sunny Patch Friends. (R) (T) 8.50 Insect Antics. (R) (T) 8.55 Roobarb and Custard. (R) (T) 9.00 House Doctor. (R) (T) 9.30 Doctor, Doctor. (T) 10.30 Trisha Goddard. (R) (T) 11.30 five news. (T) 12.00 Home and Away. (R) (T) 12.30 Charmed. (R) (T) 1.30 Big Valley: The Dark Angel; five news update. (T) 3.30 FILM: Hart to Hart: Till Death Do Us Part (1996). Mystery, starring Robert Wagner. 5.30 five news; Weather. (T) 6.00 Home and Away. (T) 6.30 Committed. (R) (T) 7.00 five news. (T) 7.15 David Beckham's Soccer USA: Including Los Angeles Galaxy v Toronto FC. (T) 7.15 five news update. 8.00 Diet Doctors: Inside and Out. A 21-stone woman who suffers back pain; (R) (T) 8.00 five news at 9.00 FILM: Bad Boys (1995). Two wisecracking detectives hunt for a \$100million heroin consignment stolen from the police evidence room. Explosive, action-packed thriller, starring Will Smith and Martin Lawrence. (T) 11.15 Crimes That Shook the World. (T) 12.15 Poker World Open III. (T) 1.45 Major League Baseball. 5.10 The Partygammon.com Million.

## LOCAL

RTP1

0630 Bom dia Portugal 1000 Praga da Alegria 1300 News 1410 Prova de Amor 1515 Só Visto e Amigos 1715 Lingo 1800 Portugal em Idrecto 1905 O Preço Certo 2000 News 2100 Em Reportagem 2120 O Planeta Agradecido 2130 A Herança de Verão 0015 Agnes Browne, film 0200 Carson City, film 0400 Telesales

RTP2

0700 euronews 0715 Zig Zag 1300 Discovery Hour 1400 Sociedade Civil 1530 Sim, Amor 1600 Zig Zag 1700 National Geographic 1815 Diário de Sofia 1830 a Fé dos Homens 1900 Biosfera 1945 Zig Zag 2045 Todos Contra o Chris 2115 National Geographic 2200 News 2240 24 2315 Bastiões 2330 Clube de Jornalistas 0030 Noites da 2 0115 Discovery Hour 0215 Consigo 0245 Bastiões 0315 Biosfera 0400 Sociedade Civil 0600 Euronews

SIC

0700 Floribella 0830 Sic Kids 1100 Fatima 1300 News 1415 Eterna Magi 1445 O Profeta 1515 Contacto 1800 Pé na Jaca 1900 Floribella 2000 News 2115 Chiquitita 2215 Paraiso Tropical 2315 Vingança 0015 Shark 0115 CSI Las Vegas 0215 Sex and the City 0330 Olhar da Serpente

TVI

0700 Diário Da Manhã 1000 Você na TV 1300 News 1400 As Tardes da Júlia 1700 Que Quer Ganhar 1800 Morangos com Açúcar - Férias de Verão 2000 News 2115 Ilha dos Amores 2215 Doce Fugitiva 2315 Tu e Eu 0015 Teatro: Memória da Água 0230 Toca a Ganhar 0345 TVI Negócios 0400 O Portector IV 0500 Telesakes

## Best of the Rest

BBC3

7.00 Doctor Who 7.45 Doctor Who Confidential 8.00 Goals Galore! 9.00 Sex - with Mum and Dad 10.00 Heroes 10.45 The Real Hustle 11.15 Last Man Standing 12.15 Two Pints of Lager and a Packet of Crisps 12.45 Two Pints of Lager and a Packet of Crisps 1.10 Goals Galore! 2.10 The Real Hustle 2.40 Last Man Standing 3.35 Sex - with Mum and Dad 4.35 Close

BBC4

7.00 World News Today 7.00 Weather 7.30 Wainwright's Walks 8.00 Film: A Beautiful Mind 12 (2001) 10.05 Dangerous Knowledge 11.35 Breaking the Code 1.05 The Music of the Primes 2.05 Dangerous Knowledge 3.35 Wainwright's Walks 4.05 Close

ITV2

1.00 Emmerdale 1.30 The Jeremy Kyle Show 2.35 The Jeremy Kyle Show 3.40 Ricki Lake 4.25 Sally Jessy Raphael 5.10 Airline USA 5.45 Judge Judy 7.00 The New Adventures of Superman 8.00 Staff from Hell 9.00 Film: The Last Boy Scout 18 (1991) 11.05 Coronation Street 11.35 Film: The Skulls 15 (2000) 1.40 Glitterball: ITV Play 4.00 Teleshopping 6.00 Close

Sky One

1.00 Cold Case 2.00 Angel 3.00 Las Vegas 4.00

Stargate SG-1 5.00 Stargate

SG-1 6.00 Malcolm in the Middle 6.30 Malcolm in the Middle 7.00 The Simpsons 7.30 The Simpsons 8.00 The Diana Years 9.00 Bones 10.00 Law & Order 11.00 Cold Case 12.00 Nip/Tuck 1.05 Star Trek: The Next Generation 2.00 Star Trek: The Next Generation 2.55 Caribbean Uncovered 3.50 America's Dumbest Criminals 4.15 Dream Team 5.10 Taste

UKTV Gold

1.20 Open All Hours 2.00 Open All Hours 2.40 Only Fools and Horses 3.20 Only Fools and Horses 4.00 Doctor Who 5.00 Doctor Who 6.00 My Family 6.40 Open All Hours 7.20 Only Fools and Horses 8.00 New Tricks 9.00 The Vicar of Dibley 9.55 Only Fools and Horses 11.00 The Catherine Tate Show 11.40 Only Fools and Horses 1.10 Friday Night with Jonathan Ross 2.25 Miss Marple 4.20 Merseybeat 5.10 Neighbours 5.35 Neighbours

TCM

1.10 The Miniver Story U (1950) 3.00 Designing Woman U (1957) 5.10 Madame Bovary PG (1949) 7.10 Hearts of the West PG (1975) 9.00 Blazing Saddles 15 (1974) 11.00 All the President's Men 15 (1976) 1.40 Teleshopping 2.00 No Guts, No Glory: 75 Years of Blockbusters 3.00 Bridge to the Sun U (1961)

The Disney Channel

Kids' programmes from 7am, except: 8.00 Film: The Even Stevens Movie PG (2003) Family adventure, starring Shia LaBeouf.

## MOVIES

Sky Movies Drama

6.35 Deep Family Secrets PG (1997) 8.15 Going for Broke PG (2003) 9.55 Malpractice PG (2001) 11.40 Force of Impact PG (2005) With Antonio Sabato Jr. 1.20 Deep Family Secrets PG (1997) With Richard Crenna. 3.00 Going for Broke PG (2003) With Delta Burke. 4.40 Malpractice PG (2001) With Gabrielle Carteris. 6.20 Force of Impact PG (2005) With Antonio Sabato Jr. 8.00 The New World 12 (2005) With Colin Farrell. 10.20 Undiscovered 12 (2005) With Ashlee Simpson. 12.10 Brokeback Mountain 15 (2005) With Heath Ledger. 2.30 The Boxer 15 (1997) With Daniel Day-Lewis. 4.35 Force of Impact PG (2005)

Sky Movies Comedy

6.25 A Young Connecticut Yankee in King Arthur's Court PG (1994) 8.00 Robots U (1990) 9.45 Bad Manners 15 (1997) 11.25 Nine Months 12 (1995) With Hugh Grant. 1.25 The Benchwarmers 12 (2006) With Rob Schneider. 3.10 Monster-in-Law 12 (2005) With Jennifer Lopez. 4.55 Robots U (2005) With Ewan McGregor. 6.30 Beavis and Butt-Head Do America 12 (1996) With Mike Judge. 8.00 Monster-in-Law 12 (2005) With Jennifer Lopez. 10.00 Nine Months 12 (1995) With Hugh Grant. 11.55 The

Benchwarmers 12 (2006) With Rob Schneider. 1.35 Bad Manners 15 (1997) With David Strathairn. 3.10 Beavis and Butt-Head Do America 12 (1996) 4.35 A Young Connecticut Yankee in King Arthur's Court PG (1994)

Sky Movies Action

6.05 SS Doolittle 15 (2006) 7.50 The Presidio 15 (1988) 9.40 Broken Arrow 15 (1996) 11.40 Inside Man 15 (2006) With Denzel Washington. 1.55 Virtuosity 15 (1995) With Denzel Washington. 3.45 SS Doolittle 15 (2006) With Colin Nemec. 5.20 The Presidio 15 (1988) With Sean Connery. 7.05 Broken Arrow 15 (1996) With John Travolta. 9.00 Virtuosity 15 (1995) With Denzel Washington. 10.50 Inside Man 15 (2006) With Denzel Washington. 1.00 Domino 15 (2005) With Keira Knightley. 3.10 Running Cool 18 (1993) 5.10 Frozen Impact PG (2002)

(R)-repeat programme;

(T)-programme with tele-text subtitles;

(S)-programme broadcast in stereo;

(bw)-black and white.

## ITV1

5.30 ITV Morning News. (T) 6.00 GMTV. (T) 9.25 The Jeremy Kyle Show. (T) 10.30 This Morning. (T) 12.30 Loose Women. (T) 1.30 ITV Lunchtime News. (T) 2.00 Daily Cooks. (T) 2.59 London Weather. (T) 3.00 Dickinson's Real Deal. (T) 4.00 Heartbeat. (R) (T)

5.00 Golden Balls. Jasper Carrott hosts the game show based on life-changing amounts of cash hidden inside Golden Balls. (T)

6.00 London Tonight; Weather. (T) 6.30 ITV Evening News; Weather. (T) 7.00 Emmerdale. Percy locks Rosemary in the attic and forces a confession out of her, but is stunned to find herself dragged into an ambulance when she opens the door. Scarlett's efforts to impress Daz go awry, leading to a row between Carrie and Kelly, while Viv's outburst about the child specialist makes the local news. (T) 7.30 Coronation Street. Casey keeps tabs on the Peacock household, then arranges to meet Claire - who confides she thinks the police believe she is the arsonist. Michelle tells Ryan about her relationship with Steve, and Norris attends Angela's funeral, which ends as the other ex-husbands revel in raucous shenanigans in the Rovers. (T)

8.00 The Bill. New recruit Sergeant Callum Stone (Sam Callis) makes an instant impact at Sun Hill by subduing a violent drunk in the station, but his maverick methods instantly alarm Dan and raise Smithy's hackles. Terry traces a series of threatening calls made to elderly women back to a single suspect, a supervisor at a kitchen fitting company, who is less than pleased to be arrested in a lift stalled between floors. Michael Angelis guest stars. (T)

9.00 Malcolm and Barbara: Love's Farewell. Update on Paul Watson's 1999 documentary Malcolm and Barbara: A Love Story, about Barbara Pointon's struggle to cope with her husband Malcolm's Alzheimer's disease, which developed when he was only 51. Four years in the making, the film provided a poignant depiction of courage against the odds. This new film follows the couple in the years since, and reveals how Malcolm's condition eventually led to his death in February. (T)

10.30 ITV News; Weather. (T) 11.00 Sally Morgan: Star Psychic. The Happy Mondays' Bez receives a visit from Sally, who also calls on former cricketer Phil Tufnell and provides a reading for reality TV star Victoria Hervey. (T)

12.00 Glitterball; (T) ITV News Headlines. 4.05 The Jeremy Kyle Show. (R) (T) 5.00 ITV Nightscene.

## SPORT

Sky Sports 1

6.00 Poker 7.00 WWE: Heat 8.00 Foot Brazil 8.30 Premiership News 10.30 Foot Brazil 11.00 Poker 12.00 Foot Brazil 12.30 Motor Racing 2.00 Foot Brazil 2.30 Karting 3.00 Foot Brazil 3.30 USPGA 12.00 Sports Unlimited 1.00 Championship Golf 4.30 Live Cricket, Yorkshire Phoenix v Middlesex Crusaders. 4.00 WWE: Bottom Line 5.00 Coverage continues on Sky Sports 2. 7.30 Live Football. Glenloran v Manchester United (Kick-off 7.45pm). 10.00 Premiership News 12.00 FIFA Futbol Mundial 12.30 Football 2.00 Poker 3.00 Premiership News 5.00 FIFA Futbol Mundial 5.30 Close

Sky Sports 2

6.00 Aerobics Oz Style 6.30 Ocean 7.00 Aerobics Oz Style 7.30 Ocean 8.00 Sports Unlimited 9.00 Ocean 9.30 Heritage Grand Touring Car Challenge 10.00 Thinking Tackle 11.00 Fishing 12.00 Heritage Grand Touring Car Challenge 12.30 World Pool 12.00 Masters 1.30 Ocean 2.00 European Challenge Tour Golf 3.00 Premiership Years 5.00 European Tour Weekly 5.30 FIFA Futbol Mundial 6.00 Cricket, Yorkshire Phoenix v Middlesex Crusaders. 10.00 USPGA Championship Golf 11.00 Golf Special 11.30 European Tour Weekly 12.00 Total Rugby 12.30 Golf Special 1.00 European Tour Weekly 1.30 World Ten Pin

Masters 2.30 Close

Sky Sports 3

8.00 European Challenge Tour Golf 9.00 Karting 9.30 Foot Brazil 10.00 World Pool Masters 11.00 Aerobics Oz Style 11.30 Racing News 12.00 Sports Unlimited 1.00 NFL: Total Access 2.00 Thinking Tackle 3.00 Fishing 4.00 WWE: Bottom Line 5.00 WWE: Afterburn 6.00 Show Jumping 6.30 Total Rugby 7.00 Live Winning Post. Races from Gowran Park, Yarmouth and Sligo. 9.00 Motor Racing 10.30 Total Rugby 11.00 NFL: Total Access 12.00 Transworld Sport 1.00 Watersports World 2.00 Show Jumping 2.30 Close

British Eurosport

7.30 Live Snooker. The Shanghai Masters. 10.30 Athletics 11.45 MotoGP 12.30 Live Snooker. The Shanghai Masters. 3.30 Athletics 5.00 Eurogoals 5.15 Wednesday Selection 5.20 Riders Club 5.25 Wednesday Selection 5.30 US Tour Golf 6.30 European Tour Golf 7.30 Golf Challenge Tour Golf 7.30 Golf Club 7.35 Sailing 8.05 Yacht Club 8.10 Polo 8.40 Wednesday Selection 8.45 Snooker 10.30 GP2 Racing 11.30 Mountain Biking 12.00 Escape 12.30 Close

Sky Sports Xtra

2.00 Tennis 4.00 Live Tennis 10.00 World Ten Pin Masters 11.00 Ocean 11.30 Irish Greyhound Racing 12.00 Max Power 1.00 Ocean 1.30 Irish Greyhound Racing 2.00 Close

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## BBC1

6.00 Breakfast. (T) 9.15 To Buy or Not to Buy. (R) (T) 10.00 Homes Under the Hammer. (R) (T) BBC News; Weather. (T) 11.00 How to Live Longer. (T) 11.45 Car Booty. (R) (T) BBC News; Weather. (T) 12.15 Cash in the Attic. (R) (T) 1.00 BBC News; Weather. (T) 1.30 Regional News; Weather. (T) 1.40 Neighbours. (T) 2.05 Doctors. (T) 2.35 All Saints. (T) 3.20 BBC News; Weather; Regional News. (T) 3.25 CBBC: Maya & Miguel. (R) (T) 3.50 Skunk Fu! (T) 4.05 Mortified. (T) 4.35 Dinosaupien. (T) 5.00 MI High. (R) (T) 5.25 Newsround. (T)

5.35 Neighbours. Frazer is worried by Pepper's reaction to news of his engagement to Rosie and vows to find out what's troubling her. Fox is scathing over Paul's attempts to sabotage Elle's business plans, while a request from Izzy leaves Susan reeling. Bree calls off her relationship with Zeke. (R) (T)  
6.00 BBC News; Weather. (T)  
6.30 Regional News Programmes; Weather. (T)  
7.00 The ONE Show. (T)  
7.30 EastEnders. The police hunt for Sean in connection with Patrick's attack, but Carly and Stacey remain convinced of his innocence. Deano is having second thoughts about implicating Sean, and Tanya's angry outburst causes Lauren to run away. Yolande receives devastating news at the hospital. (T)

8.00 The Inspector Lynley Mysteries. Nathaniel Parker returns in the first of two new crime mysteries. The detective struggles to cope following the death of his wife and suffers more grief when his godson is discovered in a bricked-up drain 12 years after he went missing. Lynley himself becomes a suspect when the boy's sister is found dead, and he is forced to enlist the help of his lawyer and DS McCaffrey's son to prove his innocence. Crime drama, also starring Sharon Small and Nicholas Farrell. (T)  
9.30 Traffic Cops. Hampshire's traffic police witness people who exhibit astonishingly reckless driving that often has disastrous consequences. When these dangerous drivers are stopped by the traffic cops they aren't short of excuses or lies for their worrying driving. (R) (T)  
10.00 BBC News at Ten O'Clock. (R) (T)  
10.30 Regional News; Weather. (T)  
10.35 Drop Dead Gorgeous. Ashley's star is in the ascendant as she begins catwalk training in Paris, which includes a six-star hotel for her chaperone. Pauline finds herself torn between her loyalty to Val and her luxurious new lifestyle, and it's not long before things reach boiling point in the canteen kitchen. To add to her woes, Terry spots a risqué poster of Ashley in the middle of Runcom. Drama, with Sinead Monaghan. (T)

11.30 FILM: Citizen Ruth (1996). Black comedy, starring Laura Dern; (T) Holiday Weather.  
1.15 Sign Zone: Panorama. (R) (T) 1.45 Sign Zone: The Alastair Campbell Diaries. (R) (T) 2.45 Sign Zone: Peter and Dan Snow: 20th Century Battlefields. (R) (T) 3.45 BBC News 24. (T)



## BBC2

6.00 CBeebies: Fimbles. (R) (T) 6.20 The Story Makers; (R) (T) Tweenies Songtime. (R) (T) 6.35 Balamory. (R) (T) 7.00 Numberjacks. (R) (T) 7.15 Tommy Zoom. (R) (T) 7.30 In the Night Garden. (R) (T) 8.00 CBBC: Do Something Different. (T) 8.45 Mona the Vampire. (R) (T) 8.55 Smart. (R) (T) 9.25 Time Warp Trio. (R) (T) 9.45 Really Wild Show. (R) (T) 10.10 Watch My Chops. (R) (T) 10.35 Even Stevens. (R) (T) 11.00 Dangermouse. (R) (T) 11.10 Top Cat. (R) (T) 11.35 The Munsters. (R) (T) (bw) 12.00 FILM: The Hawaiians (1970). Exotic adventure. Charlton Heston stars. (T) 2.10 Handle on Nature. (R) (T) 2.45 Escape to the Country. (R) (T) 3.45 Flog It! (R) (T) 4.30 Ready, Steady, Cook. (R) (T) 5.15 Weakest Link. (R) (T) 6.00 Animal Park. (R) (T) 7.00 Top Wild Dives with Tanya Streeter. The freediver's favourite wildlife dives. (R) (T) 8.00 Rick Stein's Mediterranean Escapes. Fishing in Sardinia and travelling to Palermo, Sicily. (T) 9.00 Mock the Week. Dara O'Briain hosts the topical comedy quiz show with guest David Mitchell joining regular panellists Frankie Boyle, Hugh Dennis, Andy Parsons and Russell Howard. (T) 9.30 Hyperdrive. Henderson and York infiltrate Vine's dream. (T) 10.00 Still Game. A supermarket giant muscles in on Navid's business. (T) 10.30 Newsnight; (T) Weather. (T) 11.20 Heroes. (R) (T) 12.05 FILM: The Leather Boys (1963). Gritty drama, with Rita Tushingham. (T) (bw) 1.45 Arrested Development. (R) (T) 2.10 How I Met Your Mother. (R) (T) 2.30 BBC News 24. (T) 3.45 Close.

## Pick of the Day

## The Inspector Lynley Mysteries (BBC1, 8pm)

What is it about TV and miserable detectives? Not one of them is a happy-go-lucky sort with a good line in sparkling repartee. Instead, they're almost entirely troubled souls who look like a spell in therapy would do them the world of good. Certainly, Lynley could do with a helping hand as the first of two new cases begins and, as his sidekick Havers is doing her usual thing of hovering around, wondering whether interfering in her boss's life would be a wise move, it's a good job he's got work to focus on. Lynley is still in turmoil following his wife's death, but rather than buckling under the strain when the body of his five-year-old godson Justin, who's been missing for 12 years, is found, he throws himself into the investigation of the lad's death. But there's worse to come when Justin's now grown-up sister, Julia, is found dead outside Lynley's flat, and he becomes the prime suspect in her murder. Luckily he's cleared, but it becomes clear somebody is out to silence anyone who may know something about the night the boy died, and it's up to Havers to uncover the shocking truth. Nathaniel Parker and Sharon Small star, while Nigel Farrell and Samantha Bond make guest appearances.

## C4

6.10 The Hoobs. (R) (T) 6.35 The Hoobs. (R) (T) 7.00 Frasier. (R) (T) 7.30 Big Brother's Little Brother. (T) 8.00 Big Brother. (R) (T) 9.00 T4: Shipwrecked 2007: The Hutcman Diaries. (R) (T) 9.35 T4: Hollyoaks Postcard from T4 on the Beach. (T) 9.50 T4: Friends. (R) (T) 10.25 T4: Friends. (R) (T) 10.55 T4: Shipwrecked 2007: Battle of the Islands. (R) (T) 12.00 News at Noon. (T) 12.30 Frasier. (R) (T) 1.00 A Place in the Sun. (R) (T) 2.00 FILM: Pickup on South Street (1953). Crime thriller, starring Richard Widmark. (T) (bw) 3.30 Countdown. (T) 4.15 Win My Wage. (T) 5.00 Richard & Judy. (T) 6.00 The Simpsons. (R) (T) 6.30 Hollyoaks. (T) 7.00 Channel 4 News. (T) 7.55 3 Minute Wonder: Bravo! Celebrating the invention of the bra 100 years ago. Last in series. (T) 8.00 It's Me or the Dog. An aggressive Doberman puppy. (T) 8.30 It's Me or the Dog. An over-protective American bulldog. Last in series. (T) 9.00 Big Brother. The completion of the weekly task. (T) 10.00 My Name Is Earl. Joy seeks help with her anger management, Randy resolves to tell Catalina how he feels and Earl attempts to toughen up an old friend to help him find a partner. (T) 10.30 FILM: The Talented Mr Ripley (1999). A Manhattan lavatory attendant is paid to visit Italy and persuade a spoiled youth to return home, but ends up assuming his identity. Excellent thriller, starring Matt Damon. (T) 1.00 The IT Crowd. (R) (T) 1.35 4Music: Road to V 2007. (T) 1.45 Big Brother Live. 4.35 Richard & Judy. (R) 5.25 Countdown. (R) (T)

## FIVE

6.00 Milkshake!: Thomas & Friends. (R) (T) 6.10 Make Way for Noddy. (R) (T) 6.20 When I Grow Up. (R) (T) 6.25 Oswald. (R) (T) 6.40 Peppa Pig. (R) (T) 6.45 Hi-5. (T) 7.20 Hana's Helpline. (R) (T) 7.30 The Adventures of Bottle Top Bill and His Best Friend Corky. (T) 7.45 Make Way for Noddy. (R) (T) 8.00 Fifi and the Flowerpots. (R) (T) 8.15 Peppa Pig. (R) (T) 8.20 Thomas & Friends. (R) (T) 8.35 Miss Spider's Sunny Patch Friends. (R) (T) 8.50 Insect Antics. (R) (T) 9.00 House Doctor. (R) (T) 9.30 Doctor, Doctor. (T) 10.30 Trisha Goddard. (R) (T) 11.30 five news. (T) 12.00 Home and Away. (R) (T) 12.30 Charmed. (R) (T) 1.30 Russell Grant's Postcards. (R) (T) 1.40 FILM: Man Without a Star (1955). Western adventure, starring Kirk Douglas. (T) 3.25 five news update. (T) 3.30 FILM: Storm Chasers: Revenge of the Twister (1998). Thriller, starring Kelly McGillis. (T) 5.30 five news; Weather. (T) 6.00 Home and Away. (T) 6.30 Committed. (R) (T) 7.00 five news. (T) 7.15 Cricket over five. England v India. Mark Nicholas presents action from the opening day of the Third Test at The Oval, the last match of the series between the two countries: (T) 7.15 five news update. 8.00 How to Be a Property Developer. New series. Two teams take on the challenge; (T) 8.00 five news at 9.00 House. A donor falls ill before his brother's transplant. (T) 10.00 Shark. An anonymous tip leads to a missing boy being found. (T) 11.00 CSI: Crime Scene Investigation. 12.00 Quiz: Call 4.00 European Drag Racing. 4.25 Race and Rally UK. 4.55 Qashqai Challenge. 5.10 Football Argentina Highlights.

## ITV1

5.30 ITV Morning News. (T) 6.00 GMTV. (T) 9.25 The Jeremy Kyle Show. (T) 10.30 This Morning. (T) 12.30 Loose Women. (T) 1.30 ITV Lunchtime News. (T) 2.00 Daily Cooks. (T) 2.59 London Weather. (T) 3.00 Dickinson's Real Deal. (T) 4.00 Heartbeat. (R) (T)  
5.00 Golden Balls. Jasper Carrott hosts the game show based on life-changing amounts of cash hidden inside Golden Balls. (T)  
6.00 London Tonight; Weather. (T)  
6.30 ITV Evening News; Weather. (T)  
7.00 Emmerdale. Grayson seeks comfort from Paul after Percy accuses him of plotting against her, while Victoria sets Scarlett up for a fall. Pearl competes with Jamie for a job. (T)  
7.30 Luton Airport. A troupe of Greek dancers give an unusual performance in the terminal, and the first scheduled service from Luton to New York prepares for its maiden flight. (T)  
8.00 The Bill. Following a report of vandalism on a church, Terry finds himself investigating a case of assisted suicide in which conflicting evidence from the grieving family members suggests someone has something to hide. Meanwhile, Beth and Roger are called to a pet shop where the owner has been tied up and several dogs let loose, but it's Sun Hill's own bloodhound Callum Stone who realises there is something more sinister than youthful high-jinks going on. (T)  
9.00 Britain's Youngest Brides. Five teenagers discuss their decision to tie the knot, including Catrina, 18, who plans to devote her life to cooking, cleaning and childcare, and is determined to stand out on her big day with an unforgettable dress. Plus, a woman who was 18 when she wed her 50-year-old husband, a schoolgirl who married at 16, and a pregnant 17-year-old who wants to ensure her twins are born into wedlock. (T)  
10.00 Benidorm. Comedy series, starring Johnny Vegas. A new batch of holiday-makers arrive at the Solana resort, including Lancashire's reigning pub quiz champion, the Oracle, and his dining mum - who he refers to as his PA. Meanwhile, the Garvey family have to contend with their foul-mouthed, chain-smoking grandma and children who don't appreciate the hot weather. (R) (T)  
10.30 ITV News; Weather. (T)  
11.00 News Knight with Sir Trevor McDonald. (R) (T)  
11.35 Jools Holland's Playlist. Jayne Middlemiss talks to the pianist and TV presenter as he selects five tracks from the past and makes a dedication to someone special. (T)  
12.00 Make Your Play. (T) ITV News Headlines. 4.05 The Jeremy Kyle Show. (R) (T) 5.00 ITV Nightscreen.

## LOCAL

## RTP1

0630 Bom Dia Portugal 1000  
Praça da Alegria 1300 News  
1410 Prova de Amor 1515 Só  
Visto e Amigos 1715 Lingo 1800  
Portugal em Directo 1905 O  
Preço Certo 2000 News 2100 A  
Herança de Verão 2200 Paixões  
Proibidas 2250 Debate da Nação  
2330 Film TBA 0130 Greys  
Anatomy 0215 Hysterical  
Blindness, film 0430 Teleales

## RTP2

0700 Euronews 0715 Zig Zag  
1300 Discover Your Hour 1400  
Sociedade Civil 1530 Sim Amor  
1600 Zig Zag 1700 National  
Geographic 1815 Diário de Sofia  
1830 A Fé dos Homens 1900  
Iniciativa 1945 Zig Zag 2045  
Todos Contra o Chris 2145  
National Geographic 2200 News  
2240 My Name is Earl 2330  
Animais Como Nós 0030 Noites  
da 2.0130 Roma 0230 Iniciativa  
0415 Sociedade Civil 0545  
Euronews

## SIC

0700 Floribella 0830 Sic Kids  
1100 Fatima 1300 News 1415  
Eterna Magi 1445 O Profeta  
1515 Contacto 1800 Pé na Jaca  
1900 Floribella 2000 News 2115  
Chiquititas 2215 Paraíso  
Tropical 2315 Vingança 0015  
CSI New York 0115 CSI Las  
Vegas 0245 Sex in the City 0315  
Film TBA

## TVI

0700 Diário Da Manhã 1000 Você  
na TV 1300 News 1400 Tarde de  
Julia 1700 Quem Quer Ganhar  
1800 Morangos Com Açúcar 2000  
News 2115 Ilha dos Amores  
2215 Doce Fugitiva 2330 Tu e  
Eu 0100 Escritório 0200 Cartaz  
das Artes 0230 Toca a Ganhar  
0345 TVI Notícias 0400  
Protector IV 0445 Teleales

## Best of the Rest

## BBC3

7.00 Doctor Who 7.45 Doctor  
Who Confidential 8.00 Honey  
We're Killing the Kids 9.00  
Spendaholics 10.00  
EastEnders 10.30 The Visit  
11.00 Baby-Faced  
Bodybuilders 11.55 Two  
Pints of Lager and a Packet  
of Crisps 12.25 Two Pints of  
Lager and a Packet of Crisps  
12.55 The Visit 1.25 Baby-  
Faced Bodybuilders 2.20 Two  
Pints of Lager and a Packet  
of Crisps 2.50 Two Pints of  
Lager and a Packet of Crisps  
3.20 Spendaholics 4.20 Close

## BBC4

7.00 World News Today 7.00  
Weather 7.30 Copenhagen  
9.00 Atom 10.00 The Book  
Quiz 10.30 Lead Balloon  
11.00 Film: A Beautiful Mind  
12 (2001) 1.05 Atom 2.05  
Lead Balloon 2.35 The Book  
Quiz 3.05 Atom 4.05 Close

## ITV2

1.00 Emmerdale 1.30 The  
Jeremy Kyle Show 2.35 The  
Jeremy Kyle Show 3.40 Ricki  
Lake 4.25 Sally Jessy  
Raphael 5.10 Airline USA  
5.45 Judge Judy 7.00 The  
New Adventures of Superman  
8.00 House of Horrors 9.00  
Film: The Fifth Element PG  
(1997) 11.30 101 Sexiest  
Celebrity Bodies 12.30  
Keane: In Profile 1.00 Franz  
Ferdinand: In Profile 1.30  
Make Your Play: ITV Play  
4.00 Teleshopping 6.00 Close  
**Sky One**  
1.00 Cold Case 2.00 Angel  
3.00 Las Vegas 4.00 Stargate  
SG-1 5.00 Stargate SG-1  
6.00 Malcolm in the Middle  
6.30 Malcolm in the Middle  
7.00 The Simpsons 7.30 The

Simpsons 8.00 The Simpsons  
8.30 The Simpsons 9.00 Las  
Vegas 10.00 Cold Case 11.00  
Cold Case 12.00 Star Trek:  
The Next Generation 1.00  
Star Trek: The Next  
Generation 1.50 Pop Years  
2.40 Caribbean Uncovered  
3.30 Is Harry on the Boat?  
4.40 Dream Team 5.10 Taste

## UKTV Gold

1.20 Open All Hours 2.00  
Open All Hours 2.40 Only  
Fools and Horses 3.40 Only  
Fools and Horses 4.00 Doctor  
Who 5.00 Doctor Who 6.00  
My Family 6.40 Open All  
Hours 7.20 Only Fools and  
Horses 8.00 The New  
Adventures of Old Christine  
8.30 The New Adventures of  
Old Christine 9.00 The Vicar  
of Dibley 9.40 Only Fools and  
Horses 11.10 The Catherine  
Tate Show 11.50 Jack Dee's  
Happy Hour 12.30 Prison  
Break 1.30 Prison Break 2.25  
Friday Night with Jonathan  
Ross 3.25 Yes, Prime Minister  
4.00 As Time Goes By 4.30  
Merseybeat 5.25 Close Up  
5.35 Neighbours

## TCM

3.00 Ocean's 11 PG (1960)  
5.20 Sunday in New York Y  
(1963) 7.10 The Maltese  
Falcon PG (1941) 9.00 Rio  
Bravo U (1959) 11.50 The  
Long Kiss Goodnight 18  
(1996) 1.55 Teleshopping  
2.10 Vivien Leigh: Scarlett  
and Beyond 3.05 Brewster  
McClood 15 (1970)

## The Disney Channel

Kids' programmes from 7am,  
except: 8.00 Film: Cow Belles  
U (2006) Disney drama,  
starring Alyson and Amanda  
Michalka.

## Sky Movies Drama

6.15 Loss of Faith PG (1997)  
8.00 Miracle in the Woods PG  
(1997) 9.40 Can't Be Heaven  
PG (1999) 11.20 Ice Bound  
PG (2003) With Susan  
Sarandon. 1.00 Loss of Faith  
PG (1997) With John Ritter.  
2.40 The Weather Man 15  
(2005) With Nicolas Cage. 4.40  
Can't Be Heaven PG (1999)  
With Diane Ladd. 6.20 Ice  
Bound PG (2003) With Susan  
Sarandon. 8.00 The Weather  
Man 15 (2005) With Nicolas  
Cage. 10.00 Two for the Money  
15 (2005) With Al Pacino. 12.05  
Nil By Mouth 18 (1997) With  
Ray Winstone. 2.15 The  
Robber Bride 15 (2007) With  
Mary-Louise Parker. 3.50 The  
Secret Life of Zoey 12 (2002)  
5.25 Ice Bound PG (2003)

## Sky Movies Comedy

6.15 Two Much PG (1996) 8.15  
The Pacifier PG (2005) 9.55  
Keeping Mum 15 (2005) 11.50  
Kiss Me, Stupid PG (1964)  
With Dean Martin. 2.00 Never  
Been Kissed 12 (1999) With  
D r e w  
Barrymore.  
3.55 Evan  
Almighty -  
Making Of  
4.20 Two  
Much PG  
(1996) With  
Antonio  
Banderas.  
6.20 The  
Pacifier PG  
(2005) With  
Vin Diesel.  
8.00 Keeping  
Mum 15



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## BBC1

6.00 Breakfast. (T) 9.15 To Buy or Not to Buy. (R) (T) 10.00 Homes Under the Hammer; (R) (T) BBC News; Weather. (T) 11.00 How to Live Longer. (R) (T) 11.45 Car Booty; (R) (T) BBC News; Weather. (T) 12.15 Cash in the Attic. (R) (T) 1.00 BBC News; Weather. (T) 1.30 Regional News; Weather. (T) 1.40 Neighbours. (T) 2.05 Doctors. (T) 2.35 All Saints. (T) 3.20 BBC News; Weather; Regional News. (T) 3.25 CBBC: Maya & Miguel. (R) (T) 3.50 Skunk Fu! (T) 4.05 Mortified. (T) 4.30 The Story of Tracy Beaker. (R) (T) 5.00 Only in America. (R) (T) 5.25 Newsround. (T)

5.35 Neighbours. Sky considers applying to have Kerry brought into prison as she struggles to adjust to life behind bars - and her ordeal looks set to worsen when Mary becomes her cellmate. Tom pledges undying love to Susan before leaving Erinsborough, while Elle asks Ned to move into No 22. (R) (T)

6.00 BBC News; Weather. (T)

6.30 Regional News Programmes; Weather. (T)

7.00 The ONE Show. (T)

7.30 My Family. Nick brings home an old banger he won in a poker game, intending to break it up for parts. However, Ben decides to restore it to its former glory in an attempt to rekindle his youth. The trouble is, it's their wedding anniversary and Susan wants to spend the weekend away. Zoe Wanamaker and Robert Lindsay star. (R) (T)

8.00 EastEnders. Evidence piles up against Sean as the police reveal witnesses saw him fleeing the scene, while Chelsea denies implicating him out of spite. At the hospital Yolande is racked with guilt, blaming herself for the attack on Patrick and distraught that he may not fully recover from his injuries. (T)

8.30 FILM: The Stepford Wives (2004). Premiere. A TV executive is persuaded to leave the rat race and move to an idyllic town - but realises the residents are hiding a dark secret. Black comedy, starring Nicole Kidman. (T)

10.00BBC News at Ten O'Clock. (T)

10.30Regional News; Weather. (T)

10.35FILM: The Mothman Prophecies (2002). Supernatural thriller, starring Richard Gere. (T)

12.25 FILM: Scanners (1980). Sci-fi thriller, starring Patrick McGowan; (T) Weatherview. 2.10 BBC News 24. (T)

## BBC2

6.00 CBeebies: Fimbles. (R) (T) 6.20 The Story Makers; (R) (T) Tweenies Songtime. (R) (T) 6.35 Balamory. (R) (T) 7.00 Numberjacks. (R) (T) 7.15 Tommy Zoom. (R) (T) 7.30 In the Night Garden. (R) (T) 8.00 CBBC: Do Something Different. (T) 8.45 Mona the Vampire. (R) (T) 8.55 SMart. (R) (T) 9.25 Time Warp Trio. (R) (T) 9.45 Really Wild Show. (R) (T) 10.10 Watch My Chops. (R) (T) 10.35 Even Stevens. (R) (T) 11.00 Dangerous. (R) (T) 11.10 Top Cat. (R) (T) 11.35 The Munsters. (R) (T) (bw) 12.00 FILM: Hindle Wakes (1952). Drama, starring Leslie Dwyer. (T) (bw) 1.25 FILM: Whistle Down the Wind (1961). Classic drama, starring Alan Bates. (T) (bw) 3.00 Living in the Sun. (R) (T) 3.45 Flog It! (T) 4.30 Ready, Steady, Cook. (R) (T) 5.15 Weakest Link. (R) (T) 6.00 Animal Park. (R) (T) 7.00 The Flight. Fifty years of the Battle of Britain Memorial Flight. (T) 7.30 The Gardener's Year. Horticultural hints, with Alan Titchmarsh. (R) (T) 8.00 Gardeners' World Special. Joe Swift explores the loss of back gardens to developers. (T) 9.00 India and Pakistan 07: Ganges. Empires that have flourished and fallen along the river's banks. (T) 9.50 India and Pakistan 07: When Auntie Went East. Meera Syal explores the birth of the 'British Asian'. (T) 10.00 Grumpy Old Women. Celebrities complain about the lack of time in their lives. (T) 10.30 Newsnight; (T) Weather. (T) 11.00 The Edinburgh Show. (T) 11.35 Mook the Week. (R) (T) 12.05 FILM: Born Romantic (2000). Comedy, starring Craig Ferguson. (T) 1.35 Kath & Kim. (R) (T) 2.05 Kath & Kim. (R) (T) 2.30 Star Trek. (R) (T) 3.20 Star Trek. (R) (T) 4.10 Close.

## C4

6.10 The Hoobs. (R) (T) 6.35 The Hoobs. (R) (T) 7.00 Frasier. (R) (T) 7.30 Big Brother's Little Brother. (T) 8.00 Big Brother. (R) (T) 9.00 T4: Shipwrecked 2007: The Hutcum Diaries. (R) (T) 9.35 T4: Dizzee Rascal's Postcard from T4 on the Beach. (T) 9.50 T4: Harry Potter and the Order of the Phoenix: T4 Movie Special. (R) (T) 10.25 T4: Friends. (R) (T) 10.55 T4: Shipwrecked 2007: Battle of the Islands. (R) (T) 12.00 News at Noon. (T) 12.30 Grudge Match. (R) (T) 12.45 A Million Pound Place in the Sun. (R) (T) 1.50 FILM: Carry On Regardless (1961). Farcical comedy, starring Sid James. (T) (bw) 3.30 Countdown. (T) 4.15 Win My Wage. (T) 5.00 Richard & Judy. (T) 6.00 The Simpsons. (R) (T) 6.30 Hollyoaks. (T) 7.00 Channel 4 News. (T) 7.30 The Insider. (T) 8.00 A Place in Spain: Costa Chaos. Rocco's designs for the house have finally been put to paper but his project manager seems to have lost any interest in doing the work, prompting Dawn to invite her father over. (T) 8.30 Big Brother. Davina McCall presents highlights of the past 24 hours in the house, then reveals the name of the next evictee. (T) 9.30 Star Stories. A comic overview of Simon Cowell's career. (T) 10.00 Big Brother. Eviction interview. (T) 10.30 The Friday Night Project. (T) 11.35 Big Brother's Big Mouth. 12.00 4Music: The Album Chart Show. 12.35 Big Brother Live. 2.30 4Music: Road to V 2007. (R) (T) 2.45 Goalissimo. 3.40 Transworld Sport. (R) (T) 4.35 Richard & Judy. (R) (T) 5.25 Countdown. (R) (T)

## FIVE

6.00 Milkshake!: Thomas & Friends. (R) (T) 6.10 Make Way for Noddy. (R) (T) 6.20 When I Grow Up. (R) (T) 6.25 Oswald. (R) (T) 6.40 Peppa Pig. (R) (T) 6.45 Hi-5. (T) 7.20 Hana's Helpline. (R) (T) 7.30 The Adventures of Bottle Top Bill and His Best Friend Corky. (T) 7.45 Make Way for Noddy. (R) (T) 8.00 Fifi and the Flowerpots. (R) (T) 8.15 Peppa Pig. (R) (T) 8.20 Thomas & Friends. (R) (T) 8.35 Miss Spider's Sunny Patch Friends. (R) (T) 8.50 Insect Antics. (R) (T) 9.00 House Doctor. (R) (T) 9.30 Doctor, Doctor. (T) 10.30 Trisha Goddard. (R) (T) 11.30 five news. (T) 12.00 Home and Away. (R) (T) 12.30 Dawson's Creek. (R) (T) 1.30 Russell Grant's Postcards. (R) (T) 1.35 FILM: This Matter of Marriage (1986). Romantic drama, with Sherry Miller. (T) 3.35 five news update. (T) 3.40 FILM: These Old Broads (2001). Comedy, starring Joan Collins. (T) 5.30 five news; Weather. (T) 6.00 Home and Away. (T) 6.30 Committed. (R) (T) 7.00 five news. (T) 7.15 Cricket on five. England v India. Mark Nicholas presents action from the second day of the Third Test at The Oval, the last match of the series between the two countries; (T) 7.15 five news update. 8.00 Monster Rattlers: Austin Stevens' Adventures. Austin looks for the eastern diamondback rattlesnake; (R) (T) 8.00 five news at 8. 9.00 NCIS. A body is found in a bath of acid. (R) (T) 10.00 Law & Order. A hockey coach is murdered. (R) (T) 11.00 The Shield. (T) 12.00 Quiz Call. 5.35 Wildlife SOS. (R) (T)

## ITV1

5.30 ITV Morning News. (T) 6.00 GMTV. (T) 9.25 The Jeremy Kyle Show. (T) 10.30 This Morning. (T) 12.30 Loose Women. (T) 1.30 ITV Lunchtime News. (T) 2.00 Daily Cooks. (T) 2.59 London Weather. (T) 3.00 Dickinson's Real Deal. (T) 4.00 Heartbeat. (R) (T)

5.00 Golden Balls. Jasper Carrott hosts the show in which four contestants enter a game of truth and bluff to find the jackpot hidden inside one of a set of Golden Balls. The two surviving players face the choice of splitting the cash prize or trying to steal it all. (T)

6.00 London Tonight; Weather. (T)

6.30 ITV Evening News; Weather. (T)

7.00 Emmerdale. Scarlett is embarrassed when she realises Victoria lied about Daz's musical tastes, but faces a bigger problem after Carrie comes across an abortion leaflet in her pocket. Jonny feels sidelined by Grayson and Paul's closeness, while Viv asks Sam to let her try child-rearing techniques on Samson. (T)

7.30 Coronation Street. Casey seizes the opportunity to increase Claire's paranoia and offers her drastic advice - which she unwittingly takes on board. Carla decides it's time to move out of Michelle's flat and Eileen accidentally lets slip about Shania. Elsewhere, Norris remains tight-lipped about his new friends. (T)

8.00 London Ambulance. On call with the London Ambulance Service. Crewmen Ed Cole and Jon Rhodes deal with a five-a-side footballer's gruesome injury, and discover the most important day in the patient's life is just a few days away. On the night shift in the West End, Sam Pitt and Alex Ewings are confronted with a violent assault. Narrated by Gery Kemp. (T)

8.30 Midsomer Murders. Barnaby and Scott investigate when a prize-winning author is murdered on the eve of the Midsomer Literary Festival, held in honour of another deceased writer, whose widow hosts a reception to mark the gathering. The hall is suddenly plunged into darkness, leading to another killing, and everyone from fellow authors to a shifty-looking housekeeper comes under suspicion. John Nettles stars. (R) (T)

10.30 ITV News; Weather. (T)

11.00 Supernatural. The brothers encounter a slacker with psychic powers, and soon Dean falls victim to his abilities, allowing Sam to hear his buried fears. Fantasy drama, starring Jensen Ackles and Jared Padalecki. (T)

12.00 Make Your Play; (T) ITV News Headlines. 4.10 Mistresses. (R) (T) 4.30 Mistresses. (R) (T) 5.00 ITV Nightscreen.

## LOCAL

### RTP1

0630 Bom Dia Portugal 1000  
Praça da Alegria 1300 News  
1410 Prova de Amor 1515 So  
Visto e amigos 1715 Lingo 1800  
Portugalem Directo 1900 O Preço  
Certo 2000 News 2100 Cuidado  
com a Língua 2115 Avenida  
Europa 2145 Conto 2215 A  
Herança de Verão 2345  
Pleasantville, film 0130 Como  
Agua para Chocolate, film 0400  
Só Visto 0500 Telesales

### RTP2

0700 EuroNews 0715 Zig Zag  
1000 Assembleia da República  
1300 Zig Zag 1400 Sociedade  
Civil 1530 Sim Amor 1600 Zig Zag  
1715 National Geographic 1815  
A Fé dos Homens 1900 A Alma  
e a Gente 1945 Zig Zag 2045  
Todos Conta o Chris 2115  
National Geographic 2200 News  
2240 Irmãos e Irmãs 2330 Vídas  
0030 Notícias da 2 0130 Bastidores  
0200 Fim 0230 Arte & emoção  
0300 Siciiedade Civil 0430  
Euronews

### SIC

0700 Floribella 0830 Sic Kids  
1100 Fatima 1300 News 1415  
Eterna Magia 1445 O Profeta 1515  
Contacto 1800 Pé na Jaca 1900  
Floribella 2000 News 2115  
Chiquititas 2155 Paraíso Tropical  
2315 Vingança 0015 CSI Las  
Vegas 0115 A Civil Action 0300  
Sex and the City 0330 Polhar da  
Serpente

### TVI

0700 Diário Da Manhã 1000 Você  
na TV 1300 News 1400 Mundialito  
de Futebol de Praia 1700 Quem  
Quer Ganha 1745 Morangos com  
Açúcar - Férias de Verão 2000  
News 2115 Euroimóveis 2130  
Ilha dos Amores 2215 Doce  
Fugitiva 2330 Tu e Eu 0030 Film  
TBA 0230 Encounters, film

## Best of the Rest

### BBC3

7.00 Doctor Who 7.45 Doctor  
Who Confidential 8.00 The  
Real Hustle 8.30 Thieves Like  
Us 9.00 Little Britain 9.30  
Gavin and Stacey 10.00  
EastEnders 10.30 Goals  
Galore! 11.25 The Real Hustle  
11.55 Family Guy 12.20 Family  
Guy 12.40 Two Pints of Lager  
and a Packet of Crisps 1.10  
Two Pints of Lager and a  
Packet of Crisps 1.40 Gavin  
and Stacey 2.05 Thieves Like  
Us 2.35 The Real Hustle 3.05  
Goals Galore! 4.05 Close

### BBC4

7.00 World News Today 7.00  
Weather 7.30 Britain in  
Pictures 8.00 Andrew Marr's  
History of Modern Britain 9.00  
BBC One Session: Bryan Ferry  
9.50 Hawkwind - Do Not Panic  
10.50 The Avengers 11.40  
Tory! Tory! Tory! 12.40 Tory!  
Tory! Tory! 1.40 Tory! Tory!  
Tory! 2.40 Hawkwind - Do Not  
Panic 3.40 Britain in Pictures  
4.10 Close

### ITV2

1.00 Emmerdale 1.30 The  
Jeremy Kyle Show 2.35 The  
Jeremy Kyle Show 3.40 Ricki  
Lake 4.25 Sally Jessy Raphael  
5.10 Airline - USA 5.45 Judge  
Judy 7.00 The New Adventures  
of Superman 8.00 Big Day 8.30  
America's Got Talent: Finale  
10.15 America's Got Talent:  
Finale Results 11.15  
Coronation Street 11.45  
Entourage 12.20 Entourage  
12.50 Green Day: In Profile  
1.20 Make Your Play: ITV Play  
4.00 Teleshopping 6.00 Close

### Sky One

1.00 Cold Case 2.00 Angel  
3.00 Las Vegas 4.00 Stargate  
SG-1 5.00 Stargate SG-1 6.00

Malcolm in the Middle 6.30  
Malcolm in the Middle 7.00 The  
Simpsons 7.30 The Simpsons  
8.00 Lovespring International  
8.30 Lovespring International  
9.00 A Town Called Eureka  
10.00 Film: Something  
Beneath Us (2007) 11.40 Cold  
Case 12.40 Ross Kemp on  
Gangs 1.40 Star Trek: The  
Next Generation 2.35 Star  
Trek: The Next Generation  
3.30 Is Harry on the Boat?  
4.20 Dream Team 5.10 Taste  
5.35 Malo Korrigan

### UKTV Gold

1.20 Open All Hours 2.00 Open  
All Hours 2.40 Only Fools and  
Horses 3.20 Only Fools and  
Horses 4.00 Doctor Who 5.00  
Doctor Who 6.00 The New  
Adventures of Old Christine  
6.30 The New Adventures of  
Old Christine 7.00 Film: Carry  
On Loving PG (1970) 8.50  
Alistair McGowan's Big  
Impression 9.40 The Vicar of  
Dibley 9.40 Only Fools and  
Horses 10.20 EuroMillions:  
Boom Bang a Bang 10.30 Film:  
Shanghai Knights 12 (2003)  
12.45 Only Fools and Horses  
1.25 Friday Night with Jonathan  
Ross 2.30 Miss Marple 4.20  
Merseybeat 5.10 Neighbours  
5.35 Neighbours

### TCM

3.00 Murder by Death PG  
(1976) 4.45 It's Always Fair  
Weather U (1955) 6.35  
Somebody Up There Likes Me  
PG (1956) 8.30 The Screening  
Room 9.00 The Outlaw Josey  
Wales 18 (1976) 11.30 2001:  
A Space Odyssey U (1968)  
2.15 Teleshopping 2.40 They  
Were Expendable PG (1945)

### The Disney Channel

Kids' programmes from 7am,  
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## MOVIES

### Sky Movies Drama

7.00 Family Secrets PG (2002)  
8.30 One Special Night PG (1999)  
10.10 A Time to Decide PG (2000)  
11.45 Nurses on the Line: The  
Crash of Flight 7 PG (1993) With  
Lindsay Wagner. 1.20 Just Like  
Heaven PG (2005) With Reese  
Witherspoon. 3.00 Dark Water 15  
(2005) With Jennifer Connolly.  
4.50 A Time to Decide PG (2000)  
With Patty Duke. 6.25 Nurses on  
the Line: The Crash of Flight 7 PG  
(1993) With Lindsay Wagner. 8.00  
Just Like Heaven PG (2005) With  
Reese Witherspoon. 9.45 Dark  
Water 15 (2005) With Jennifer  
Connolly. 11.40 Get Rich or Die  
Tryin' 11 (2005) With Curtis '50  
Cent' Jackson. 1.40 Power 15  
(1986) With Richard Gere. 3.35  
The United States of Leland 15  
(2002) 5.25 Family Secrets PG  
(2002)

### Sky Movies Comedy

7.30 Max Rules: Adventures of a  
Superspy PG (2005) 9.05 The  
Man 12 (2005) 10.45 Shooting  
Fish 12  
(1997)  
12.55



Big Bully PG (1995) With Rick  
Moranis. 2.35 Evan Almighty -  
Making Of 3.05 Just Friends 12  
(2005) With Ryan Reynolds. 4.45  
Max Rules: Adventures of a  
Superspy PG (2005) With William  
B Davis. 6.25 Big Bully PG (1995)  
With Rick Moranis. 8.00 The Man  
12 (2005) With Samuel L.  
Jackson. 9.30 Just Friends 12  
(2005) With Ryan Reynolds.  
11.30 Shooting Fish 12 (1997)  
With Dan Futterman. 1.30 Woo  
15 (1998) With Jada Pinkett  
Smith. 3.00 Bad News Bears 12  
(2005) With Billy Bob Thornton.  
5.00 Max Rules: Adventures of  
a Superspy PG (2005)

### Sky Movies Action

6.30 In the Line of Duty: Siege  
at Marion PG (1992) 8.15 The  
Haunting of Helen Walker 15  
(1995) 10.00 Blue Thunder 15  
(1983) 12.00 Young Guns II:  
Blaze of Glory 15 (1990) With  
Emilio Estevez. 1.55 Rush Hour  
12 (1998) With Jackie Chan.  
3.40 The Haunting of Helen Walker  
15 (1995) With Valerie Bertinelli.  
5.15 Blue Thunder 15 (1983)  
With Roy Scheider. 7.10 Young  
Guns II: Blaze of Glory 15  
(1990) With Emilio Estevez.  
9.00 Rush Hour 12 (1998)  
With Jackie Chan. 10.45  
Ong-Bak 18 (2005) With  
Tony Jaa. 12.35  
Commando 18 (1985)  
With Arnold  
Schwarzenegger. 2.10  
Bulletproof 18 (1996)  
With Adam Sandler. 3.50  
In the Line  
of Duty:  
Siege at  
Marion PG  
(1992) 5.40 Action  
& Thriller Close Up

## SPORT

### Sky Sports 1

6.00 Premier League World  
6.30 WWE: Raw 8.30  
Premiership Years 10.30  
Live Test Cricket: England  
v India. 7.00 Live USPGA  
Championship Golf. The  
2007 USPGA Championship.  
1.00 Test Cricket 3.00  
Premier League Preview  
3.30 Premiership Years  
5.30 FIFA Futbol Mundial

### Sky Sports 2

6.00 Aerobics Oz Style 6.30  
Ocean 7.00 Aerobics Oz  
Style 7.30 Ocean 8.00  
USPGA Championship Golf  
12.00 Football 1.00 Premier  
League World 1.30 Poker  
Week 2.00 Football 3.00  
Premier League World 3.00  
Premiership Years 5.30  
Premier League World 6.00  
Football League Preview  
7.00 Premier League  
Preview 7.30 Live Super  
League. Wigan Warriors v  
Huddersfield Giants (Kick-  
off 8.00pm). 10.00  
Premiership Years 12.00  
Live NFL: New York Jets v  
Atlanta Falcons (Kick-off  
12.00am). 3.15 Sky Sports  
Classics 3.30 World Sport  
4.00 Super League 5.30  
Ocean

### Sky Sports 3

6.00 Football 7.00 Test  
Cricket 9.00 Football 10.30  
Sports Adventure 10.00  
Premier League World 11.00  
Aerobics Oz Style 11.30  
Racing News 12.00 Race  
World 1.00 NFL: Total  
Access 2.00 Transworld

### Sport 3.00 Race World 4.00

WWE: Raw 6.00 Live Rugby  
Union. Valke v Sharks (Kick-  
off 6.10pm). 8.00 Test  
Cricket 10.00 WWE: Late  
Night - Smackdown 12.00  
WWE: Late Night - Bottom  
Line 1.00 Rugby Union 3.00  
Tight Lines 4.00 Fishing 5.00  
Rally World 5.30 Sports  
Adventure

### British Eurosport

7.30 Live Snooker. The  
Shanghai Masters. 11.00  
Volleyball 12.30 Live  
Snooker. The Shanghai  
Masters. 4.00 Live  
Volleyball. China v  
Dominican Republic. 4.30  
Eurosport Buzz 5.00  
Eurogoals 5.15 Trial Bikes  
5.45 Motocross 6.45  
Motocross 7.45 MotoGP  
8.30 Snooker 10.15 Yoz  
Magazine 10.45 Strongest  
Man 11.15 Strongest Man  
11.45 Escape 12.15  
euroCRASH! 12.30 Close

### Sky Sports Xtra

7.30 Sports Adventure 8.00  
Rugby League 10.30 IAAF  
Athletix Weekly 11.00 Poker  
Week 11.30 Rugby League  
2.00 Tennis 4.00 Live  
Tennis. The fifth day of the  
ATP Rogers Cup. 8.00 Tight  
Lines 9.00 Football League  
Preview 10.00 Premier  
League Preview 10.30 Rally  
World 11.00 NFL: Total  
Access 12.00 Football  
League Preview 1.00 Premier  
League Preview 1.30 Moto  
Plus 2.00 Moto Racing 3.30  
Rally World 4.00 Moto Plus  
4.30 Moto Racing

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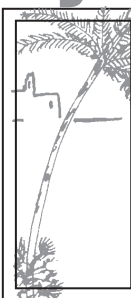
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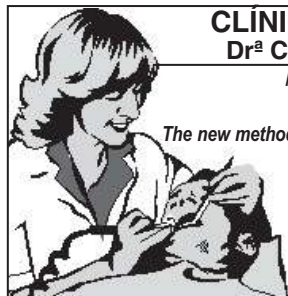


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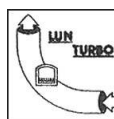
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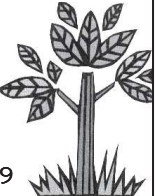
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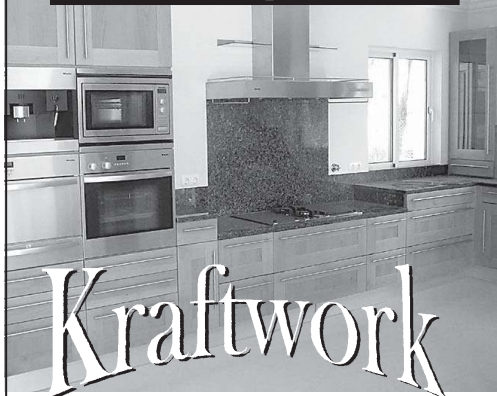
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# Upward Glance



with Joyce Voelker

## A Good Cover

I am a lover of good fiction. Reading is one of my favorite hobbies. Nothing can pass the time or change a dreary mood like curling up with a good novel. However, I have never really agreed with the popular adage, "You can't judge a book by its cover." I most certainly do judge books by the appeal the publisher has carefully crafted in the cover of the book. As a children's librarian I saw over and over again the power of an attractive cover in convincing young readers to give a book a chance.

Interior decorators and those who have the money to hire them are said to be buying up antique, leather-bound books by the dozens. In fact, they are often sold by the linear yard. While some might collect such books for their literary content, decorators are purchasing them for their covers... their "look." For these newest of collectors, the title, author and storyline of the books pale in comparison to whether or not they match a room's decor. I recently read about a wealthy businessman who purchased 13,000 antique books that he has no plans to read. His goal was to create a library *look* in his renovated home. The antique volumes were just for show.

While focusing on outward appearances may or may not be a healthy practice for readers and decorators, it is most definitely a dangerous way to live. The Bible admonishes us not to put too much emphasis on the external. Consider God's words to Samuel just before revealing His choice of David

as king. Samuel was leaning toward choosing another one of Jesse's sons, someone stronger, better built, an older son. However, God had chosen David and spoke these words to His prophet.

"But the LORD said to Samuel, 'Don't judge by his appearance or height, for I have rejected him. The LORD doesn't see things the way you see them. People judge by outward appearance, but the LORD looks at the heart.'" 1 Samuel 16:7

In a similar way, Jesus often reminded his followers that the condition of the heart was much more important than outward appearances. He frequently spoke against the religious leaders of His day because they did not practice what they preached. In fact, Jesus compared them to whitewashed buildings that might look new but were really old and decaying. He compared their hypocrisy with a cup which was clean on the outside but filthy on the inside. Addicted to the praise and applause of men, they had lost sight of the qualities God values.

Time and time again Scripture challenges us to be people of inner substance. God is not satisfied with pretence or self-importance. The beauty of our inner self is far more important to God than what people might see on the outside.

More information about how to have a relationship with God can be found at [www.rbc.org/personal\\_relationship](http://www.rbc.org/personal_relationship) with god page or email [joycevoelker@hotmail.com](mailto:joycevoelker@hotmail.com)

\*NB. There will NOT be an Anglican Evening Service this August in Caldas da Rainha. The next English service there will take place on Sunday September 2nd 2007 at 6pm as usual.

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## Letters from p. 18

### Reply to Mr Ross

SIR, In Edn. 917, Mr Ross stated at the end of his letter that Christianity built western civilisation. He seems a learned gentleman and I suspect he was exposed to the Classics at some time in his life. These have incorporated into our present day civilisation, the values and perceptions of preceding civilisations (Greek and Roman). He speaks as though there has only ever been one civilisation and it's Christian. I would say that the advance of western civilisation stems from Science and Enlightenment as well as from religion "with its imparted values. However, the Christian (esp. Catholic) religion cannot be said to have fostered SAE and if anything, compulsively resisted it. Moreover, a good number of the contributors to Man's progress in SAE, were appraised as 'deviants' by Christ's host at the time.

I also disagree with his sweeping implication that atheists are either incapable of devising a perfectly good moral fundament, or unwilling to. Or possibly Mr Ross is saying that they can only be trusted to devise one whose exigencies they know they can fulfil. If the latter is the case, then, providing the threshold is sufficiently laudable, might I suggest this is no bad thing. Inability to match arguably inaccessible moral standards has led to prolonged lapses in the credibility of the prelate, thus engendering a cynicism that 'demoralised' (!) the followers. Mr Ross appears to tolerate Christians who fail to meet their own standards. Why not the same tolerance for 'non-Christians' who do attain a cer-

tain 'lesser level of grace'!

J. A. RUST, Figueira da Foz

### When in Rome...

SIR, In reply to S. Webster's insulting letter of 28 July: no, I am not a hypocrite and I have no evangelical ambitions. I have spent my life practising what I preach: When you live in a foreign country - and I have lived in many in the course of my life - you respect the prevailing culture and don't enforce your own on your hosts! Britain is the only country in Europe that has permitted this to happen. In Germany, for instance, there are 4 million non-Christians, who go about their lives quietly and - most important - show respect for the customs of their Christian hosts. They wouldn't dream of aspiring to do away with Christian public holidays, the peal of church bells on Sunday, Christmas greetings, nativity plays in kindergartens, wearing of the cross and even Father Christmas in departmental stores. The little Muslim children delight in getting presents from this kind old gentleman too, their parents being enlightened enough to know that he has no religious significance. The height of arrogance and insult was the remark of a well-known Indian lady - no names mentioned - that she felt offended to see the Cross of St. George flying. This was reported in a reputable British newspaper.

The key word here is "integration". In France, Germany, Switzerland and Portugal - to name but a few - if immigrants don't integrate, they don't stand a chance in hell of being permitted to stay. It is common courtesy to learn the language, but also to learn about

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the history, customs and culture of their self-chosen, new homeland. If this happens to be a Christian culture, it does not mean that they are expected to become Christians themselves.

I and many other English people are merely asking for the same rights that, for example, Muslim countries take for granted, namely that the prevailing culture - in this case Islam - must be respected at all costs. Christians, in particular, women are expected to drop their western ways both in their dress and social behaviour.

I can only endorse what the Herringtons said in their letter of 14 July: "...we are asking that Christians should not be persecuted or discriminated against in their own country".  
CAROLE G. BERANEK, Cascais

### Reply to Ron

SIR, Last week Ron Lavery, in opposition to religious education, wrote that children should not be "subjected to deliberate brainwashing of their young minds before they are old enough to think for themselves". I agree. The religion of Secular Humanism should be abolished in

schools.

Further, we Christians shouldn't be taxed to pay for corrupting the minds of our youth with the doctrines of atheism, indifference and relativism. If folks like Lavery want their kids to learn about condoms and gay marriage and value-free values, they should home school them and leave our kids alone.

Lavery is wrong about Christmas being based on the pagan feast of Sol Invictus on Dec. 21. Rather, it corresponds with the Jewish feast of Lights that, according to 1st Maccabees 4:52 and 2nd Maccabees 10:1-8, was held on the 25th day of the month. Our Lord Himself observed this feast as is seen in John 10:22. This date gives with another feast that is actually older than Christmas, namely, March 25, the day Mary conceived Jesus. That should settle it.

Now, lets see if Lavery can keep his promise and "...take no further part in the discussion". I bet he can't.

JAMES ROSS, By e-mail

**N.B. Outstanding letters will be held over until next week, and the religious debate is being dropped for the time being. Ed.**

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**CENTRO CRISTÃO FONTE DE VIDA** Pentecostal Church, Sítio do Paul, Estrada do Sargacal, Sargacal 8600 Lagos. Apartado 4388601/905. Fridays Youth meeting at 09.00 p.m. Sundays 10.00 a.m. Tel. 282 764 040 Fax: 282 795 518 Website: [www.fontevida.org](http://www.fontevida.org)  
**THE SALVATION ARMY** in São Brás de Alportel will hold on the 1st Sunday of each month an International Worship Service at the Salvation Army Citadel in São Brás de Alportel, Rua 25 de Abril, nº 19 (next to the Market).

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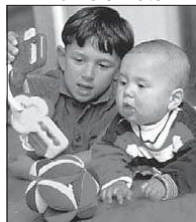
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For further details on location of Church and Sunday services (with Kidz Klub) & other activities and available courses at International Community Church, see web site www.icc-lagos.org or call 282 697 546 or 282 086 804.

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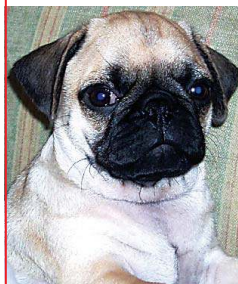
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# Fernandes blows away competition at Triathlon World Cup



In typical fashion, Vanessa Fernandes of Portugal ran away from the field this weekend in windy conditions at the 2007 Salford BG Triathlon World Cup to claim the 17<sup>th</sup> world cup win of her career in a time of 2 hours 2 minutes and 59 seconds.

The current European champion was 19 seconds faster than last year's winner Samantha Warriner of New Zealand, who finished in second. Athens Olympic champion Kate Allen of Austria rounded out the podium in third, another 6 seconds behind.

Fernandes looked in top form heading into next month's World Championships in Hamburg, Germany with a race-best 33:33 10-kilometre run split.

A wetsuit swim and the absence of a number of the sport's top swimmers meant 46 women

would exit the water within one minute of each other and head out onto the 8-lap flat and fast bike course. Without any significant hills or technical sections over the 40-kilometre bike course, any break away attempts were quickly quelled by the large



Vanessa Fernandes celebrates yet another victory after running away from the field this weekend in windy conditions at the 2007 Salford BG Triathlon World Cup in Britain to claim the 17<sup>th</sup> world cup win of her career in a time of 2 hours 2 minutes and 59 seconds. (Photo: Janos Schmidt/triathlon.org)

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peloton and the entire group entered second transition together.

Straight away on the run, Fernandes jumped to the lead and would never look back, winning her fourth world cup of the

season and now moves into second all-time in world cup wins.

With her win, Fernandes moves into a commanding lead of the 2007 BG Triathlon World Cup Series with 239 points.

## Portugal prepares in Vilamoura for World Cup



The Portuguese national team, in preparation for their debut at a Rugby World Cup, have been training at Browns Sports and Leisure club in Vilamoura.

The team played one friendly last weekend, which they lost 16-19 to London Welsh before facing Coventry RFC as the President's XV on Saturday (August 4 at 17h45).

The national team will be hoping to improve on the high number of errors committed last weekend, and will especially be looking to not give away possession in the opposition 22 and inability to control rolling mauls.

Tickets for the game (€10 per adult, €5 per child, under fives free entry) can be purchased at the venue or booked by calling 289 322 740.

Earlier this year, Portugal became the first amateur team to qualify for a rugby world cup after a nail-beating second-leg match against Uruguay, who they beat 24-23 on aggregate to win, despite losing 18-12.

Portugal will face New Zealand, Italy, Scotland and Romania over a period of three weeks at next month's tournament in France, which is the third-most-watched sports event in the

world.

Portugal will pin their hopes in the France World Cup on defeating Romania, and pushing Six Nations wooden spoon holders Scotland to the limit.

While Portugal has in recent years deemed themselves capable of beating Italy, the Italians are in 2007 probably the best they have ever been, so keeping the score down would be Portugal's main objective.

Only a few months ago, it would have been difficult to imagine Portugal's amateurs squaring up to the All Blacks as they perform the Haka, but that will become a reality on September 15 in Lyon as they face the World Cup favourites in a match, where losing by fewer than a 100 points will be an achievement in itself.

Portugal kicks off its campaign against Scotland on September 9, and after New Zealand, will face Italy on September 19 and the match of their group will be on September 25 when they travel to Toulouse for their clash with Romania.